

## **Our hygiene and protective measures**

We want you to feel safe and relaxed on your holiday with us. Our holiday is a small group holiday and you will spend most of your day outside in the fresh air. We expect contact with people outside of your group and our house staff to be minimal. Therefore we ask that every guest provides a negative test, proof of vaccination or proof of recovery from Covid-19\*, upon arrival with us. This way we can ensure that all guests can relax in the shared areas and enjoy our group activities without worry.

Once everyone has arrived with a negative test, we can act as a 'household group'.

Please note: If you are travelling to us from outside of Austria you will need to complete a pre-travel clearance form. You can find this here: <https://entry.ptc.gv.at/en.html>

So that you can fully enjoy your stay, we have put together some general rules of conduct and some special protection and hygiene measures for you.

### **Compulsory use of FFP2 Masks**

It is currently required by law for guests to wear FFP2 masks that cover nose and mouth in certain areas. For example in the van/Landrover or when entering a mountain hut/restaurant. Please be aware that due to the nature of our holiday, you do not need to wear masks in the shared areas of the house.

- All our staff are tested weekly. With a current test result (not older than 7 days) they have the possibility to wear a mouth-and-nose protection instead of an FFP2 mask. Our team complies to applicable law and current regulations.

### **Visual contact instead of handshakes**

- Our staff are a big part of your holiday and will be happy to help any questions you may have, or join you for a coffee on the terrace. However, they will always maintain a safe physical distance and unfortunately will not shake your hand on arrival.
- We kindly request that our guests also refrain from shaking hands/hugging when greeting other guests.

### **Distancing regulations and restrictions**

- We ensure that it is possible for a minimum distance of 2m to be maintained at all times in all areas of the guest house.
- In our shared areas, we ensure that the maximum number of people present is appropriate for the room size, and that seating / tables have the adequate spacing.

### **Booking your holiday and checking in/out**

- We enable a contactless check-in and check-out process.
- All payments for your holiday should be made online before you arrive.
- Should you incur a bar tab with us we will send you an electronic invoice to allow you to pay.
- All surfaces and devices, as well as key cards and room keys, are thoroughly disinfected after each use.
- Our staff are trained in all measures currently in place and are your primary point of contact if you find yourself feeling sick or unwell.

### **Hand hygiene & disinfection facilities**

- We have increased the number of disinfection stations in our guest house, and staff have also been equipped with means to disinfect their hands/surfaces.
- You will find hand sanitizing units at all major points of contact, such as in the entrance to common areas, the entrance to the yoga studio, on the bar and at breakfast, as well in the van.
- Shared toilets in the guest house are cleaned and disinfected at highly increased intervals in accordance with strict hygiene standards. You will always have the opportunity to wash your hands there.

### **Comprehensive cleaning**

- Our already high cleaning standards have been revised and supplemented by additional disinfection measures and strict rules of conduct.
- Cleaning products and disinfecting agents are matched with one another in terms of their effectiveness, and, of course, based on their effectiveness to fight viruses.
- We ensure that surfaces and frequently touched objects are disinfected at regular, frequent intervals in all areas of our hotel.

### **Feel safe...**

#### **...in our yoga studio**

- Every guest is provided with their own mat and props which they keep in their room. Mats, props and other items in the studio are thoroughly disinfected between each guest week.
- We ensure beforehand that the minimum distancing of 2m is possible in the yoga studio, and we provide facilities for disinfecting hands & surfaces.
- During classes, the rooms are ventilated in the best possible way.
-

### **... in the hot tub**

- In order to comply with the restrictions in place for the maximum number of persons, we ask that only four guests use the hot tub at any one time.
- The Hot tub is emptied and disinfected between each guest week.
- Furthermore, we ensure compliance with the Regulation on Swimming Pool Hygiene, which is overseen by a supervisor.

### **... in your room**

- Our staff change their disposable gloves and cleaning cloths after cleaning each room, and
- Our staff thoroughly disinfect rooms as a final step.
- We refrain from using the following in rooms: bed runners / decorative cushions / magazines / welcome folders

### **... at breakfast / at dinner / in the bar area**

In addition to adhering to the 2m social distancing regulations, ensuring a limited number of persons & providing disinfection facilities, we have also put the following measures in place:

- our breakfast offer has been adjusted and will be a breakfast buffet with supervised disinfection stations
- We observe strict HACCP standards at all times and disinfect all tables, seating areas and points of contact thoroughly after each guest.

**If you have any questions regarding our Covid measure and your holiday, please do not hesitate to get in touch via [email](#).**

\*The following evidence is legally accepted as meeting the entry requirements:

#### Tested

- Officially recognized negative test results for the specified period, ie:- Evidence from an authorized body of a negative result of a PCR test (Validity: 72 hours)

- Proof of an authorized body (test street, pharmacy, etc.) about a negativeResult of an antigen test (validity: 48 hours)

- Proof of an antigen test for personal use , which was carried out in an officialData processing system is recorded (validity: 24 hours)

- Self-tests under supervision in a permanent establishment, which, however, only last for the duration of the individual stay / access are valid

#### Proof of vaccination

- First vaccination is valid as evidence from the 22nd day and is then valid from the vaccination for three months as proof of entry. It is valid for nine months if you had Covid before your first vaccination.

- Second vaccination is valid for nine months from the first vaccination as evidence

- In the case of vaccinations where only one vaccination is planned, this is valid as proof on the 22nd day, and is then valid for nine months from the vaccination as proof of entrance.

#### Recovered

- Separation notice , if it was issued for one in the last six months before the provided testing has been issued to a person who has been shown to be sick with SARS-CoV-2

- Medical confirmation that one was issued in the last six months and is up-to-date expired molecular biologically confirmed infection

- Proof of neutralizing antibodies (antibody test) , of no more than three months.