

## 2019 USATF Youth Outdoor Championship

Durham, NC

Last Updated 2.26.19

### Tuesday, June 25, 2019

<b>8:00 AM</b>	Heptathlon									15-16G		17-18W		Day 1
	100m Hurdles													
	High Jump													
	Shot Put													
	200m													
<b>8:00 AM</b>	Hammer										15-16 B			Final
<b>8:45 AM</b>	Pentathlon *						13-14G	13-14B						Final
	100m Hurdles													
	Shot Put													
	High Jump													
	Long Jump													
<b>9:30 AM</b>	Decathlon										15-16B		17-18M	Day 1
	100m													
	Long Jump													
	Shot Put													
	High Jump													
<b>10:00 AM</b>	2000m Steeplechase									15-16G		17-18W		Final
	2000m Steeplechase										15-16B		17-18M	Final
<b>10:30 AM</b>	Hammer												17-18M	
<b>11:00 AM</b>	3000m Race Walk						13-14G	13-14B						Final
<b>12:00 PM</b>	3000m Race Walk								15-16G		17-18W			Final
<b>1:00 PM</b>	3000m Race Walk									15-16B		17-18M	Final	
<b>1:30 PM</b>	Hammer											17-18W		
<b>2:00 PM</b>	1500m Race Walk				9-10G	9-10B								Final
<b>3:00 PM</b>	1500m Race Walk						11-12G	11-12B						Final
<b>4:00 PM</b>	Hammer									15-16G				

\* Boys will compete first due to hurdle, then girls

### Wednesday, June 26, 2019

<b>8:00 AM</b>	Decathlon										15-16B		17-18M	Day 2
	110m													
	Hurdles													
	Discus Throw													
	Pole Vault													
	Javelin Throw													
	1500m													
<b>8:45 AM</b>	Pentathlon					11-12G	11-12B							Day 2
	80m Hurdles													
	Shot Put													
	High Jump													
	Long Jump													
<b>9:00 AM</b>	800m/1500m													
	Heptathlon									15-16G		17-18W		Day 2
	Long Jump													
	Javelin Throw													
<b>10:00 AM</b>	800m													
	4x800m Relay					11-12G	11-12B							Final
<b>11:00 AM</b>	4x800m Relay							13-14G	13-14B					Final
<b>11:30 PM</b>	Triathlon				9-10G	9-10B								Final
	Shot Put													
	High Jump													
	200m/400m													
<b>12:00 PM</b>	4x800m Relay									15-16G	15-16B			Final
<b>1:00 PM</b>	4x800m Relay											17-18W	17-18M	Final

**Thursday, June 27, 2019**

<b>8:00 AM</b>	Long Jump	7-8G																	Final
<b>8:00 AM</b>	Triple Jump								13-14B										Final
<b>8:00 AM</b>	3000m																	17-18M	Final
<b>8:00 AM</b>	3000m												15-16B						Final
<b>8:00 AM</b>	Shot Put												15-16B						Final
<b>8:00 AM</b>	Discus												15-16G						Final
<b>8:00 AM</b>	High Jump								11-12B										Final
<b>9:00 AM</b>	Pole Vault											13-14G							Final
<b>9:00 AM</b>	800m	7-8G	7-8B	9-10G	9-10B														1st round
<b>9:45 AM</b>	800m							11-12G	11-12B	13-14G	13-14B								1st round
<b>10:30 AM</b>	Discus																	17-18M	Final
<b>10:45 AM</b>	800m												15-16G	15-16B	17-18W	17-18M			1st round
<b>11:00 AM</b>	Long Jump													15-16B					Final
<b>11:00 AM</b>	Triple Jump												15-16G						Final
<b>11:00 AM</b>	Shot Put											13-14B							Final
<b>11:00 AM</b>	High Jump																17-18W		Final
<b>11:30 AM</b>	200m	7-8G	7-8B	9-10G	9-10B									15-16G	15-16B	17-18W	17-18M		1st round
<b>12:30 PM</b>	200m							11-12G	11-12B	13-14G	13-14B								1st round
<b>1:00 PM</b>	Pole Vault										13-14B								Final
<b>1:30 PM</b>	Javelin Throw													15-16B					Final
<b>1:30 PM</b>	200m												15-16G	15-16B	17-18W	17-18M			1st round
<b>2:00 PM</b>	Shot Put																17-18W		Final
<b>2:00 PM</b>	Long Jump																		Final
<b>2:00 PM</b>	High Jump																		Final
<b>2:00 PM</b>	Triple Jump																		Final
<b>2:30 PM</b>	4x400m Relay	7-8G	7-8B	9-10G	9-10B														1st round
<b>3:30 PM</b>	4x400m Relay							11-12G	11-12B	13-14G	13-14B								1st round
<b>4:00 PM</b>	Javelin Throw													15-16G					Final
<b>4:30 PM</b>	4x400m Relay													15-16G	15-16B	17-18W	17-18M		1st round

**Friday, June 28, 2019**

<b>8:00 AM</b>	Long Jump				9-10G														Final
<b>8:00 AM</b>	Triple Jump										13-14G								Final
<b>8:00 AM</b>	100m	7-8G	7-8B	9-10G	9-10B														1st round
<b>8:00 AM</b>	Shot Put													15-16G					Final
<b>8:00 AM</b>	Javelin Throw																	17-18M	Final
<b>8:00 AM</b>	High Jump											13-14B							Final
<b>9:00 AM</b>	100m							11-12G	11-12B	13-14G	13-14B								1st round
<b>9:00 AM</b>	Pole Vault														15-16B				Final
<b>10:00 AM</b>	100m													15-16G	15-16B	17-18W	17-18M		1st round
<b>10:30 AM</b>	Javelin												13-14B						Final
<b>11:00 AM</b>	1500m										13-14G	13-14B	15-16G	15-16B	17-18W	17-18M			1st round
<b>11:00 AM</b>	Shot Put																	17-18M	Final
<b>11:00 AM</b>	High Jump																		Final
<b>11:00 AM</b>	Long Jump																		Final
<b>11:00 AM</b>	Triple Jump																	17-18W	Final
<b>12:15 PM</b>	400m	7-8G	7-8B	9-10G	9-10B														1st round
<b>1:00 PM</b>	Pole Vault													15-16G					Final
<b>1:15 PM</b>	400m							11-12G	11-12B	13-14G	13-14B								1st round
<b>1:30 PM</b>	Javelin Throw											13-14G							Final
<b>2:00 PM</b>	Shot Put							11-12G											Final
<b>2:00 PM</b>	High Jump																	17-18M	Final
<b>2:00 PM</b>	Long Jump																		Final
<b>2:00 PM</b>	Triple Jump																		Final
<b>2:30 PM</b>	400m													15-16G	15-16B	17-18W	17-18M		1st round
<b>3:30 PM</b>	4x100m Relay	7-8G	7-8B	9-10G	9-10B														1st round
<b>4:00 PM</b>	Javelin Throw																	17-18W	Final
<b>4:15 PM</b>	4x100m Relay							11-12G	11-12B	13-14G	13-14B								1st round
<b>5:00 PM</b>	4x100m Relay													15-16G	15-16B	17-18W	17-18M		1st round

