Who to call for help

Glens Falls Hospital
Joyce Stock Snuggery

Lactation Clinic 518-926-6104
Newborn Nursery 518-926-6090

Washington County
Maternal Child Health
518-746-2100

Women Infants & Children (WIC)
Breastfeeding Coordinators & Peer Counselors

Washington County 518-746-2460
Warren County 518-761-6425
Essex County 518-873-3560

Public Health Nurses

Washington County 518-746-2100
Warren County 518-761-6425
Essex County 518-873-3500

For more information, call your pediatrician’s office.

Provided by the Clinton County Health Department’s Creating Breastfeeding Friendly Communities Grant

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Trusted Websites

Stanford School of Medicine
Getting Started with Breastfeeding
http://newborns.standford.edu/Breastfeeding

International Breastfeeding Center
www.nbci.ca

NYS WIC Breastfeeding Program
www.breastfeedingpartners.org

Drugs and Breastfeeding
Dr. Thomas Hale
www.MommyMeds.com
LactMed

Kelly Mom Parenting and Breastfeeding Site
www.kellymom.com

For Breast Pump information
www.ameda.com or www.medela.com

LLL International
1-877- 4-LA LECHE
www.lalecheleague.org