



Through the light of God we grow

Manston St James Primary Academy

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Executive Principal: Mrs H Pratten
Headteacher: Mrs A Dunn

30th September 2019

Dear Parents/Carers

On Tuesday 8th October we have a company coming in to school to deliver a workshop to our year 6 pupils entitled 'Resilience Rocks'.

Resilience Rocks is an activity and music-based workshop to teach Year 6 pupils how to be more mentally resilient and support them to develop techniques to help them deal with pressure. We will also be joined by BBC Radio Leeds who will be providing some media coverage of this workshop and will be interviewing some pupils and staff after the workshop.

The company leading the workshop recognises the importance of engaging with parents therefore we would like to invite you to attend the workshop on Tuesday 8th October, 09.30am – 11.30am.

Please complete the attached reply slip before Thursday 3rd October.

Yours sincerely

Ashleigh Dunn
Headteacher

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To: School Office

Child's Name _____ Class _____

I give permission for my child to be interviewed by BBC Radio Leeds following the Resilience Rocks workshop *please tick

I would like to attend the Resilience Rocks workshop on Tuesday 8th October * please tick

Signed _____ Date _____

