

# Child Care Roundtable Discussions

Join us *live and in-person* for a conversation about child care during Covid19.

What are your professional development needs? How about technical assistance? How have you fared personally and professionally? Your family? How can the Child Care Council be most helpful?

OCFS Training Topics: 3 & 5

## Four Sessions to Choose from:

**Wednesday July 22 6-8 pm**

Family Matters Resource Center, 40 Marion St, Tupper Lake

**Wednesday July 29 6-8 pm**

Algonquin Community Room, GL Highway, Saranac Lake

**Wednesday August 5 6-8 pm**

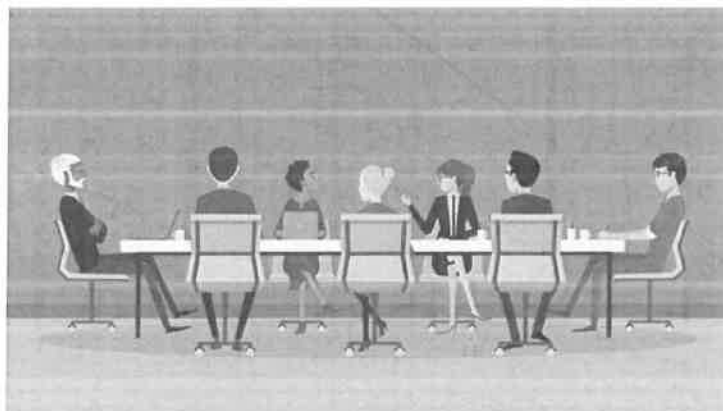
Child Care Council, 194 US Oval, Plattsburgh

**Wednesday August 12 6-8 pm**

Families R Us Resource Center, 12 Homestead Pk, Malone (new location)

Registration is required as we are capping the participation at 10 due to social distancing.

Call Courtney St. Pierre at 518-566-3464 or email her at [cstpierre@cccnc.org](mailto:cstpierre@cccnc.org)



This program is supported by our Child Care Resource & Referral contract with NYS OCFS and the Adirondack Foundation Birth to 3 Alliance.

## Pediatric, Child, & Adult First Aid, CPR and AED Classes

Sponsored by the Child Care Council.

Upon successful completion of the class, participants will have a 2 year certification card from the National Safety Council.

<b>Date</b>	<b>Time</b>	<b>Place</b>
<b>Wednesday July 22, 2020</b>	6-11 pm	Algonquin Community Room 340 George LaPan Highway Saranac Lake NY
<b>Saturday August 15, 2020</b>	8 am-11 am	Child Care Council 194 US Oval Plattsburgh NY
<b>Monday August 17, 2020</b>	8 am-1 pm	Child Care Council 194 US Oval Plattsburgh NY
<b>Saturday August 29, 2020</b>	8 am-1 pm	Child Care Council 194 US Oval Plattsburgh NY
<b>Saturday September 19, 2020</b>	8 am-1 pm	Child Care Council 194 US Oval Plattsburgh NY
<b>Saturday October 17, 2020</b>	8 am-1 pm	Child Care Council 194 US Oval Plattsburgh NY



**Cost:** \$60 per person      Class size is limited to 15 participants.

**Topics Covered:** 5 hours of OCFS training credit in OCFS Topics: 2, 4, & 7/CDA Content Area: 1/CBK: 5

**To Register:** Send check or signed EIP Award to Child Care Council,  
PO Box 2640, Plattsburgh NY 12901  
or call Courtney (518-566-3464) to pay by credit card!

**For more information:** Call Jamie at 518-566-3462

**VOICE/CSEA funding may be available for Family & Group  
Family Child Care Providers.**

## **Upcoming Training Opportunities Around the Region**

You will be practicing social-distancing and wear masks for all in-person trainings.

### **CDA Information Session, The Child Care Council, Plattsburgh.**

**Monday, July 27, 2020 from 6-8:00pm**

Join us for a discussion on how to complete your Child Development Associate, or CDA, Credential through the Child Care Coordinating Council's in-person session. The nationally recognized CDA credential is achieved by completing 120 hours of professional development, your professional portfolio of essays and documentation, family questionnaires, an on-site observation and online exam. Learn about child development, create professional networks and become a credentialed early childhood professional!

### **Navigating Naptimes After COVID-19**

Many providers feel at odds with parents for the way babies are developing their sleep patterns. Now, after re-opening we are faced with new sleep patterns that do not fit the previous schedule. Developing safe and healthy sleep habits are the result of parent-provider planning. Young children have been home and away from your daily schedule and may need help transitioning back to your care. This workshop will include tips and guidelines for safe sleep, healthy habits, as well as the importance of a daily balance of play and quiet routines. OCFS: 1-4; CDA: 1,4,5,8; CBK: 1,2,4

Thursday, Aug. 6, 2020--6-8:00pm, Child Care Council, Plattsburgh, NY

Monday, Aug. 10, 2020--6-8:00pm, Family Matters, Tupper Lake, NY

Monday, Aug. 17, 2020—6-8:00pm, Algonquin Community Room, Saranac Lake, NY

Wednesday, Aug. 26, 2020—6-8:00pm, Families R Us, Malone, NY

### **Struggling to Re-Connect—Handling Behaviors After a Long Break**

Sometimes when children are away from child Care programming for a protracted length of time, behaviors develop on their return as they try to reconnect with their providers and a changed environment. COVID-19 disrupted the social fabric for families and work for everyone. It was filled with uncertainty and loss for adults and children. It forced us to re-work our environments so that they look different to returning children and families. This is re-opening and starting over in the worst way for young children who rely on predictability and sameness. The behaviors that develop will require some different strategies to alleviate. Come join a discussion on social and emotional well-being and just how the uncertainty impacts behaviors. OCFS: 1, 2, 3. CDA: 1, 3, 8. CBK: 4, 5.

