



# Kinship Connections

Kinship Families of the North Country in Clinton and Essex County

May 2023



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	1	2	3 PATH Online 7-8:30pm	4 North Country Parenting Support Group Plattsburgh 10-11:30am	5 AFFCNY Conference	6 AFFCNY Conference
	MANDATORY PRE-REGISTRATION FOR <u>ALL</u> IN PERSON EVENTS THIS MONTH.					
7	8	9	10 PATH Online 7-8:30pm	11 North Country Parenting Support Group Plattsburgh 10-11:30am Pots & Plants Respite Plattsburgh 4-6pm	12 Mother's Day Celebration Social Plattsburgh 4-5pm	13
14	15	16	17 PATH Online 7-8:30pm	18 North Country Parenting Support Group Plattsburgh 10-11:30am	19 Outdoor Play Essex Respite Schroon Lake 4-6pm	20 Bike Block Party Plattsburgh 10am-2pm
21	22	23 Essex Group Chat Online 8-9pm	24 PATH Online 7-8:30pm	25 North Country Parenting Support Group Plattsburgh 10-11:30am	26 Kinship Coffee Hour 10-11:30am Park & Picnic Respite Peru	27
28	29 CENTER CLOSED	30	31 PATH Online 7-8:30pm			

## SUPPORT GROUPS

### **NORTH COUNTRY PARENTING SUPPORT**

**GROUP**— Join us at 194 US Oval on Thursdays in May from 10:30am-12pm to share ideas related to parenting! This will be open to all North Country parents.

**ESSEX COUNTY GROUP CHAT**—Join the conversation on May 23rd from 8-9pm. Contact Angela to be added to the group!

## RESPITES

**POTS & PLANTS RESPITE**— Join us at 194 US Oval, Plattsburgh on Thursday, May 11th from 4-6pm for a respite. We will be painting pots and planting plants inside of them. Dinner will be provided.

**OUTDOOR PLAY ESSEX RESPITE**— Join us at the Schroon Lake Beach park on Friday, May 19th from 4-6pm for a respite. By request we will be doing face painting. Kids can bring bikes or scooters, and we will be providing dinner.

**PARK AND PICNIC RESPITE**— Join us at the Little AuSable Park in Peru on Friday, May 26th from 4-6pm for a respite. We will play on the park, go for a walk, have crafts, dinner, etc.



**194 US OVAL /  
PO BOX 2640  
PLATTSBURGH,  
NY 12901  
518-561-4999**

**Juliette Lynch  
518-566-3468  
ext. 103  
Angela Weller  
518-566-3472  
ext. 114**



## FAMILY SOCIALS

**MOTHER'S DAY CELEBRATION SOCIAL**— We will be teaming up with the family resource center on Friday, May 12th from 4-5pm for a Mother's Day celebration. We will be having a picnic outside weather permitting. We will also be providing pan-cakes. Feel free to bring other dishes.

**BIKE BLOCK PARTY**— On Saturday, May 20th from 10am-2pm we will be tabling at this event. This is located in the Harborside Parking Lot in Plattsburgh. There will be lessons about bike safety, rules of the road, and there will be a group bike ride. There will also be giveaways!

## WORKSHOPS

### **PATH (PARENTING AFTER TRAUMA FOR**

**HEALING)**- This is a 10 week series over zoom starting on Wednesday, April 19th from 7-8:30pm. You will be able to get a certificate upon completion. This course is appropriate for caregivers raising children from traumatic backgrounds. This course teaches concepts such as Building connections with your child before correcting their misbehaviors by using an attitude of play, acceptance, curiosity, and empathy. The concepts can be applied to any age.

**AFFCNY CONFERENCE**— The Adoptive and Foster Family Coalition annual conference will be held on May 5th and 6th this year. We have posted a google form on our Facebook page to gauge interest of our participants in getting sponsored to go.