

March 2020

Tātou, Tātou E

Working Under COVID-19

Protecting the health of students and staff

*Ka taea e tātou ō tātou hiahia mā roto i te kaha o tō tātou kotahitanga me tō tātou whāinga.
We reach our goals through our collective strength and shared sense of purpose (Te Koeke Tiriti, 2019).*

Your institution should be publishing clear guidelines to protect the health of students and staff.

The key factors being promoted by the government and health agencies:

Prevention – how to protect yourself and others

- Cough or sneeze into your elbow or by covering your mouth and nose with tissues.
- Put used tissues in the bin or a bag immediately.
- Wash your hands with soap and water often (for at least 20 seconds).
- Try to avoid close contact with people who are unwell.
- Don't touch your eyes, nose or mouth if your hands are not clean.
- Avoid personal contact, such as kissing, sharing cups or food with sick people.
- Clean and disinfect frequently touched surfaces and objects, such as doorknobs.
- Stay home if you feel unwell.
- Call Healthline on 0800 358 5453 if you have any symptoms and have been to any countries or territories of concern or have been in close contact with someone confirmed with COVID-19. [Ministry of Health](#)

Together we can make sure that our whānau, friends, colleagues, and students are kept safe and well. And for those who are looking for a comprehensive source – head to the World Health Organisation [website](#).

If you are seeking specific advice please contact us on 0800 278 348, teu@teu.ac.nz, or visit our [website](#) as we'll keep updating information.

Tū kotahi, tū kaha | Stronger together

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