



Family Forever!

Kinship Families of the North Country in Clinton County

MAY 2019



Mon	Tues	Wed	Thurs	Fri	Sat
		1	2 Annual Literacy Fest Family Social Plattsburgh 4:30-6:30pm	3	4
6 Support Group AND Youth Group Plattsburgh 5:15-6:45pm	7	8	9	10 Open Swim Respite Plattsburgh 5-7pm	11
13 Youth to Youth Support Group AND Mindful Kids Respite Plattsburgh 5:15-6:45pm	14	15 Long Point Nature Hike Respite Point Au Roche 4:30-7:30pm	16	17	18 Kids to Parks Family Social Point Au Roche 10am-3pm Bike Block Party Family Social Plattsburgh 10am-2pm
20 Support Group AND Youth Group Plattsburgh 5:15-6:45pm	21	22	23 Take Care of Yourself Workshop Plattsburgh 5:30-6:30pm	24	25
27 CENTER CLOSED	28	29	30	31 STAFF AWAY AT AFFCNY CONFERENCE Albany	

FAMILY SOCIALS & EDUCATIONAL WORKSHOPS

ANNUAL LITERACY FEST FAMILY SOCIAL— Come visit the Annual Family Literacy Fest on Thursday, 5/2 from 4:30-6:30 at the Champlain Centre Mall. This is a free event where there will be tables of make-it-take-it activities or art projects based on a children's book. There will also be entertainment from musician/artist, JOE FERRIS for the first hour and then making caricatures for the children for the second hour.

KIDS TO PARKS FAMILY SOCIAL— Bring the family out to the Nature Center at Point Au Roche State Park on Saturday, 5/18 from 10am-3pm. They will be celebrating Kids to Parks Day, a national day of outdoor play! Celebrate being a kid with fort building, fairy houses, mud play, obstacle courses, scavenger hunts, classic outdoor games... you name it!

BIKE BLOCK PARTY FAMILY SOCIAL— Come check out this FREE event to all families with youth age 8+ on Saturday, 5/18 from 10am-2pm at the Durkee Street Parking Lot in Plattsburgh to learn some of the basic skills needed for bicycle safety. Children 8+ can go through the safety course while the adults visit the Farmer's Market. Come visit and grab a bite to eat from the food trucks!

TAKE CARE OF YOURSELF WORKSHOP— Join Life Coaches Sally Meisenheimer and Michele Armani for an interactive session and learn how to take the first couple of steps that will help you actually sustain your next efforts at building a new habit to take care of you. Tuesday, 5/23 from 5:30-7pm. Light refreshments provided and child care available. Must call Katie to sign up.

AFFCNY CONFERENCE— The Adoptive and Foster Family Coalition of New York is hosting their 30th Annual New York State Foster Care and Adoption Conference that will be held on Thursday, May 30 – Saturday, June 1 at the Hilton Albany in Albany, NY. This year's conference topic is Transitions and Connections: Moving Forward on the Journey and Building Community Along the Way. To see the schedule, register, or apply for scholarships: please visit www.affcny.org/conference OR you can call Katie or Juliette for a limited number of hotel accommodations.



194 US OVAL / PO BOX 2640
PLATTSBURGH, NY 12901
518-561-4999

Juliette Lynch ext. 103
Katie Wilcox ext. 114
Caprice Johnson ext. 111

Follow us on Facebook:
www.Facebook.com/PermanencyResourceCenter

YOUTH GROUPS, RESPITES, ADULT AND YOUTH SUPPORT GROUPS

ADULT SUPPORT GROUPS— Join kinship & adoptive families on the first and third Mondays of the month to meet for a confidential and positive experience with other caregivers at the Child Care Council from 5:15-6:45pm! PIZZA and CHILD CARE provided.

YOUTH GROUP— Youth meet on the first and third Mondays of the month from 5:15-6:45pm for some FRIENDSHIP, FUN, and PIZZA. Please call Katie to sign up.
5/6: The Master Gardeners. **5/20:** Outdoor cleanup and field games.

OPEN SWIM RESPITE— Take a dip with us on Friday, 5/10 from 5-7pm at the Wellness Center's Open Swim Night! Located at 295 New York Road in Plattsburgh. NO DINNER provided. Please bring \$2 per child and must call Katie to sign up.

YOUTH TO YOUTH SUPPORT GROUP— Teens and tweens will meet for a confidential experience with others going through similar situations. Come to feel inspired and empowered in a safe and friendly space - Stay for the new friends, activities, and support. ***For grades 6-12*** Monday, 5/13 from 5:15-6:45pm. Dinner will be provided. Please call Katie to sign up.

MINDFUL KIDS RESPITE— Children are welcomed to join us for an evening of play, art, and breathing activities designed to help them with self regulation, encourage creative expression, and develop self awareness through mindful play with our Deep Play for Kids certified staff, Juliette. ***For grades 5 and under*** Monday, 5/13 from 5:15-6:45pm. Dinner will be provided. Please call Katie to sign up.

LONG POINT NATURE HIKE RESPITE— Join us for an evening nature hike down Long Point at Point Au Roche State Park on Wednesday, 5/15 from 4:30-7:30pm. Drop off and pick up at the second building on Camp Red Cloud Road (on the corner of Lee Ward Drive). Please dress comfortably, wear sneakers, and bring water, a bagged dinner, and (if you would like it) bug spray. Please call Katie to sign up.

AUSABLE SUPPORT GROUP W/ THERAPIST, DEB DUBE— NO GROUP THIS MONTH DUE TO MEMORIAL DAY. See you again in June!