



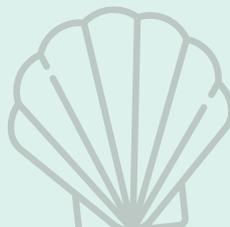
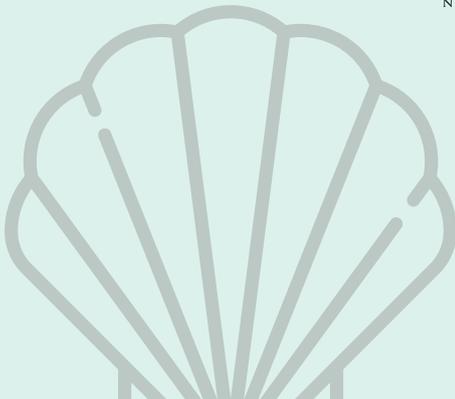
**SkinRadiance**



*Aesthetic Medispa  
Treatment Menu*

*Atlantic Flotel*

NEW QUAY



# Welcome to Skin Radiance

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## About Skin Radiance

Welcome to Skin Radiance Medispa based within the 4\* Atlantic Hotel in Newquay, with outstanding views and a professional, relaxed ambience. Skin Radiance was founded by Claire Connelly Registered Nurse and Independent Prescriber.

Claire takes pride in offering personalised skincare treatments, aesthetic treatments and indulging spa therapies. Treatments include wrinkle reducing treatments, facials, body wraps, skin peels, microneedling, mesotherapy and a range of spa and specialist treatments.

Book your appointment with Claire to help you achieve your individual Skin Radiance.

Take time to relax, look refreshed, and feel fabulous!

## Book Online, By Phone, Text or Email



[claire@myskinradiance.co.uk](mailto:claire@myskinradiance.co.uk)



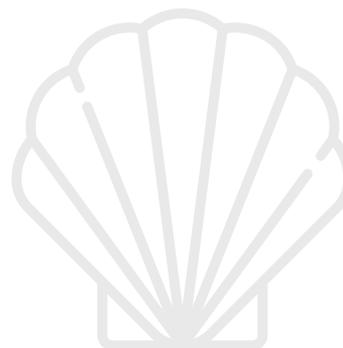
[www.myskinradiance.co.uk](http://www.myskinradiance.co.uk)



07764 744382



@skinradianceuk





### Ocean View Treatment Room

Nestled away in the hotel, situated within the luxury indoor leisure and spa area, is the Skin Radiance Medispa. Your treatment will take place within the stunning Ocean View Treatment Room, a breathtaking setting enabling you to enjoy your treatment whilst gazing out to the Atlantic Ocean. The perfect place to relax, unwind and revive whilst enjoying a range of professional and indulgent treatments.



Clients of Skin Radiance Medispa receive complimentary use of the leisure facilities at the Atlantic Hotel.

# *The Atlantic Hotel Spa Facilities*

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*All Skin Radiance Medispa clients receive complimentary use of the leisure facilities at the Atlantic Hotel.*



## **Atlantic Hotel Leisure & Spa Facilities**

Clients of Skin Radiance Medispa have complimentary access to the luxury leisure facilities of the hotel. Renovated in 2016, the spa area comprises of a heated indoor swimming pool with mood lighting, sea view jacuzzi offering stunning views across the ocean, sauna and steam room which will help relieve tension and soothe tired muscles all in beautiful relaxing surroundings. There is a shower and changing facilities available with towels and fresh water at the entrance of the spa. During the summer months, the heated outdoor sea view pool and sun trap gardens offer views of the bay from your sun lounger, with an outdoor hot tub and waterfall shower. The perfect escape!

## **Feeling Peckish?**

Why not make the most of your treatment visit or spa experience and book in at the award winning Silks restaurant, which offers everything from Cornish Cream Teas to an A la Carte menu.



# Superior Aesthetic Medispa Treatments

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Claire is proud to offer Superior Medispa facial treatments, relaxing, pampering, results driven, indulgent aesthetic experiences devised just for you!

