

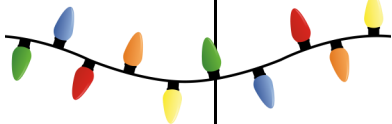




# Family Forever

**Adoptive & KinGap Families of the North Country in Clinton and Essex County**  
**December 2021**



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
We will be following state recommendations on in person gatherings, so stayed tuned as programs may need to be altered accordingly!			<b>1</b>  <b>PATH</b> <b>Online</b> <b>8-9:30pm</b>	<b>2</b>  <b>North Country Parenting</b> <b>Support Group</b> <b>10-11:30am</b>	<b>3</b>	<b>4</b>  <b>Plattsburgh</b> <b>Christmas Parade</b> <b>5:30pm</b>
<b>5</b>	<b>6</b>    <b>*Masks required for inside programming</b>	<b>7</b>	<b>8</b>  <b>PATH</b> <b>Online</b> <b>8-9:30pm</b>	<b>9</b>  <b>North Country Parenting</b> <b>Support Group</b> <b>10-11:30am</b>	<b>10</b>  <b>Essex County Respite</b> <b>Ticonderoga</b> <b>5-7pm</b>	<b>11</b>
<b>12</b>  <b>Wreath Making</b> <b>Social</b> <b>Plattsburgh</b> <b>1-3pm</b>	<b>13</b>  <b>Winter Solstice</b> <b>Respite</b> <b>Plattsburgh</b> <b>5-7pm</b>	<b>14</b>  <b>Essex County</b> <b>Group Chat</b> <b>Online</b> <b>8-9:30pm</b>	<b>15</b>  	<b>16</b>  <b>North Country Parenting</b> <b>Support Group</b> <b>10-11:30am</b>	<b>MANDATORY PRE-REGISTRATION FOR ALL IN PERSON EVENTS THIS MONTH.</b>	
<b>19</b>  <b>Extended</b> <b>Holiday Respite</b> <b>12-4pm</b>	<b>20</b>  <b>Caregiver</b> <b>Connection Support</b> <b>Group</b> <b>Online</b> <b>8-9:30pm</b>	<b>21</b>	<b>22</b>	<b>23</b>  <b>CENTER CLOSED</b>	<b>24</b>  <b>CENTER CLOSED</b>	<b>25</b>
<b>26</b>	<b>27</b>  <b>Holly Bender</b> <b>Support Group</b> <b>Online</b> <b>8-9:30pm</b>	<b>28</b>  	<b>29</b>	<b>30</b>  <b>Movie Respite/Social</b> <b>Cumberland 12</b> <b>10am</b>	<b>31</b>  <b>CENTER CLOSED</b>	

## SUPPORT GROUPS

**NORTH COUNTRY PARENTING SUPPORT GROUP**— Join us at 190 US Oval on Thursdays in December from 10:30am-12pm to share ideas related to parenting! This will be open to all North Country parents. Please sign up via Sign-Up Genius to join a fun and informative conversation!

**ESSEX COUNTY GROUP CHAT**—Join the conversation on December 14th from 8-9pm. Contact Angela to be added to the group!

**CAREGIVER CONNECTION SUPPORT GROUP**— Join Dianne O'Connor from Parent to Parent NYS on Monday, December 20th from 8-9:30pm via Zoom. This support group is open to all caregivers caring for children/adults with developmental disabilities.

**HOLLY BENDER SUPPORT GROUP**— Join us on December 27th from 8-9:30pm via Zoom for a support group facilitated by Holly Bender, an adoption and trauma-informed therapist.

## WORKSHOPS

**PATH (PARENTING AFTER TRAUMA FOR HEALING)**— This is a 12 week series via Zoom from 8-9:30pm. December dates include the 1st and 8th . You will receive a certificate upon completion of this training. Please sign up with one of your coordinators.



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## FAMILY SOCIALS

**PLATTSBURGH CHRISTMAS PARADE**— We will be doing the Christmas Bureau float for the Plattsburgh Christmas Parade on December 4th with the parade starting at 5:30pm. We are in need of some older kids to dress up in elf costumes and walk with us in the parade!

**WREATH MAKING SOCIAL**— Join us at 194 US Oval on December 12th from 1-3pm to make a homemade wreath! We will provide all of the materials needed!

## RESPITES

**WINTER SOLSTICE RESPITE**— Join us at 194 US Oval on December 13th from 5-7pm for a winter solstice respite. We will be making bird seed ornaments and will be decorating paper lanterns that we will bring outside. The Family Resource Center will be doing a potluck that night if you can bring anything. If not, we will still provide dinner for the children.

**EXTENDED HOLIDAY RESPITE**— Drop the kids off with us on December 19th from 12-4pm for an extended respite as an opportunity to finish up some last minute shopping and errands for the holidays. Location is TBD, so please look out for the Sign Up Genius updates.

**MOVIE RESPITE/SOCIAL**— Joins us at Cumberland 12 on December 30th at 10am. We will be watching Sing 2. There will be a limit on how many children will be able to come as a respite, but if the slots fill up for that, you can sign up as a family if space allows.

**ESSEX COUNTY RESPITE**— Drop the kids off at the Ticonderoga Community Building either on December 10th from 5-7pm. We will watch a holiday movie and make a holiday craft.