

Track and Field Interclub Rules 2019-20

1. Competition will be conducted under the rules of the International Association of Athletic Federations, Athletics Australia and Athletics Tasmania.

2. (a) Correct club colours and current registration numbers (affixed by the four corners) must be worn at all times, otherwise points will not be scored. This rule will be strictly enforced from the first Interclub premiership Round. An athlete failing to comply with this rule will not be allowed to compete unless prior permission is obtained from the Competition Director.

(b) Athletes not registered with AT or AA and who have not been registered within the last 3 calendar years will be required to complete a trialling member form and pay the appropriate trialling fee per day for a maximum of 2 occasions. After 2 occasions an athlete must register with a club. If an athlete has been OOS registered with an AT Club in the last 3 years, they may only trial on one occasion. Any athlete who has been registered within the last 3 registration years will be required to be registered before competing. **Unregistered athletes will not be allowed to compete due to insurance issues.**

(c) Any athlete who is registered with Athletics Tasmania or Athletics Australia, but not through the Athletics South portal, shall be required to pay a \$10 daily entry fee on any program in which they compete. These athletes shall not be eligible to score points for any Club in the Athletics South Premiership.

(d) Any financial member of TMA, aged 35 or over, also can compete under 2 (c)

3. Entries;

(a) Entries for all track and field events and relays shall close thirty (30) minutes before the advertised event starting time with the entry stewards. **No entries will be accepted at competition sites.**

**Should an athlete not enter prior to the 30 minute cut off for an event, but attempt to enter more than 15 minutes before the programmed time for the event, they shall be able to enter, subject to the following conditions*

- 1. Any individual athlete shall only be permitted to do this once during the season*
- 2. The entry must be done through the admin building, no entry will be permitted at the event site/start line*
- 3. If in a track event, they shall be placed in the final heat, with no entry time, to avoid re-seeding of earlier events*
- 4. The performance shall not receive points in the Athletics South results or for AS AOY qualifying, but shall be eligible for record/qualifier purposes*

(b) All athletes should enter their expected performance or personal best with their entry. The T&F Director may amend "expected performance" if considered unachievable/unjustifiable.

(c) When entering field events/hurdles, athletes are to indicate the implement weight/hurdle height for their age group.

(d) An athlete may compete in only one session of an event on each day of competition.

(e) When necessary, the Competition Director may limit the number of athletes competing in each session.

(f) Women wishing to compete in men's events need to indicate so on the entry sheet and seek prior approval from the Track & Field Director or Meeting Manager.

(g) All athletes competing are eligible to score points for their club. TMA athletes competing under a full registration or top up may nominate which club their points are given to by advising the results collator *prior to competing*.

4. Field events;

(a) With the exception of vertical jumps where the normal rules of competition will apply, each competitor in field events will be allowed 3 attempts and, if they reach the 11 point standard, will be allowed one additional attempt. Any athlete reaching the 19 point standard will then be allowed an additional two attempts. The exception to this is in session 1 of Female Discus and Male/Female Long Jump, which are limited to 3 trials

(b) If a competitor's name is called and he/she fails to answer for any reason whatsoever, he/she will not be eligible to contest that round, provided the event is not earlier than the advertised starting time.

(c) An athlete who wishes to use his/her own throwing implement for competition must present the implement to the Branch Technical Manager on the day of competition for verification that it is of the required specification at least one hour before the competition commences. The athlete must allow other athletes in the competition to use the implement.

(d) Implement specifications are those published by Athletics Australia/Athletics Tasmania.

(e) Masters athletes may use the implements for their age groups as published by Australian Masters Athletics.

(f) Athletes are to use the weights applicable to their age as indicated on the list of specifications unless their use of a weight greater than that specified for their age is approved by the Field Referee of the day *prior* to that competition commencing.

(g) *Under no circumstances is an athlete to use an implement of a lighter weight than the correct one for their age group. An athlete must use the same weight implement for the entire competition.*

5. Track events;

(a) Competition will be conducted in divisions (heats). Athletes will be allocated to heats based on their expected performance/personal best as indicated with their entry.

(b) Except where approved for athletes in Masters age groups, all athletes wearing spikes are required to use starting blocks for all events up to and including 400m, including relays.

6. Age Restrictions; To remain consistent with age limitations of Athletics Tasmania Championships, the following restrictions will apply to the stated events;

a. To compete in **Hammer Throw, Pole Vault, Steeple, and 5000m run/walk**, an athlete must be turning 14 years of age in the year of competition, *with the exception of an athlete turning 12 or 13 in the year of competition, who may compete in the Hammer Throw or Pole Vault, provided they have been approved by appointed coaches as being competent prior to the event. Currently appointed coaches are Peter McDonald and Evan Peacock (Hammer Throw) and Jess Palermo/James Fitzpatrick (Pole Vault).*

7. Interstate residing past AS Athletes;

Any athlete who has been registered with an Athletics South Club within the previous 3 seasons, who relocates interstate and registers with an interstate Club affiliated with Athletics Australia may be permitted to compete in Athletics South competition representing their previous AS Club for relay and points purposes subject to the following;

- a. The athlete pays the full Athletics South component of the All Year Track & Field registration (currently \$110)
- b. The athlete proves that they are equivalently registered through one of the other State/Territory Associations
- c. The athlete competes in accordance with all other AS Interclub Rules in relation to uniform and number
- d. Participation by an athlete competing under this clause would render a relay team ineligible for Tasmanian Club Relay records as it only applies to AS level
- e. Athletics South Athlete of the Year eligibility is as per all other registered athletes (eligible if competes in more than 50% of Interclub/Reunion day meets.)

8. Safety;

A designated "Chief Official" from the Duty Club for each field event will be required to collect the field sheets from Admin 15-20 minutes before the programmed start time. No warm ups are to commence until that official arrives at the field site. Please ensure athletes are aware of this as it will be announced and enforced, and athletes who ignore this rule may be removed from the event. Repeated or blatant breach of this may see the offending athlete(s) disqualified from the relevant event.

(Current as at 22 Sep 19)

Jarrold Gibson

Athletics South Track & Field Director