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Appt date: \_

## Appt. time: You have been scheduled for a Cystoscopy (Using Flexible Cystoscope)

## **Description of procedure**

Cystoscopy is a procedure that is used to visually inspect the bladder and the urethra (the tube leading out of the bladder). This can be done in most instances without discomfort with the use of a local anesthetic jelly (needless injection).

You will be positioned to lie flat on a table, the genital area will be sterilized, and a local anesthetic will be placed into the urethra. The cystoscope (a thin lighted tube through which the urologist can examine the bladder and urethra) is passed into the bladder and the procedure is performed.

After the procedure, you may experience a little discomfort with voiding, and possibly some blood in the urine for day or longer. These are normal side effects. Drinking plenty of water after the procedure will sooth the irritation.

## Possible risks of procedure

After this type of procedure a small risk of infection may occur. If new symptoms of fever, chills, or heavy bleeding occur after the procedure, please call us.

## **Preparation for procedure**

No prep is needed, nor is there a diet restriction.

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