

**ATHLETICS SOUTH**  
**2020 OUT OF STADIUM SEASON**  
**COVID 19 PLAN**

Version	1.3
Date	7 July 2020

Following the announcement and subsequent implementation of Stage 3 of the Tasmanian Government “Return to Sport” guidelines, it is the intention of Athletics South (AS) to commence a shortened 2020 OOS season on Saturday 11 July 2020, with the plan being to hold events at various locations around Hobart on most Saturday mornings from that date until the end of September.

AS will adhere to the Athletics Tasmania (AT) COVID 19 plan as circulated to Branches on Friday 26 June, and will make a number of event specific adjustments to normal procedures to ensure maximum adherence to this plan.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators, volunteers, visitors, families and the broader community.

The relevant aspect of current Tasmanian Government advice regarding resumption of sport include:

*“Sporting activities permitted based on Level C of the AIS Framework for Rebooting Sport, meaning the following are permitted:*

- *full contact training*
- *full competition sport (contact and non-contact)*
- *sharing of equipment where necessary*
- *use of change rooms and other shared facilities.”*

*“Gathering limits are now determined by the density of the area, up to a maximum of:*

*250 people for an undivided space in an indoor premise; and*

*500 people in an undivided space outdoors.”*

*“Maximum density limit is one person per 2 square metres.”*

*“Where practicable, attendees should maintain a distance of 1.5 metres from other people.”*

Strategies and actions for this Plan have been grouped under each of the key areas in the AT **COVID-19 Return to Sport Guidelines**.

## **1. Hygiene**

- There shall be a designated COVID 19 Safety Officer who will be recognisable by wearing an AS vest throughout the event. This person shall also be responsible for starting the events, and giving a brief to athletes reinforcing the COVID 19 expectations. This person will have completed a designated training course.
- AS and Club communications will provide information to members on the importance of good hygiene and ask that all members familiarise themselves with these requirements.
- Signage promoting good hygiene will be located at each event.
- No drinks will be supplied/available except for those supplied by the individual.
- Sanitiser will be provided including a sanitiser station located at the toilet.
- Portaloos provided at events to be cleaned regularly.
- Course markers are to wash hands before and after setting out and packing up the course.

## **2. Physical Distancing and Contact** - refer to AT COVID 19 Return to Sport Guidelines

- AS and Club communications will provide information to members on the importance of social distancing.
- Signage advising social distancing requirements will be located at each event.
- Only persons who are currently financial registered members of Athletics Tasmania through an affiliated Club at 8pm on the Friday evening preceding each event shall be recognised as a participant.
- For the first 3 rounds, Clubs will not be permitted to bring/erect their shade tents, as this will discourage athletes congregating pre/post event. One AS shade tent shall be available should weather be inclement, for the scanning process, however no more than 4 people shall be under that tent at a time (assuming a 3x3m/9m square tent).
- Start area will be located where there is sufficient room to comply with two square metres per person requirement.
- If necessary, athletes at the start line will be organised into waves.
- Athletes will be encouraged to leave the area as soon as possible (acknowledging that some may remain in area due to family/travel arrangements).
- The number of officials/volunteers shall be kept to a minimum, depending on the course being used. There shall be one volunteer on each necessary direction point on the course, total will vary according to course. The finish line shall have 5 volunteers, 2 timekeepers, 2 token dispensers and one person splitting the 2 events.

### **3. Arrival**

- Participation numbers at events are usually between 100 and 200. The highest number at an OOS event during the past 5 years has been 270. It is extremely unlikely that the number of athletes, officials and spectators will exceed the maximum permitted number of 500. If registration numbers suggest that participation may exceed 500, the event would be split into 2 starts 1 hour apart.
- A data base of registered competing athletes and officials will be kept and maintained for contact tracing purposes. This process must be followed at each competition and the Safety Officer is responsible for collecting this information from the nominated club representative.
- One nominated representative of each affiliated Club shall have a list of all registered athletes, and shall record by ticking off each member of their Club who is competing, and the distance they are competing in. A full list of all registered members' contact details is available through a downloadable report from the registration system.
- In the event someone does present unwell on the day the Safety Officer will strongly recommend that person/s to remove themselves from the event AND proceed to their local GP for testing.
- The importance of getting in, participating and getting out will be promoted via all communication media.

### **4. Spectators – refer to AT Covid 19 Return to Sport Guidelines**

- OOS does not attract paying customers per se. Non participants will be officials and/or parents, partners or other family members from with the AS community. As such they will be familiar with the requirements for being at an event in the Covid19 environment (hygiene, physical distancing etc.)

### **5. Sharing Equipment – refer to COVID 19 Return to Sport Guidelines**

- There will also be 2 scanners who will scan the tokens at a significant, but reasonable, distance from the finish line. The scanners will not touch the tokens, they will be held by the athlete, then placed on a bucket next to the scanner for subsequent cleaning. Those officials dispensing token and scanning bar codes dispensers will wear disposable gloves. Other than for medical reasons, no other person shall enter the finish area.

### **6. Group Team Activity**

- Not applicable – addressed under Physical Distancing (Section 2)

## **7. Indoor Activities**

- Not Applicable – all events are conducted outdoors.

## **8. Travel**

- Not applicable – travel in Tasmania is unrestricted.

## **9. High Injury Activity**

- Medical Illness – refer to AT COVID 19 Return to Sport Guidelines, noting that there is not a high risk of injury in OOS competition

## **10. Protocols**

- Those are unwell or have the following symptoms: - high temperature - sore throat - shortness of breath - fever; and/or - cough SHOULD NOT attend the venue. This will be reinforced in communication with Clubs and registered athletes prior to the events and on the day.

## **11. Communication**

- This plan will be circulated to all member clubs once approved by AT.
- Changes to any aspect of the Plan will be advised to all member clubs and to registered athletes prior to the event and on the day.
- At each competition copy of this AS OOS Safety Plan and the Athletics Tasmania's Safety Plan will be on hand – for reference.

## **12. Coaching Protocols** – refer to AT COVID 19 Return to Sport Guidelines

## **13. Review**

- Athletics South and its member Clubs acknowledge the requirements of the COVID 19 Plans as implemented by the Australian and Tasmanian Governments, as well as the governing bodies of the sport.
- AS shall continue to be flexible with arrangements and requirements for all events for the season, and will update this plan with any significant changes which may occur under government and AT guidance.

## Proposed events for 2020

The current program is detailed below. This is totally flexible and changes will be made where required including the impact of Covid19 policy.

Date	Event	Duty Club
July 11	Bellerive Beach 3.8K & 6K	ESAC
July 18	Domain – Max Cherry Loop 4.8K & 9.6K	UTAS
July 25	Sandford – Gellibrand Drive XC 4.5K & 9K	SBHC
August 1	<i>No event due to Glenorchy Fun Run August 2</i>	
August 8	Opossum Bay XC 4.5K & 9K	NSAC
August 15	Baskerville Raceway 4K & 8K	OVA
August 22	<i>Possible Tasmanian Championships</i>	
August 29	Runnemedede XC 5K & 10K	TMA
August 30	Round the River Run	
September 5	Kempton 4K & 10K	ESAC
September 12	Soldiers Walk XC 4K & 8K	TMA
September 19	Snug XC 3K & 6K	SBHC
September 26	Risdon Brook Dam 4.5K & 9K	NSAC

## Athletics South Out of Stadium Sub Committee

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