## **Skin Radiance Signature Medispa Treatment**

**£200**

**2hrs 30mins**

The ultimate Medispa treatment by Skin Radiance! This luxurious treatment commences with a Deep Cleanse and exfoliation with the Dermapeel Ultrasonic Non-Chemical Peeling device or Dermaplaning. An Oxygenating Masque is applied to create a 'Bohr' effect to tighten and brighten. This is followed by an Opatra treatment inclusive of galvanic, ultrasound and massage qualities to lift, firm and tone resulting in stimulating new skin cell production and boosting blood circulation. Iontophoresis will then take place to encourage product absorption prior to a Peptide Face Mask with Mesotherapy and LED light therapy to complete the treatment. The face, neck, décolleté, along with a specialised treatment to the delicate eye area, are included in this experience, resulting in total skin radiance!

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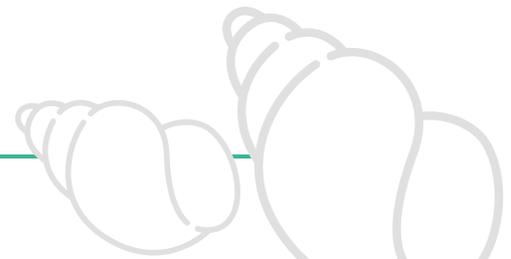
## **Skin Radiance Luxury Medispa Treatment**

**£175**

**2hrs**

This deluxe treatment commences with a Deep Cleanse and exfoliation with the Dermapeel Ultrasonic Non-Chemical Peeling device or Dermaplaning. An Oxygenating Masque is applied to create a 'Bohr' effect to tighten and brighten. This is followed by an Opatra treatment inclusive of galvanic, ultrasound and massage qualities to lift, firm and tone resulting in stimulating new skin cell production and boosting blood circulation. Iontophoresis will then take place to encourage product absorption prior to a Peptide Face Mask, followed by serums and creams with LED light therapy to complete the treatment. The face, neck, décolleté along with a specialised treatment to the delicate eye area are included in this experience, producing clearer, tighter, luminous skin!

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## Skin Radiance Essential Medispa Treatment

£150 1hr 45mins

This luxurious treatment commences with a Deep Cleanse and exfoliation with the Dermapeel Ultrasonic Non-Chemical Peeling device. or Dermaplaning. An Oxygenating Masque creating a 'Bohr' effect to tighten and brighten, Iontophoresis to encourage product absorption prior to a Peptide Face Mask. LED light therapy completes the experience. The face, neck, décolleté along with a specialised treatment to the delicate eye area, are included in this experience for softer, brighter, sparkling skin!

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# Advanced Skin Treatments

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A carefully selected range of contemporary advanced aesthetic skin treatments, to holistically address a variety of skin care concerns.

## Opatra Lift, Firm and Tone Advanced Skin Treatment

£75

1hr

Opatra Dermisonic is a revolutionary anti-ageing and skin repairing tool with galvanic, ultrasound, LED and massage qualities working to rejuvenate the skin. It smooths out facial wrinkles, tightening facial muscles, boosting blood circulation and stimulating new skin cell production. Face, neck and eyes are treated with specialist Opatra products and the internationally acclaimed Dermisonic, Dermineck and Dermieye devices creating a non-surgical face, eye and neck lift!

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## Dermapeel Ultrasonic Non-Chemical Peeling Advanced Skin Treatment

£75

1hr

Genosys Dermapeel is an ultrasonic deep cleansing device with dual functions of non-chemical peeling and iontophoresis. The ultrasonic vibration removes dead skin cells, dirt, sebum, cosmetic residue and pore impurities are emulsified. This cavitation peeling treatment is a gentle, yet effective way of deep cleansing and exfoliating the skin. The iontophoresis stimulates cell turnover, promotes hydration and improves product absorption.

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## LED Light Therapy

£60

45mins

LED Light Therapy is a light-based skin care treatment using wavelengths of UV free LED lights for the treatment of various skin conditions. The light encourages the production of chemicals within the skin which in turn promote the production of collagen and elastin. The skin absorbs light and uses it as a source of energy to stimulate a healing response. The specific colour wavelengths penetrate the skin at varying depths, helping to restore cellular balance. Excellent for anti-inflammatory/healing, anti-ageing, acne prone skin, pigmentation and rosacea.

