

Aqua Energy Gym Communication Board

Exercise Bike



Step Machine



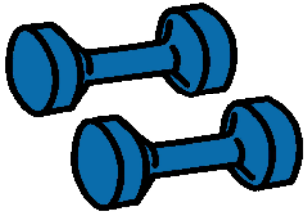
Treadmill



Press Machine



Weights



Rowing Machine



Fitness Class



Swiss Ball



Yes



Eat



Drink



No





Gym Communication Aid Instructions

- 1. Please offer to the client a choice of the activities that are available, please check that they are wearing the appropriate clothing and have the appropriate gym gear with them before offering any choices.**
- 2. Make sure you give the client time to respond to you, sometimes it might be helpful to count to 10 in your head so that you have allowed time.**
- 3. The client might point, look or smile in response to the choices.**
- 4. Make sure they know how to use the equipment properly and how to set it up. Give them assistance if needed.**

