



**Family Forever**  
**Adoptive & KinGap Families of the North Country in Clinton and Essex County**  
**April 2021**



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<p>We will be following state recommendations on in person gatherings, so stayed tuned as programs may need to be altered accordingly!</p>				<p><b>1</b>            North Country Parenting Support Group            Online            10:30-12pm</p> <p>Egg Decorating Respite            Plattsburgh            5-7pm</p>	<b>2</b>	<b>3</b>
<p><b>4</b></p>	<p><b>5</b></p>	<b>6</b>	<p><b>7</b>            Cumberland 12 Movie Respite            1pm</p>	<p><b>8</b>            North Country Parenting Support Group            Online            10:30-12pm</p>	<p><b>9</b>            Family Fun Night            Online            6:30-8pm</p>	<p><b>10</b>            Bucket Drumming Respite            10am-12pm</p>
<b>11</b>	<p><b>12</b>            FASD: Overview of Parent to Parent NY            Online            7-8:30pm</p>	<b>13</b>	<p><b>14</b>            PATH            Online            8-9:30pm</p>	<p><b>15</b>            North Country Parenting Support Group            Online            10:30-12pm</p>	<p><b>16</b>            Essex Respite            Ticonderoga EMS            5-7pm</p>	<b>17</b>
<p><b>18</b>            Point Au Roche Family Social            1-3pm</p>	<b>19</b>	<p><b>20</b>            Essex County Group Chat            8-9pm</p>	<p><b>21</b>            PATH            Online            8-9:30pm</p>	<p><b>22</b>            North Country Parenting Support Group            Online            10:30-12pm            Earth Day Science Experiment            Online            7pm</p>	<p><b>23</b>            Family Fun Night            Online            6:30-8pm</p>	<b>24</b>
<b>25</b>	<b>26</b>	<p><b>27</b>            CASE Workshop: Taking the Fear out of Open Adoption            Online            8-9:30pm</p>	<p><b>28</b>            PATH            Online            8-9:30pm</p>	<p><b>29</b>            North Country Parenting Support Group            Online            10:30-12pm</p>	<p><b>30</b></p> <p style="text-align: center;">MANDATORY PRE-REGISTRATION FOR <u>ALL</u> IN PERSON EVENTS THIS MONTH.</p>	

## SUPPORT GROUPS

**NORTH COUNTRY PARENTING SUPPORT GROUP** Join us virtually Thursdays in April from 10:30am-12pm to share ideas related to parenting! This will be open to all North Country parents. Please sign up and provide your email address to join a fun and informative conversation!

**PATH SUPPORT GROUP**— Join us via Zoom on February 24th for a structured support group designed for parents raising children with adverse childhood experiences or difficult past histories. Our group will run from 8-9:30pm Each session attended earns a chance to win a prize in our drawing! Please sign up with Angela.

\*\*\*This is the first of a 12 week series!!!

**ESSEX COUNTY GROUP CHAT**—Join the conversation on April 20th from 8-9pm. Contact Angela to be added to the group!

## RESPITES

**KEYS EGG DECORATING RESPITE** — Come find your KEYS (Kind Encouragement Youth Support) to success! Join us on April 1st from 5-7pm for crafts, age appropriate activities, and games. 194 US Oval in Plattsburgh. Masks are mandatory, dinner will be provided. Must call Angela to sign up for this event or through Sign-Up Genius.

**"Take 5" RESPITE Cumberland 12 Movie** — This invite is for our Essex and Clinton county families. We all could use some "normal" so sign up early and drop off the kiddos at Cumberland 12 Movie Theater on April 7th 15 to 20 minutes before 1pm. We have rented out an entire theater! Popcorn and drink will be provided. Masks are mandatory and **spaces are limited**. Must Contact Angela to sign up or via Sign-Up Genius.

**BUCKET DRUMMING**— Join Angela and Jenn on April 10th from 10am-12pm at the center for a bucket drumming circle. We will have local musician and drummer, Nelson Moore, leading this two hour long workshop. We will provide a snack. Please sign up via Sign-Up Genius or with Angela.

**ESSEX COUNTY RESPITE** — Drop the kids off at the Ticonderoga EMS building on April 16th from 5-7pm for crafts, age appropriate activities, and games. 118 Champlain Ave. Masks are mandatory and dinner will be provided. Please sign up with Angela or through Sign-Up Genius.

## Family Forever!

Serving Adoptive and KinGap Families in the North Country

Permanency Resource Centers

A Program of the  
Child Care Coordinating  
Council of the North Country



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Juliette Lynch

518-566-3468 ext.  
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Angela Weller

518-566-3472 ext.  
114

Ally McDonald

518-566-3469 ext.  
111



## FAMILY SOCIALS

**EARTH DAY SCIENCE EXPERIMENT**— Join Angela on Facebook Live on April 22nd at 7pm to do an Earth Day inspired Science experiment. Please sign up beforehand to be able to receive supplies. You can contact Angela or Sign up via Sign-Up Genius.

**POINT AU ROCHE FAMILY SOCIAL**— Join us on April 18th from 1-3pm at Point Au Roche to explore the trails and see the wildlife. We will meet at the second parking lot in the second entrance of the park by the dock. 87 Red Cloud Rd. Plattsburgh, NY. We will provide a snack!

## WORKSHOPS

**FASD: OVERVIEW OF PARENT TO PARENT NY WITH DIANNE O'CONNOR**— On April 12th from 7-8:30pm, join us via zoom for an informal discussion with Dianne O'Connor about raising a child or adult with special needs. There will be an overview of who Parent to Parent of NYS is and then we will have a discussion as to what you need that will help you raise your children with FASD. Please sign up with your coordinator or through Sign-Up Genius.

**CASE WORKSHOP: TAKING THE FEAR OUT OF OPEN ADOPTION**— Taking the Fear out of Open Adoption As children grow, families who have maintained birth family connections often need guidance as they chart this unique journey. Former C.A.S.E. Adoption-Competent Therapists Ellen Singer, LCSW-C and Madeleine Krebs, LCSW-C will address common questions regarding decisions around contact, setting appropriate boundaries, handling differences between birth and adoptive parents' values and lifestyle choices, as well as the evolution/challenges of changes in relationships over time. Presenters will also discuss how parents can help their children with issues related to grief and loss that are still part of the open adoption experience.