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## Dermaplaning

£75      1hr

Dermaplaning is a simple and safe advanced skin procedure exfoliating and gently removing dead skin cells along with vellus hair 'peach fuzz', promoting deeper penetration of products. The skin appears clearer and feels smoother encouraging the growth of new skin cells. Commencing with an oxygenating treatment, the Dermaplaning is performed prior to a collagen sheet masque which, along with serum and SPF, completes this skin glowing treatment.

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## Dermaplaning *Deluxe*

£100      1hr 15mins

Dermaplane Deluxe is a simple and safe advanced skin procedure exfoliating and gently removing dead skin cells along with vellus hair 'peach fuzz', promoting deeper penetration of products and encouraging the growth of new skin cells. Commencing with an oxygenating treatment, the Dermaplaning is performed prior to a collagen sheet masque. A Mesotherapy cocktail is selected and applied to the skin with LED light therapy to complete this treatment. The skin will appear clearer, feel smoother and look vibrant!

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# Facials

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Pampering, calming, effective and enjoyable - a selection of customised facials.

## Skin Radiance Red Carpet Facial

£75

1hr

An indulgent, results driven facial comprising of a deep cleanse, tone, massage, detoxifying mask, oxygenating trio treatment, corrective serums, and protection with SPF. Antioxidant therapy corrects and prevents free radical damage helping to stimulate oxygenation and circulation, rejuvenating sluggish, stressed skin resulting in a radiant healthy glow! This illuminating treatment can be undertaken as a one-off treatment or as part of a course to even the complexion, correct acne and assist with fine lines and wrinkles.

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## Skin Radiance Medispa Facial

£60

45mins

An enzymatic facial that provides an instant glow consisting of deep cleanse, tone, massage, revitalising papaya enzyme masque, corrective serums and protection with SPF. Brightens skin whilst helping to improve the clarity and texture of uneven complexions.

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## Skin Radiance Express Facial

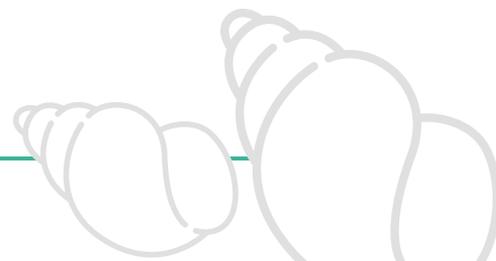
£50

30mins

Ideal for those on the go! The skin is cleansed, exfoliated, hot mitt steam, toned and lightly massaged followed by masque application, serum and hydrated with SPF to finish.

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*The Skin Radiance Facials can be adapted to suit your skin's requirements and product preferences are available from a range of aesthetic, medical grade or vegan certified products.*







# Superior Spa Experiences

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## Ocean Escape Indulgence

£200

2hrs 30mins

The ultimate spa pamper experience commencing with dry body brushing, a soothing Massage to the arms, hands, legs and feet combined with a Deep Cleansing Back Treatment, Body Exfoliation and Body Wrap or Cocoon, a personalised Facial followed by an Indian Head Massage to finish. This fabulous treatment utilises a blend of reflexology, acupressure and massage techniques whilst helping to reduce stress, stimulating the body to cleanse itself of impurities leaving you feeling relaxed, pampered, and revitalised. Complete top to toe spa bliss!

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## Ocean Escape Spa Therapy

£175

2hrs

A deluxe spa ritual commencing with dry body brushing, Massage to the arms, hands, legs and feet combined with a Deep-Cleansing Back Treatment, Body Exfoliation, Body Wrap or Cocoon completed with a personalised Facial! This calming treatment will improve your skin tone assisting in the removal of toxins by encouraging lymphatic drainage, resulting in soft and supple skin leaving you feeling pampered, relaxed and refreshed. Highly recommended!

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## Ocean Escape Treatment

£150

1hr 45mins

A relaxing Massage of the arms, hands, legs and feet combined with a Deep Cleansing Back Treatment and either; a personalised Express Facial, Indian Head Massage, Dry Body Brush & Exfoliation or Body Cocoon. The choice is yours! This adaptable treatment allows you to tailor make your spa experience addressing the areas that you feel need some TLC. A bespoke treatment based on your preferences, devised just for you!

