Who To Call For Help

Your Pediatrician’s Office
UVHN at CVPH
Alice T. Miner Center for Women and Children

Lactation Clinic & Breastfeeding Classes
518-562-7142 (days)

Newborn Nursery
518-562-7770

Healthy Families of the North Country
Clinton and Franklin Counties
518-563-8206 x150

Clinton County Health Department
518-565-4848

Nature’s Way Baby Café®
63 Broad Street, Plattsburgh, NY
518-562-7142

La Leche League of Plattsburgh
lliplattsburgh.wix.com/
lliplattsburgh
Facebook.com/lllPlattsburgh

Women Infants and Children (WIC) Breastfeeding

Coordinators and Peer Counselors
(for WIC participants)

Clinton County
518-565-4830

Essex County
518-873-3560

Franklin County
518-483-4262

Public Health Nurses

Clinton County
518-565-4848

Essex County
518-873-3500

Saranac Lake & Tupper Lake
518-891-4471

Franklin County
518-481-1709

Trusted Websites

Stanford School of Medicine
Getting Started with Breastfeeding
http://newborns.stanford.edu/Breastfeeding

NYS WIC Breastfeeding Program
www.breastfeedingpartners.org

Medications and Breastfeeding
Dr. Thomas Hale
www.MommyMeds.com

Kelly Mom Parenting and Breastfeeding Site
www.kellymom.com

LLL International
1-877-4-LA LECHE
www.lalecheleague.org

Baby Café USA®
www.babycafeusa.org

For breast pump information, contact your insurance company.