

ATHLETICS SOUTH RELAY POINTS
2019-20 SEASON

FEMALE	40	36	32	28	24	16
4 x 100	56.74	58.24	01:00.2	01:02.7	01:05.7	FINISH
4 x 200	01:57.0	02:04.0	02:14.0	02:19.0	02:26.0	FINISH
4 x 400	04:37.0	04:44.0	04:58.0	05:05.0	05:19.0	FINISH
SWEDISH	02:40.0	02:47.6	02:57.1	03:02.1	03:10.8	FINISH

MALE	40	36	32	28	24	16
4 x 100	47.14	50.24	52.34	53.34	57.34	FINISH
4 x 200	01:39.8	01:43.6	01:52.3	01:56.9	02:05.1	FINISH
4 x 400	03:46.4	03:58.5	04:06.0	04:10.0	04:35.0	FINISH
SWEDISH	02:14.1	02:20.9	02:27.5	02:30.9	02:44.4	FINISH