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# Spa Treatments

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## Ocean Escape Massage

£75     1hr

A deluxe Massage of the hands, arms, legs and feet along with a Deep Cleansing Back Treatment, utilising a complementary blend of reflexology, acupressure and massage techniques to reduce tension and stress, stimulating the body to cleanse itself of impurities and toxins. This treatment is soothing yet revitalises energy levels offering tremendous health benefits.

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## Body Wraps

£75     1hr

This indulgent Spa Treatment consists of a dry body brush, a full body deep cleanse, hot mitts, exfoliation, light massage during application of products and body masque prior to the full body film wrap application followed by relaxation under a thermal blanket - bliss! Your skin will feel soft, rejuvenated and your body will be bikini ready!

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## Body Cocoon

£75     1hr

This treatment involves a dry body brush, full body deep cleanse, hot mitts, exfoliation, light massage during application of products prior to a body mask of choice. Relaxation under a thermal blanket completes the treatment leaving your skin feeling velvety smooth!

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# Spa Treatments continued...

Relax, detoxify, restore and revive with a choice of soothing spa treatments.

## **Indian Head Massage**

£60

45mins

Focusing on the upper back, shoulders, upper arms, neck, and scalp, finishing with a lovely facial massage. The Indian Head Massage stimulates the flow of blood, oxygen and the lymphatic system relieving stress and tension muscles in the upper body. The effects are felt throughout the mind and body.

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## **Deep Cleansing Back Treatment**

£60

45mins

A facial for the back! The treatment commences with a deep cleanse, exfoliation, steam with hot mitts, light massage, tone and masque application followed by serums and hydration. Perfect for congestion, this is a beautiful treatment for an often neglected area.

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## **Body Exfoliation**

£60

45mins

A full body dry body brush, a deep-cleanse of the skin, hot mitt steam, light massage during application of products and your choice of exfoliation, followed by an application of moisturiser, leaving your skin feeling polished and smelling beautiful!

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Choose from Refreshing Cranberry, Indulgent Chocolate or Marine Algae/Sea salt for your Body Exfoliation, Body Cocoon or Body Wrap.



# Anti-wrinkle Treatments

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For fine lines and wrinkles.

## Anti-wrinkle treatments

allow 30mins

Anti-Wrinkle injections (Botox) relax the identified facial muscles resulting in younger, smoother looking skin, softening facial expression lines and wrinkles. Using a fine needle which is virtually pain free, the treatment provides subtle yet effective results revealing a refreshed appearance.

At Skin Radiance all complimentary, no obligation consultations, prescriptions and treatments are undertaken by Claire, Registered Nurse and Independent Prescriber.

**Treatment areas: Between the brows, around the eyes and forehead**

**1 Area                    £150**

**2 Areas                    £200**

**3 Areas                    £250**

**Extra Areas            £50**

e.g. bunny lines, smokers lines, if taken with any of the above

**Additional anti-wrinkle treatment    £50**

To be completed 2-4 weeks post treatment, covering all areas treated if required/requested. Advised for stronger/deeper creases or for a smoother/firmer appearance.

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# Glycolic Skin Peels

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For smoother, softer, glowing skin!

## 40 % Glycolic Skin Peel

40% Peel £75

allow 45mins

## 70% Glycolic Skin Peel *(Medical Professional application only)*

70% Peel £85

allow 45mins

A chemical resurfacing treatment, formulated as a unique peeling option for all clients, including those with ageing, discoloured, breakout-prone and sensitive skin. This gentle alpha hydroxy acid (AHA) solution will improve surface texture and fine lines, whilst helping to promote an even skin tone. This complexion brightening treatment is an excellent option for sensitive skins. A 70% Peel can be performed following several 40% peels. A course of treatment is recommended.

Add neck, décolleté or hands for £25.

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## 40% Glycolic / Mild Peel & Mesotherapy Combination

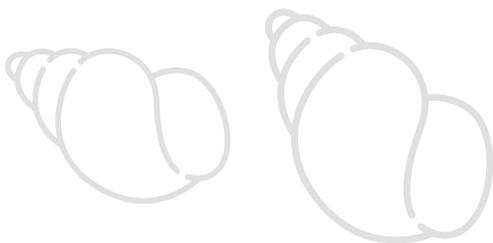
£150

allow 1hr

Glycolic Skin peels are a great combination treatment with mesotherapy. Highly recommended for an all over glow. Pain free with no downtime. The type of peel is selected based on your skin type and preference. The peel exfoliates and renews the skin whilst the mesotherapy nourishes the skin providing vitamins, nutrients, hyaluronic acid and peptides. To refine, renew and refresh the skin for the ultimate glow. Post-care cream included. A course of treatment is recommended.

