

2019 USATF Youth Championship Starting Heights

High Jump

10 cm below 2019 Performance Standard (Rule 302.5(o))

	High Jump
9-10 Girls	1.00m
11-12 Girls	1.20m
13-14 Girls	1.30m
15-16 Girls	1.40m
17-18 Women	1.45m

	High Jump
9-10 Boys	1.00m
11-12 Boys	1.20m
13-14 Boys	1.45m
15-16-Boys	1.60m
17-18 Men	1.70m

Pole Vault

30 cm below 2019 Performance Standard (Rule 302.5(o))

	Pole Vault
13-14 Girls	2.05m
15-16 Girls	2.25m
17-18 Girls	2.65m

	Pole Vault
13-14 Boys	2.45m
15-16 Boys	3.20m
17-18 Boys	3.80m