Tuesday, Sept 8, 2020—6-8:00pm, Child Care Council, Plattsburgh, NY

Tuesday, Sept.15, 2020—6-8:00pm, Family Matters, Tupper Lake, NY

Tuesday, Sept.22, 2020—6-8:00pm, Algonquin Community Room, Saranac Lake, NY

Tuesday, Sept. 29, 2020—6-8:00pm, Families R Us, Malone, NY

## Considerations for Reopening Series for Early Childhood Administrators & Providers

To support the many early childhood programs across New York State that have had to close their doors during the COVID-19 pandemic, QUALITYstarsNY has created a 3-part webinar series to help program leaders prepare to safely welcome back staff, children, and families.

The series is free and open to all early childhood leaders—you do not need to participate in QUALITYstarsNY to access the series resources or join our live webinars. The series is available in both English and Spanish.

### WHAT THE SERIES OFFERS



#### *Webinar Recordings*

Video recordings of webinars available in English & Spanish.



#### *Resource Toolkits*

Accompanying resources & sample materials for each session to help programs prepare for reopening.



#### *Live Webinars*

Free, live webinars hosted by our Quality Improvement Specialists.

Access the series at [qualitystarsny.org/reopening](https://qualitystarsny.org/reopening)

### LIVE WEBINAR SCHEDULE

#### *Part 1: CDC Guidelines to Inform Reopening*

Explores several aspects of program operations that should be considered when planning to reopen and reviews guidance from the CDC and NYS for child care programs during COVID-19.

**July 7: 9:00 AM in English | [Register](#)**

**July 7: 6:00 PM en español | [Apúntese](#)**

**July 8: 6:00 PM in English | [Register](#)**

#### *Part 2: Program Policies & Procedures*

Examines policies and procedures that programs should review and consider amending when planning to reopen and provides example templates to help with implementation.

**July 14: 9:00 AM in English | [Register](#)**

**July 14: 6:00 PM en español | [Apúntese](#)**

**July 15: 6:00 PM in English | [Register](#)**


#### *Part 3: Transitioning to the New Normal*

Plans for transitions back to the program, including how to support the social and emotional needs of staff, children, and families.

**July 21: 9:00 AM in English | [Register](#)**

**July 21: 6:00 PM en español | [Apúntese](#)**

**July 22: 6:00 PM in English | [Register](#)**



# Get Quality Improvement Support for Your Early Childhood Program with **QUALITYstarsNY**<sup>SM</sup>

QUALITYstarsNY provides quality improvement support and resources at NO COST to early childhood programs across New York State.

## What is QUALITYstarsNY?

QUALITYstarsNY is New York State's voluntary Quality Rating & Improvement System for early childhood programs. We currently support hundreds of center-based, family child care and school-based programs across the state.

## Programs participating in QUALITYstarsNY receive:

- One-on-one support from a Quality Improvement Specialist
- Professional development opportunities and scholarships for staff
- Access to high quality classroom materials and furnishings
- Data-driven assessment to inform quality improvement planning
- *And much more!*

## Upcoming ZOOM Recruitment & Information Sessions

**August 4, 2020 -or- August 18, 2020**

ZOOM Session available each day: 6-7:30pm

Attend conveniently from home by ZOOM conferencing!

Register to attend at the ASPIRE training link

and the ZOOM webinar information

will be sent to you.

Register to attend at [qualitystarsny.org/recruit](https://qualitystarsny.org/recruit)

Questions? Contact Ann M Fraser: [afraser@qualitystarsny.org](mailto:afraser@qualitystarsny.org) | 518-569-7907

# Infant and Early Childhood Mental Health (IECMH) Basics Course

*presented by the New York State Association for Infant Mental Health*

*A Web-based Course for Programs, Organizations, and Communities of Practice in  
the Adirondack Region*

**July 13 & 14, 2020**

**The First Day and a Half** is devoted to all who work with young children and their families.

**We will explore:**

- What we mean when we say Infant and Early Childhood Mental Health.
- What we know about infant development
- The power of relationships
- Best practices in IECMH and IMH (Infant Mental Health) Endorsement
- The way trauma can influence outcomes
- What IECMH practice means for practitioners

**The Afternoon of Day Two** is devoted to those who serve as coaches, consultants, supervisors, or administrators.

**We will explore:**

- Ways we can build resilience
- Ways we can all strengthen and transform our work and programs.

**The “Four Weeks Out” Call**

A group call for coaches, consultants, supervisors, and administrators to discuss successes and challenges and what we need to continue to grow as Infant Mental Health-informed practitioners and programs.

Registration fee is \$115  
Register here <https://forms.gle/9F1MpzM6Zmm17AoSA>  
or contact Courtney St. Pierre at [cstpierre@cccnc.org](mailto:cstpierre@cccnc.org), 518-566-3464  
by July 3<sup>rd</sup>, 2020

**Sponsored by:**

