



Family Forever
 Adoptive & Guardianship Families of the North Country
 in Clinton County and Essex County
JUNE 2019



Mon	Tues	Wed	Thurs	Fri	Sat
					1 STAFF AWAY AT AFFCNY CONFERENCE
3 Support Group AND Youth Group Plattsburgh 5:15-6:45pm	4 The Worried Child Workshop Plattsburgh 5:30-7:30pm	5	6 North Country Parenting Support Group Plattsburgh 10-11:30am	7	8 CPR & First Aid Training Plattsburgh 8am-1pm
10 Youth to Youth Support Group AND Mindful Kids Respite Plattsburgh 5:15-6:45pm	11	12 Kickin Up Dust Farm Respite Schuyler Falls 4:30-6:30pm	13 North Country Parenting Support Group Plattsburgh 10-11:30am	14	15 Community Fun Day (Family Social) Port Henry 11am-2pm
17 Support Group AND Youth Group Plattsburgh 5:15-6:45pm	18	19	20 North Country Parenting Support Group Plattsburgh 10-11:30am Family Picnic Plattsburgh 5-7pm	21	22 Au Sable Support Group w/ Deb Dube, LCSW 10am-12pm
24 Rural Law Center Q&A Plattsburgh 6-8pm	25	26	27 North Country Parenting Support Group Plattsburgh 10-11:30am Blueberry Hill Respite Elizabethtown 1-4pm	28 Longest Day of Play Respite Plattsburgh 10am-1pm	29

ADULT SUPPORT GROUPS, EDUCATIONAL WORKSHOPS, & FAMILY SOCIALS

ADULT SUPPORT GROUPS— Join kinship & adoptive families on the first and third Mondays of the month to meet for a confidential and positive experience with other caregivers from 5:15-6:45pm! PIZZA and CHILD CARE provided.

THE WORRIED CHILD WORKSHOP— Come join Dr. Paul Foxman on Tuesday, 6/4 from 5:30-7:30 for a FREE workshop on recognizing anxiety in children and helping them to thrive. Limited child care available. Must call Katie or Courtney to sign up.

NORTH COUNTRY PARENTING SUPPORT GROUP— Join our Thursday morning support group from 10-11:30am to share ideas related to parenting! This will be open to any and all North Country parents. Child care and refreshments provided.

CPR & FIRST AID TRAINING— Come join Jamie Basiliere to get trained for FREE in pediatric, child, and adult first aid, CPR, and AED. Upon successful completion of the class, participants will have a 2 year certification card from the National Safety Council. Held on Saturday, 6/8 from 8am-1pm. Child Care can be available, NO meals provided. Must call Katie to register.

COMMUNITY FUN DAY (family social)— Come visit us at the Community Fun Day at the Moriah Central School at 39 Viking Ln, Port Henry on Saturday, 6/15 from 11am-2pm. Please see flyer for more details.

FAMILY PICNIC— Bring the family to Melissa Penfield Park at 139 Boynton Ave, Plattsburgh on Thursday, 6/20 from 5-7pm for a fun family evening of playing. Please bring a dish to share for the picnic! Please call Katie to sign up.

AU SABLE SUPPORT GROUP W/ THERAPIST DEB DUBE— Join kinship & adoptive parents for a relaxing morning to offer support and build bonds with others. Group will be held at Deb Dube's office at 14234 NYS Route 9N, Au Sable Forks from 10am-12pm on Saturday, 6/22. Light refreshments and child care available.

RURAL LAW CENTER Q & A— Come join Heidi Dennis, ESQ of the Rural Law Center for an evening of legal knowledge on Monday, 6/24 from 6-8pm. Come with questions! Child care available, NO meal provided. Please call Katie to sign up.



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YOUTH GROUPS, RESPITES, & YOUTH SUPPORT GROUPS

YOUTH GROUP— Youth meet on the first and third Mondays of the month from 5:15-6:45pm for some FRIENDSHIP, FUN, and PIZZA. Please call Katie to sign up. **6/3:** The Master Gardeners. **6/17:** Birds and wind socks!

YOUTH TO YOUTH SUPPORT GROUP— Teens and tweens will meet for a confidential experience with others going through similar situations. Come to feel inspired and empowered in a safe and friendly space - Stay for the new friends, activities, and support. ***For grades 6-12*** Monday, 6/10 from 5:15-6:45pm. Dinner will be provided. Please call Katie to sign up.

MINDFUL KIDS RESPITE— Children are welcomed to join us for an evening of play, art, and breathing activities designed to help them with self regulation, encourage creative expression, and develop self awareness through mindful play with our Deep Play for Kids certified staff, Juliette. ***For grades 5 and under*** Monday, 6/10 from 5:15-6:45pm. Dinner will be provided. Please call Katie to sign up.

KICKIN UP DUST FARM RESPITE— Drop the kids off with us at Kickin Up Dust Farm at 362 Peasleeville Rd, Schuyler Falls to visit with all the animals and therapy donkeys on Wednesday, 6/12 from 4:30-6:30pm! Time and weather permitting, we might take a nature walk over to Macomb Park as well. Please bring a bagged dinner and call Katie to sign up.

BLUEBERRY HILL RESPITE— First day of summer break?!? Drop the kiddos off with us for a hike at Blueberry Hill in Elizabethtown on Thursday, 6/27 from 1-4pm. Please dress appropriately and bring water, snack, sunscreen, and/or bug spray. Must call Katie to sign up. As it gets closer, we will notify you on which trail we will be hiking and which parking lot to drop off/pick up.

LONGEST DAY OF PLAY RESPITE— School's out! Feel free to drop the kids off with us for one of the Longest Day of Play activities on Friday, 6/28 from 10am-1pm. We will be playing relay races and field games. Please bring a bagged lunch, water, sunscreen, and call Katie to sign up.