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# YEAR ROUND SATURDAY MINI MARKET

PRE-ORDERS ONLY BY THURSDAY AT 10AM | PICK-UP SATURDAY 9AM-1 PM

PH: 847.965.4094 | E: mattg@cateredbydesign.com



## Menu for January 16, 2021

### CHEF ENTREES OF THE WEEK

#### MEATBALLS WITH POMODORO

10.50 - (8) pieces per pack

#### EGGPLANT & SPINACH ROLLATINI | V

9.50 - (4) pieces per pack

#### CHICKEN PARMESAN

11.50 - (4) pieces per pack

#### CHICKEN VESUVIO

12.95 - (6) pieces per pack

#### BEEF STROGANOFF

Mushrooms, Fresh Thyme, Dijon Mustard, Sour Cream

24.00 - (2-3) servings per pack

#### TRADITIONAL LASAGNA

12.95 - (2) pieces per pack

#### VEGAN MOROCCAN-SPICED GRILLED TOFU WITH MOROCCAN BARLEY & CHICKPEA SALAD | V | DF | VGN | GF

Grilled Tofu, Tuxedo Barley with Chickpeas, Cumin-roasted Carrots,  
Pistachios, Dried Apricots, Green Onion & Pickled Red Onions

12.50 - (2-3) servings per pack

### CHEF MEAL KIT OF THE WEEK

#### PULLED PORK

#### HOUSE-MADE POTATO ROLLS

#### COLESLAW (for sandwiches)

29.95 (3-4) servings per pack

### INDIVIDUAL ENTRÉE SALADS

#### MANDARIN CHICKEN SALAD | GF

Grilled Chicken, Romaine Lettuce, Mandarin Oranges, Sliced Strawberries,  
Scallions, Toasted Almonds, Toasted Sesame Vinaigrette

12.95

### LOW-CARB OPTIONS

#### EVERYTHING "BAGEL" EGGS | GF

5.00 - (4) pieces per pack

#### STEAK & EGG BIBIMBAP BOWL

Julienne Carrot & Cucumber, Seared Mushrooms  
Cauliflower "Rice"

15.95 - (1) serving

#### LEMON PROTEIN BALLS | V | GF | DF | VGN

8.50 - (6) pieces per pack

### CHEF SIDE DISHES OF THE WEEK

#### SAVORY WILD RICE BLEND | V | GF | DF | VGN

White & Wild Rice with Herbs & Vegetable Stock

6.50 - (4-5) servings per pack

#### EGG NOODLES | V

6.50 - (4-5) servings per pack

#### RUBY-RED SWEET POTATOES & FRESH SPINACH | V | GF | DF | VGN

Red Onion, EVOO & Herbs

11.50 - (4-5) servings per pack

#### SWEET PEAS, MUSHROOMS & ONIONS | V | GF | DF | VGN

6.50 - (4-5) servings per pack

#### MARINARA SAUCE | V | GF | DF | VGN

4.50 - pint

#### CREAMY VEGAN TOMATO BASIL SOUP | V | GF | DF | VGN

8.50 - pint

#### MINISTRONE

8.50 - pint

### BREADS

#### FOCACCIA | V

Tomato, Basil & Mozzarella

7.50 - per tray

#### BAKED OATMEAL WITH BERRIES | V

5.50 - (6) pieces per pack

### CHIP & DIP BASKETS

#### TUNA POKE W/LOTUS & TARO CHIPS | GF | DF

11.75

#### HOUSE-MADE SWEET POTATO CHIPS & CHIPOTLE RANCH DIP | V

5.50

#### HOUSE-MADE SWEET POTATO CHIPS BY THE POUND | V | GF | DF | VGN

Lg. Bag - 10.75 - Sm. Bag - 5.50

#### CHIPOTLE RANCH DIP | V

4.50 - 8 fl oz

### SALADS & QUICHES

#### SWEET & SAVORY SALAD KIT | V | GF | CN

Field Greens, Strawberries, Sliced Red Onion, Mild Cayenne Candied  
Pecans, Crumbled Goat Cheese & White Balsamic Vinaigrette

11.00 - (3-4) servings per pack

#### LORRAINE QUICHE - INDIV (PAR-BAKED) | GF

5.00 - (2) 4 oz pieces

#### GARDEN QUICHE - INDV (PAR-BAKED) | V | GF

5.00 - (2) 4 oz pieces



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## INDIVIDUAL KIDS SNACK PACKS

### PACK #1

Pancake & Sausage Sliders (2 pieces)  
Fresh Cantaloupe  
Maple Syrup Yogurt Dip  
4.50

### PACK #2

Nutella & Banana "Sushi" (4 pieces)  
Fresh Grapes  
Cucumber "Sushi" (2 pieces)  
5.00

## APPETIZERS

**VEGETARIAN EGG ROLLS | V**  
Sweet & Sour Sauce  
11.00 - (6) pieces per pack

**ASPARAGUS & ASIAGO | V**  
Phyllo Dough  
13.00 - (6) pieces per pack

## SWEETS

**CHEESE BLINTZES | V**  
Strawberry Compote, Sour Cream  
8.50 - (6) pieces per pack

**MANGO CURD BARS | V**  
8.50 - (6) pieces per pack

**CHOCOLATE PEANUT BUTTER BROWNIES | V**  
8.50 - (6) pieces per pack

## ICE CREAM & SORBET

**PEAR & ROSEMARY SORBET | V | GF | DF | VGN**  
4.50 - pint

## "DAY OF" SPECIALS AVAILABLE

V Vegetarian | GF Gluten Free | CN Contains Nuts | DF Dairy Free | VGN Vegan

**TO PLACE A PRE-ORDER** Call 847-965-4094 or email Matthew at [mattg@cateredbydesign.com](mailto:mattg@cateredbydesign.com)

Pre-orders must be placed by 10am on Thursdays each week to be picked up on Saturday from 9am-1pm. Delivery is available at an additional fee. Prices are subject to current sales tax.