Add neck, décolleté or hands for £25.

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# Retinol Skin Peels

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## 6% Pure Retinol Peel

*(Medical Professional application only)*

£150

allow 45mins

A 6% Pure Retinol Peel provides dramatic and rapid rejuvenation of the skin by providing additional antioxidants within the formula, the skin is further protected from free radical damage. Skin is visibly smoother, brighter and evenly toned. This peel will effectively treat ageing skin, pigment disorders, smoker's skin, photo-damaged skin, acne scarring and active acne. It is suitable for normal, more resilient skin where wrinkling, sun damage and acne, acne scarring and discoloration is apparent. Post peel home aftercare pack included. This peel will incur visible peeling of the skin with up to 10 days downtime following the treatment. Requires a patch test at consultation. A course may be recommended.

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## Super Perfecting Retinol Peel

*(Medical Professional application only)*

£175

allow 1hr

A deep rejuvenating treatment which provides the skin with a fresh, tighter and more even appearance. Ideal for those requiring a more dramatic result. Visibly reduces acne, scarring, fine lines and wrinkles. Revives a dull complexion. Pigmentation is lifted and the skin is left evenly toned along with reversing photo-damage. Post peel home aftercare pack included. This peel will incur visible peeling of the skin with up to 10 days downtime following the treatment. A course may be recommended. *This peel can only be carried out following retinol peels.*

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## Gentle Retinol Peel

£75

allow 45mins

A gentle chemical peel which smooths, brightens and promotes a clear complexion. Ideal for those new to chemical peels. This antibacterial treatment reduces breakouts and inflammation. The added retinol booster increases cell turnover and reduces discoloration, resulting in tighter, more even skin. 2-4 days downtime included, with possible visible peeling. A course may be recommended.

*Post peel home aftercare pack included.*

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# Skin Peels continued...

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Gentle and skin brightening, an excellent mild peeling option for sensitive skin.

## Advanced Perfecting Peel

A chemical peel treatment, suitable for all clients, including those with ageing, discoloured, breakout-prone and sensitive skins. This gentle alpha hydroxy acid (AHA) solution will improve surface texture and fine lines, whilst helping to promote an even skin tone. This complexion brightening treatment is advanced by a retinol booster encouraging a tighter, brighter, lighter appearance requiring 3-5 days downtime.

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£100

allow 45mins

## Perfecting Peel

A chemical resurfacing treatment, formulated as a unique peeling option for all clients, including those with ageing, discoloured, breakout-prone and sensitive skin. This gentle alpha hydroxy acid (AHA) solution will improve surface texture and fine lines, while helping to promote an even skin tone. This complexion brightening treatment is an excellent option for sensitive skins.

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£75

allow 45mins

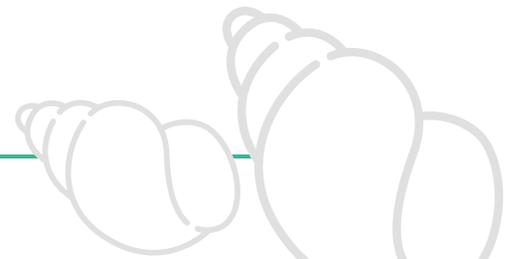
## Mild / Enzymatic / Natural AHA Acid Peel

A soft and gentle treatment option with a mild peeling action. Toning, refining and skin brightening, ideal if you are new to peels or have very sensitive skin. Perfect in combination with mesotherapy.

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£75

allow 45mins





# Microneedling

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Tighten, firm, plump and rejuvenate the skin on the face, body and around the eyes!

Skin Radiance performs microneedling with either a Dermaroller or Dermafix Pen, depending on the area to be treated, skin concern or client preference.

