



**Family Forever**  
 Adoptive & KinGap Families of the North Country in Clinton and Essex County  
**SEPTEMBER 2019**



Mon	Tues	Wed	Thurs	Fri	Sat
<b>2 CENTER CLOSED</b>	<b>3</b>	<b>4</b>	<b>5</b> North Country Parenting Support Group Plattsburgh 10-11:30am	<b>6</b>	<b>7</b>
<b>9</b> Support Group w/ OPWDD's Family Care Program AND Youth Group Plattsburgh 5:15-6:45pm	<b>10</b> Point Au Roche Nature Walk Respite Plattsburgh 4-6pm	<b>11</b>	<b>12</b> North Country Parenting Support Group Plattsburgh 10-11:30am	<b>13</b> Lego/ Building Respite Ticonderoga 4:30-7pm	<b>14</b> Au Sable Support Group 10am-12pm
<b>16</b> Youth to Youth Support Group AND Mindful Kids Respite Plattsburgh 5:15-6:45pm	<b>17</b>	<b>18</b> Ticonderoga Support Group 5-6:30pm	<b>19</b> North Country Parenting Support Group Plattsburgh 10-11:30am	<b>20</b>	<b>21</b> Family & Staff Meet & Greet Whilmington 10-11 am  Adirondack Harvest Festival Family Social Westport 12-4pm  Live Well. Be Well. Family Social Schuyler Falls 1-5pm
<b>23</b> Support Group AND Youth Group Plattsburgh 5:15-6:45pm	<b>24</b>	<b>25</b> Fall Bingo & Games Respite Plattsburgh 4:30-7:30pm	<b>26</b> North Country Parenting Support Group Plattsburgh 10-11:30am	<b>27</b>	<b>28</b>
<b>30</b> Privacy Please: How to Teach Kids Personal Boundaries Plattsburgh 5-6:30pm					

## ADULT SUPPORT GROUPS & FAMILY SOCIALS

**NORTH COUNTRY PARENTING SUPPORT GROUP**— Join our Thursday morning support group from 10-11:30am to share ideas related to parenting! This will be open to any and all North Country parents. Child care and refreshments provided.

**ADULT SUPPORT GROUPS**— Join kinship & adoptive families on the second and fourth Mondays of the month to meet for a confidential and positive experience with other caregivers from 5:15-6:45pm! PIZZA and CHILD CARE provided. **\*9/9 OPWDD's Family Care Program will be presenting for the first 15 minutes\***

**AU SABLE SUPPORT GROUP W/ THERAPIST DEB DUBE**— Join kinship & adoptive parents for a relaxing morning to offer support and build bonds with others. Group will be held at Deb Dube's office at 14234 NYS Route 9N, Au Sable Forks from 10am-12pm on Saturday, 9/14. Light refreshments and child care available. Must call Katie to sign up if you require child care.

**TICONDEROGA SUPPORT GROUP**— Join fellow caregivers for support on Wednesday, 9/18 from 5-6:30pm at the Ticonderoga First United Methodist Church at 1045 Wicker Street. Park in the back. Dinner and child care will be provided. Please call Katie to sign up.

**FAMILY & STAFF MEET & GREET**— Want to come out to meet us and get more information about our agency and our programs? Come join us at the Whiteface Community United Methodist Church at 1169 Haselton Road in Wilmington on Saturday, 9/21 from 10-11am. Light refreshments and child care will be provided. Please call Katie to sign up.

**ADIRONDACK HARVEST FESTIVAL FAMILY SOCIAL**— Celebrate the Adirondack harvest with music, locally-produced food, and mingling with the farming community at the Essex County Fairgrounds in Westport. Come visit our table with a sensory table and crafts on Saturday, 9/21 from 12-4pm!

**LIVE WELL. BE WELL. FAMILY SOCIAL**— Join this community event, packed with lots of fun activities: volleyball, horseshoes, nature trail, yoga, music, massage available and local resources promoting wellness. Giveaways throughout the day, and food for the first 400 attendees. Come visit us at our table on Saturday, 9/21 from 1-5pm at Macomb Park in Schuyler Falls.

## Family Forever!

Serving Adoptive and Kinship  
Families in the North Country

Permanency Resource Centers

A Program of the  
Child Care Coordinating  
Council of the North Country



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Juliette Lynch ext. 103  
Katie Wilcox ext. 114 (Essex County)  
Caprice Johnson ext. 111 (Clinton  
County)  
Vickie Martineau

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## YOUTH GROUPS, RESPITES, YOUTH SUPPORT GROUPS, & EDUCATIONAL WORKSHOPS,

**YOUTH GROUP**— Youth meet on the second and fourth Mondays of the month from 5:15-6:45pm for some FRIENDSHIP, FUN, and PIZZA. Please call Katie to sign up. **\*9/9: the Master Gardeners. 9/23: Birds!\***

**POINT AU ROCHE NATURE WALK RESPITE**— Drop the kiddos off with us on Tuesday, 9/10 from 4-6pm at 19 Camp Red Cloud Road for a nature walk through Point Au Roche. Please wear sneakers and bring/wear bug spray. A snack will be provided. Please call Katie to sign up.

**LEGO/BUILDING RESPITE**— Bring the kids over to the Ticonderoga Community Room at 132 Montcalm Street in Ticonderoga to get creative in building with Legos, blocks, pipes, and more on Friday, 9/13 from 4:30-7pm. Dinner will be provided. Please call Katie to sign up.

**YOUTH TO YOUTH SUPPORT GROUP**— Teens and tweens will meet for a confidential experience with others going through similar situations. Come to feel inspired and empowered in a safe and friendly space - Stay for the new friends, activities, and support. **\*For grades 6-12\*** Monday, 9/16 from 5:15-6:45pm. Dinner will be provided. Please call Katie to sign up.

**MINDFUL KIDS RESPITE**— Children are welcomed to join us for an evening of play, art, and breathing activities designed to help them with self regulation, encourage creative expression, and develop self awareness through mindful play with our Deep Play for Kids certified staff, Juliette. **\*For grades 5 and under\*** Monday, 9/16 from 5:15-6:45pm. Dinner will be provided. Please call Katie to sign up.

**FALL BINGO & GAMES RESPITE**— Drop the kiddos off with us for a fun evening of fall games and BINGO with PRIZES on Wednesday, 9/25 from 4:30-7:30pm! Dinner will be provided. Please call Katie to sign up.

**PRIVACY PLEASE: HOW TO TEACH KIDS PERSONAL BOUNDARIES**— Come join Jami Rock and Scott McDowell from the Child Advocacy Center in a conversation based workshop. They will discuss what is developmentally and age appropriate in regards to personal boundaries and sexual behaviors. Then we will discuss what can be done about inappropriate behaviors. Dinner and child care will be provided. Must call Katie to register.