

PERIODONTAL RISK ASSESSMENT QUESTIONNAIRE

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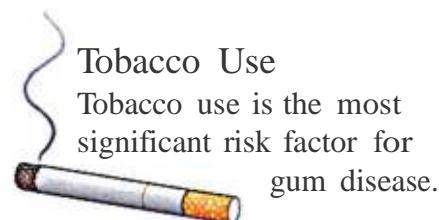
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Name: _____ Date: _____

Do you now or have you ever used:

Amounts per day

- Cigarette _____
 Cigar _____
 Pipe _____
 Chewing _____



Blood Sugar



Diabetes

Gum disease is a common complication of diabetes.
Untreated gum disease makes it harder for patients with diabetes to control their blood sugar.



Heart Attack/Stroke

Untreated gum disease may increase your risk for heart attack or stroke.

Medications

A side effect of some medications can cause changes in your gums.



Family History/

Genetics

The tendency for gum disease to develop can be inherited.



IF YOU ARE A PATIENT WHO HAS DIABETES:

Is your diabetes under control? Yes No

Are you prone to diabetic complications? Yes No

How do you monitor your blood sugar? _____

Who is your physician for diabetes? _____

IF YOU ARE NOT A PATIENT WHO HAS DIABETES:

Any family history of diabetes? Yes No

Have you had any of these warning signs of diabetes?

- Frequent urination Excessive thirst
 Excessive hunger Weakness and fatigue
 Slow healing of cuts Unexplained weight loss

Do you have any risk factors for heart disease or stroke?

- Family history of heart disease Obesity
 High Cholesterol High blood pressure

If you have any of these risk factors it is especially important for you to always keep your gums healthy.

Are you taking or have you ever taken any of the following medication:

- Antiseizure medications. (such as Dilantin, Tegretol, Phenobarbital, etc.)
 Yes No
 Calcium Channel Blocker blood pressure medication. (such as Procardia, Cardizem, Norvasc, Verapamil, etc.)
Other: _____
 Immunosuppressant therapy (such as Prednisone, Azathioprine, Cyclosporins, Corticosteroids [asthma-inhalers], etc.)
Other: _____

Is there an immediate family member(s) who currently has or had gum problems in the past? (e.g. your mother, father, or siblings):

- Yes No

PLEASE COMPLETE OTHER SIDE



Heart Murmur, Artificial Joint Prostheses

If you have even the slightest amount of gum inflammation, bacteria from the mouth can enter the bloodstream and may cause a serious infection of the heart or joints.



Females

Females can be at increased risk for gum disease at different points of their lives.

Women Women with osteoporosis have a great risk for periodontal bone loss.



Stress

High levels of stress can reduce your body's immune defense.

Nutrition

Your diet has the potential to affect your periodontal health.



Have you noticed any of the following signs of gum disease?

- | | |
|--|--|
| <input type="checkbox"/> Bleeding gums during toothbrushing | <input type="checkbox"/> Pus between the teeth and gums |
| <input type="checkbox"/> Red, swollen or tender gums | <input type="checkbox"/> Loose or separating teeth |
| <input type="checkbox"/> Gums that have pulled away from the teeth | <input type="checkbox"/> Food catching between teeth |
| <input type="checkbox"/> Persistent bad breath | <input type="checkbox"/> Change in the way your teeth fit together |

Is it important to keep your teeth for as long as possible?

Yes Not really

If you have missing teeth, why have you not had them replaced? _____

Do you have a heart murmur or artificial joint?

Yes No

If so, does your physician recommend antibiotics prior to dental visits?

Yes No

Name of physician? _____

If you answered yes, it is especially important to always keep your gums as healthy and inflammation-free as possible to reduce the chance of bacterial infection originating from the mouth.

The following can adversely affect your gums. Please check all that apply:

- Pregnant
- Nursing
- Menopause
- Taking birth control pills
- Infrequent care during previous pregnancies

Females:

Do you take any of the following:

- Estrogen replacement therapy/hormone replace therapy (such as Prempro, Premarin, Premphase, Fosamax, Actonel, Evista, Forteo, etc.)

Other: _____

Are you under a lot of stress?

Yes No

Do you find it difficult to maintain a well-balanced diet?

Yes No

**We care about your health.
Our goal is to protect your periodontal health.**