## Face Microneedling

This fantastic treatment rejuvenates the skin by rolling tiny needles across the skin encouraging the natural healing process. Starting with a facial and an application of serums the action of the needles promotes collagen production allowing the serums to penetrate deeper into the skin therefore improving texture, reducing fine lines and wrinkles providing clearer and brighter skin. Serums can be delivered as a 'cocktail' to treat a variety of skin conditions simultaneously. LED light therapy completes this treatment. Post care cream is provided as part of your treatment. Microneedling tightens pores, hydrates and improves skin appearance. A course of treatments is recommended.

+£25 to add neck or décolleté to your treatment

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## Body Contouring & Anti Cellulite

Activating ingredients increase the oxygen supply to the skin. Toning, firming, tightening and improving skin tone and elasticity. The treatment consists of a deep cleanse, oxygenating therapy to stimulate and prepare the skin prior to microneedling with professional serums. Following this a hydrocooling modelling masque will be applied with the application of cellulureduce serum and body firming cream to improve the condition of the skin in problem areas such as thighs, hips, abdomen, legs and arms. A course of treatments is recommended.

+£25 to add face, neck or décolleté to your treatment

**£150**  
**allow 1hr**

**£175**  
**allow 1hr**

## Anti-Stretch Mark Body Treatment

£175 allow 1hr

Activating ingredients increase the oxygen supply to the skin. Toning, firming, tightening and improving skin tone and elasticity. The treatment consists of a deep cleanse, oxygenating therapy to stimulate and prepare the skin prior to microneedling with professional serums. Following this a hydrocooling modelling masque with the application of anti-stretch mark and scarring serum along with body firming cream to improve the condition of the skin in problem areas such as thighs, hips, abdomen, legs and arms. A course of treatments is recommended.

+£25 per area to include face, neck or décolleté.

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## Revitalising Eye Microneedling

£75 allow 45mins

Refreshing yet gentle for the delicate eye area. The treatment commences with a cleanse and the Opatra Dermisonic eye device to reduce puffiness and regenerates cells prior to microneedling with extra fine needles, with a peptide eye mask to finish the treatment. Anti-ageing, firming, tightening, hydrating and brightening. Effective for fine lines, eye bags, dark circles and tired eyes. A course of treatments is recommended.

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# Dermal Fillers

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For deeper wrinkles, static lines, volumisation and definition

## Dermal Filler treatments

allow 45mins

Dermal filler treatments plump, volumise and define facial appearance. Dermal fillers are gently injected under the surface of the skin to treat deeper facial lines and wrinkles as well as restoring volume loss that declines naturally as part of the ageing process. Dermal fillers provide instant results, producing a subtle yet remarkable difference to the skin.

### Lip Definition - 0.5ml

£200

Lip definition and a subtle enhancement.

### Lip Augmentation - 1ml

£275

Definition and enhance lip volume.

### 'Smokers' Lines

From £200

Vertical lines above the top lip.

### Oral Commisures

From £200

Corners of mouth / 'sad face'.

### Naso-labial Lines

From £275

Nose to mouth.

### Marionette Lines

From £200

Corners of mouth to the jaw / chin.

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All prices are per syringe.

Your individual needs will be discussed at your consultation. Additional filler / different type may be required for an optimal result at the cost of another syringe.

# Mesotherapy

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For fresher, brighter, healthier looking skin.

## Mesotherapy Treatments

allow 1hr

An oxygenating treatment mask and dermapeel non-chemical peeling are performed prior to mesotherapy as part of this treatment.

Mesotherapy is performed with light injections of pharmaceuticals; vitamins, minerals, peptides, hyaluronic acid and nucleic acids are delivered into the mesodermal layer of tissue under the skin. Mesotherapy nourishes the skin deeply. It improves sagging as well as stimulating the creation of collagen and elastin. This painless procedure improves the appearance of the skin, providing cellular nutrition, tightening and toning the skin, repairing free radical damage. LED light therapy completes this treatment.

**1 Area                    £100**

Treatment areas: face, neck, décolleté and hands.

+£25 per area to add face, neck, décolleté or hands to your treatment

*Perfect following a glycolic skin peel! A course of Mesotherapy treatments is recommended.*

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SkinRadiance

*Book today...*

Book by email, text or phone or online



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[www.myskinradiance.co.uk](http://www.myskinradiance.co.uk)



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