



Family Forever!
Kinship Families of the North Country in Clinton County
SEPTEMBER 2019



| Mon | Tues | Wed | Thurs | Fri | Sat |
|---|---|---|---|-----------|--|
| 2 CENTER CLOSED | 3 | 4 | 5 North Country Parenting Support Group 10-11:30am | 6 | 7 |
| 9 Support Group w/ OPWDD's Family Care Program AND Youth Group 5:15-6:45pm | 10 Point Au Roche Nature Walk Respite 4-6pm | 11 | 12 North Country Parenting Support Group 10-11:30am | 13 | 14 Au Sable Support Group 10am-12pm |
| 16 Youth to Youth Support Group AND Mindful Kids Respite 5:15-6:45pm | 17 | 18 | 19 North Country Parenting Support Group 10-11:30am | 20 | 21 Live Well. Be Well. Family Social Schuyler Falls 1-5pm |
| 23 Support Group AND Youth Group 5:15-6:45pm | 24 | 25 Fall Bingo & Games Respite 4:30-7:30pm | 26 North Country Parenting Support Group 10-11:30am | 27 | 28 Kinship Appreciation Dinner 6-8pm |
| 30 Privacy Please: How to Teach Kids Personal Boundaries 5-6:30pm | | | | | |

ADULT SUPPORT GROUPS & FAMILY SOCIALS

NORTH COUNTRY PARENTING SUPPORT

GROUP— Join our Thursday morning support group from 10-11:30am to share ideas related to parenting! This will be open to any and all North Country parents. Child care and refreshments provided.

ADULT SUPPORT GROUPS— Join kinship & adoptive families on the second and fourth Mondays of the month to meet for a confidential and positive experience with other caregivers from 5:15-6:45pm! PIZZA and CHILD CARE provided. ***9/9 OPWDD's Family Care Program will be presenting for the first 15 minutes***

AU SABLE SUPPORT GROUP W/ THERAPIST DEB

DUBE— Join kinship & adoptive parents for a relaxing morning to offer support and build bonds with others. Group will be held at Deb Dube's office at 14234 NYS Route 9N, Au Sable Forks from 10am-12pm on Saturday, 9/14. Light refreshments and child care available. Must call Katie to sign up if you require child care.

LIVE WELL. BE WELL. FAMILY SOCIAL— Join this community event, packed with lots of fun activities: volleyball, horseshoes, nature trail, yoga, music, massage available and local resources promoting wellness. Giveaways throughout the day, and food for the first 400 attendees. Come visit us at our table on Saturday, 9/21 from 1-5pm at Macomb Park in Schuyler Falls.

KINSHIP APPRECIATION DINNER— This is our time to appreciate and celebrate all that you do. Join us for a dinner, entertainment, and our guest speaker, Officer Brad Miller at St. Peter's Emmaus Room at 114 Cornelia Street on Saturday, 9/28 from 6-8pm. Child care will be

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Serving Adoptive and Kinship
Families in the North Country

Permanency Resource Centers

A Program of the
Child Care Coordinating
Council of the North Country



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YOUTH GROUPS, RESPITES, YOUTH SUPPORT GROUPS, & EDUCATIONAL WORKSHOPS

YOUTH GROUP— Youth meet on the second and fourth Mondays of the month from 5:15-6:45pm for some FRIENDSHIP, FUN, and PIZZA. Please call Katie to sign up. ***9/9: the Master Gardeners. 9/23: Birds!***

POINT AU ROCHE NATURE WALK RESPITE— Drop the kiddos off with us on Tuesday, 9/10 from 4-6pm at 19 Camp Red Cloud Road for a nature walk through Point Au Roche. Please wear sneakers and bring/wear bug spray. A snack will be provided. Please call Katie to sign up.

YOUTH TO YOUTH SUPPORT GROUP— Teens and tweens will meet for a confidential experience with others going through similar situations. Come to feel inspired and empowered in a safe and friendly space - Stay for the new friends, activities, and support. ***For grades 6-12*** Monday, 9/16 from 5:15-6:45pm. Dinner will be provided. Please call Katie to sign up.

MINDFUL KIDS RESPITE— Children are welcomed to join us for an evening of play, art, and breathing activities designed to help them with self regulation, encourage creative expression, and develop self awareness through mindful play with our Deep Play for Kids certified staff, Juliette. ***For grades 5 and under*** Monday, 9/16 from 5:15-6:45pm. Dinner will be provided. Please call Katie to sign up.

FALL BINGO & GAMES RESPITE— Drop the kiddos off with us for a fun evening of fall games and BINGO with PRIZES on Wednesday, 9/25 from 4:30-7:30pm! Dinner will be provided. Please call Katie to sign up.

PRIVACY PLEASE: HOW TO TEACH KIDS PERSONAL BOUNDARIES— Come join Jami Rock and Scott McDowell from the Child Advocacy Center in a conversation based workshop. They will discuss what is developmentally and age appropriate in regards to personal boundaries and sexual behaviors. Then we will discuss what can be done about inappropriate behaviors. Dinner and child care will