# **Family Forever**

Adoptive & KinGap Families of the North Country in St. Lawrence, Franklin County, and St. Regis Mohawk Tribe

## **April 2021**

<b>**</b>		April 2021			
Mon	Tues	Wed	Thurs	Fri	Sat /
	PRE-REGISTRATION FOR ALL IN VENTS THIS MONTH.		1 Bowling Respite Tupper Lake 4-5:45pm Nurturing Parenting Online 7pm	Easter Painting Facebook Live 3:30pm	3
5	6 Blank Slate Online 5-6:30	7	8 Family Feud Online 5-6:30pm	9 Family Fun Night Online 6:30-8pm	10 Bouncy House Extravaganza Massena 1-3pm
12 FASD: Overview of Parent to Parent NY Online 7-8:30pm	13	14 Saranac Lake Play Group 9am-12pm PATH Online 8-9:30pm Youth Group Online 6-7pm	15 Nurturing Parenting Online 7pm	16 Southern St. Lawrence Support Group Chat 8pm	
19	20	21 Saranac lake Play Group 9am-12pm PATH Online 8-9:30pm	22 Nurturing Parenting Online 7pm	23 Family Fun Night Online 6:30-8pm	24  Harry Potter Wand Making Respite The Hub 1-3pm Game Afternoon Online 2pm
26	27 CASE Workshop: Taking the Fear out of Open Adoption Online	28 Saranac lake Play Group 9am-12pm  PATH Online 8-9:30pm	29  Nurturing Parenting Online 7pm  Franklin County Online Support Group Chat 8pm  Youth Group Online	gatherings, so stayed tune	d as programs may need to be accordingly!

#### SUPPORT GROUPS

**NURTURING PARENTING**— Join Kristy on April, 1st, 15th, 22nd, and 29th at 7pm for a parenting class that will provide you with a certificate upon completion. You can give Kristy a call to sign up.

**PATH SUPPORT GROUP**— Join us via Zoom on April 14th, 21st, and 28th for a structured support group designed for parents raising children with adverse childhood experiences or difficult past histories. Our group will run from 8-9:30pm Each session attended earns a chance to win a prize in our drawing! Please sign up with your local PRC coordinator or through Sign-Up Genius.

#### \*\*\*This is a 12 week series!!!

<u>YOUTH GROUP ONLINE</u>— On April 14th and 29th from 6-7pm, join us via Zoom. We know that youth are missing the socialization of group time. We are inviting our post adoptive children to join a zoom chat where they can talk with other kids, share what's going on and play a game together. We have interns from Plattsburgh state who would love to meet and hang with you. This will be once a month before parents support group.

**FRANKLIN COUNTY PARENT SUPPORT GROUP**— Join us on April 29th from 8-9:30pm. Join Northern and Southern Franklin post-adoptive families the last Thursday of the month to connect, chat and support each other on Zoom. Sign up on Sign-Up Genius for the Zoom link.

**SOUTHERN ST. LAWRENCE COUNTY SUPPORT GROUP**— Join us on April 16th from 8-9:30pm for an online support group. Please contact Kristy to sign up.

#### RESPITES

**EASTER PAINT AND SNACK LIVE**— On April 2nd at 3:30pm via Facebook Live on the "Families Forever" Facebook page join Ally to paint a Easter picture. If you need supplies, please indicate that on Sign-Up Genius or contact your coordinator so we can get the supplies to you.

<u>TUPPER LAKE BOWLING RESPITE</u>— Join Kristy on April 1st from 4-5:45pm for a bowling respite. Drop off and pick up will be at Lake View Lanes (1939 US 30 Tupper Lake, NY 12986). We will provide pizza and a drink for the kids.

<u>FAMILY FEUD</u>— Join Loren from 5-6:30pm on April 8th via Zoom to play some Family Feud! Please sign up with Loren for the link.

**BLANK SLATE**— Join Loren from 5-6:30pm on April 6th via Zoom to play Blank Slate.

HARRY POTTER WAND MAKING RESPITE—Drop the kids off with Loren, upstairs, at The Hub in Massena on April 24th from 1-3pm for a Harry Potter themed respite. The kids will be watching the first Harry Potter movie, creating their own wand, and pizza will be provided!

### **Family Forever!**

Serving Adoptive and KinGap Families in the North Country Permanency Resource Centers





Northern Franklin County:

Ally 518-566-3469 or 518-481-7281

Families R Us
12 Homestead Park,
Malone

Southern Franklin County, Southern St. Lawrence County, Hamilton County, and Western Essex County: **Kristy 518-359-8167** Family Matters 40 Marion St. Tupper

St. Lawrence County and St. Regis Mohawk Tribe:

Lake

Loren 315-854-4804 The HUB 32 A Andrews St. Massena



#### **FAMILY SOCIALS**

MASSENA BOUNCY HOUSE EXTRAVAGNZA— Join Loren and Ally on April 10th from 1-3pm to jump on the bouncy houses, play laser tag, and play mini putt in the Massena Mall. Contact either Ally or Loren to sign up for this event.

<u>MALONE BOWLING PASSES</u>— There are a couple extra passes left to go bowling either with Ally as a respite or for you and your family to do at your own leisure. These passes are for one hour and one lane. Please contact Ally if interested.

SARANAC LAKE PLAY GROUP— On April 14th, 21st, and 28th from 9am-12pm we will have a Saranac Lake Play Group. Bring the littles in to play and have fun for a few hours at the Saranac Lake Baptist Church (490 Broadway, Saranac Lake, NY 12986). Space is limited. Pre-registration is required. Please call Kristy to sign up.

GAME AFTERNOON— Join Ally via Zoom on April 24th at 2pm to play games.

MASSENA PONY/HORSE & ME PASSES—Open to children ages 3+, we are excited to provide passes (one needed per child) to have a 45 minute session learning about pony and horse care, tack, and riding all at Breezy Maples Farm just outside of Massena. Includes 15-minute line led ride around the farm. Contact Loren for more details and watch for the link in Sign-Up Genius. Passes can be used through 7/31/21 and are by appointment only by contacting the farm.

#### WORKSHOPS

#### FASD: OVERVIEW OF PARENT TO PARENT NY WITH DIANNE

<u>O'CONNOR</u>— On April 12th from 7-8:30pm, join us via zoom for an informal discussion with Dianne O'Connor about raising a child or adult with special needs. There will be an overview of who Parent to Parent of NYS is and then we will have a discussion as to what you need that will help you raise your children with FASD. Please sign up with your coordinator or through Sign-Up Genius.

<u>CASE WORKSHOP: TAKING THE FEAR OUT OF OPEN ADOPTION</u> — Taking the Fear out of Open Adoption As children grow, families who have maintained birth family connections often need guidance as they chart this unique journey. Former C.A.S.E. Adoption-Competent Therapists Ellen Singer, LCSW-C and Madeleine Krebs, LCSW-C will address common questions regarding decisions around contact, setting appropriate boundaries, handling differences between birth and adoptive parents' values and lifestyle choices, as well as the evolution/challenges of changes in relationships over time. Presenters will also discuss how parents can help their children with issues related to grief and loss that are still part of the open adoption experience.

\*Masks required at all



In-person programming\*