



LÄCHELN DER STEPPE
MONGOLEI REISEN

Individual Journey through Mongolia

June 27th - July 15th, 2023

Exclusive experience and adventure trip
through **Central Mongolia** and
Northern Mongolia



Altansuvd Gongor

Your hostess

Dear interested parties,

I have been organizing experience and adventure trips in Mongolia since 2006. With me you will experience the life of the nomads up close and immerse yourself in the nomadic culture.

The wide steppe is waiting for you.



Warm greetings,

Suvdaa

Your hostess



Day 1: June 27th

Flight from Germany to Mongolia

Individual flight to Ulaanbaatar, the capital of Mongolia.

Day 2: 28. Juni

Arrive in Mongolia, early morning in Ulaanbaatar

Gandan Tegchilen Temple, City Tour, Concert.

The Buddhist temple “Gandan Tegchilen” is one of the most important Buddhist centers in Mongolia. The temple was built around 1727 and has several facilities such as Buddhist school, philosophical school, artist workshops etc.

Here stands the 26 meter tall statue of the goddess Migjid Janraisig. Sightseeing in the city center, in the evening we will visit a concert with traditional Mongolian music.



Day 3: June 29th

Khustain Nuruu National Park

Khustain Nuruu National Park covers 506 km² of land that is home to countless species of plants, lichens, moss and fungi. In addition to the rehabited Przewalski's horses (takhi), 44 species of mammals are recorded, including Altai wapiti, Mongolian gazelle, roe deer, wild boar, wild sheep, ibex, Mongolian marmot, gray wolf, Eurasian lynx, Pallas's cat, red fox, corsac fox and Eurasian badgers. Among the 217 bird species are golden eagles, bearded vultures, the great bustard, whooper swans, black storks, Daurian partridges and little owls.

Day 4: June 30th

Sand dunes with trees and the rocky mountains of Khugnu Khan.

A very idyllic landscape with rocky mountains and trees. One can hike here on the mountain, enjoy a magnificent view of the vast steppe and take in the breathtaking silence. We will visit nomadic families and ride camels.



Day 5-7: July 1st to July 3rd

The Orkhon Valley, which for centuries was the centre of the Mongol Empire

Kharakorum Museum, Erdene Zuu Temple, Turtle Rock.

Karakorum was founded by Chinggis Khan in 1220. Due to its tolerant attitude towards everything new and unknown, the capital Karakorum in the 13th century not only became the control center of the imperial administration and a center of trade, but also a melting pot of different religions, cultures and people. In the Karakorum Museum you can marvel at the history of the Mongolian people in the Orkhon Valley. We will visit the first Buddhist temple in Mongolia (1586), located just outside the city of Karakorum, the capital of the medieval Mongol Empire.

Orkhon Waterfall

The most famous waterfall in Mongolia “Ulaan tsutgalan” is the Orkhon waterfall, which falls from a height of more than 20 meters into the canyon. We stay three days with a nomadic family and experience daily nomadic life. Milking mares and yaks, making dairy products, etc. We ride from the nomad family to the waterfall and back, about 4-5 hours.



Day 8: July 4th

Temple Tuvkhun

We cross beautiful edelweiss steppes, wide rivers and reach the Tuvkhun Temple, 600 m above sea level, via mountains and valleys.

Tuvkhun Hiid Temple was built around 1653 and is also called the “Land of Happy Solitude” as it served as a sanctuary of meditation for the first Mongolian Buddhist saint Undur Gegeen Zanabazar, “Great Enlightened One”.





In this temple he developed the Soyombo script and made his most famous works, the portraits of the five Dhyana Buddhas and the sculptures of the 21 Taras. The Soyombo symbol still adorns the national flag of Mongolia today and represents the history, tradition and independence of the Mongols. He is considered the greatest Buddhist sculptor of his time.

The monastery is in an excellent location on one of the mountains covered with rich forests on a cliff. It is extremely significant culturally and has been declared a World Heritage Site by UNESCO.

Tsenkher hot spring

The hot spring has been used as medicinal water for centuries and contains sulfur and silicic acid. It rises at the foot of a mountain covered with conifers (1860 meters above sea level), at a temperature of 86 degrees Celsius, up to 10 liters per second.



Day 9-10: July 5th to July 6th

The white lake (Terkhiin Tsagaan Nuur)

The Terkhiin Tsagaan Nuur is surrounded by the Khangai mountain range and is close to the famous Khorgo volcano. We hike across lava fields, up to the 2,600 meter high Khorgo crater with a beautiful view down. Overnight at the lake.



Day 11: July 7th

Zuun Nuur.

Zuun Nuur is a beautiful small salt water lake which is a paradise for birds. It is about 2000 meters above sea level and can be very cold in the evenings even in the summer.



Day 12-13: July 8th to July 9th

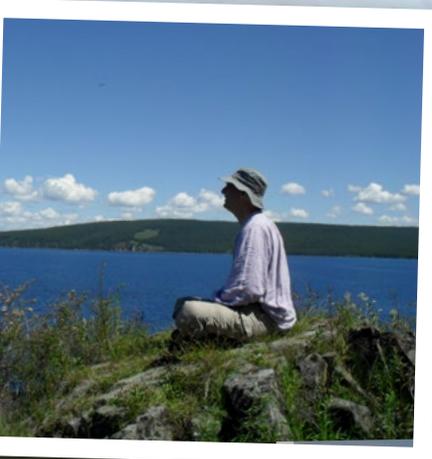
The deer stones in Uushgiin Uvur.

Uushgin Uvur is a famous archaeological site where 14 deer stones and many kirigsuur (ancient square or round tombs) lie.

Deer stones are stone stelae (0.5m to 3m high) carved as deer, bow, horse, knife, moon, sun, jewellery, belt, etc., dated around 1000 BC in the Bronze Age by the nomads on the Mongolian steppe. Deer and reindeer are central figures in shamanism.

The Khuvsgul Lake (Dalai eej)

Dalai eej (Ocean Mother) is the largest freshwater lake by volume and the second largest lake by area in Mongolia. It is 136 kilometers long and up to 262 meters (average 135 meters) deep and lies at 1,645 meters above sea level in northern Mongolia, surrounded by several mountain ranges with a South Siberian taiga larch forest. 46 rivers flow into Lake Khuvsgul and only the Egiin gol River drains and flows into the Selenge River, which flows into Lake Baikal.



Day 14-15: July 10th to July 11th

Naadam Festival in Bulgan

Wrestling:

Wrestling is not classified by weight or age. If you touch the ground on your elbows, knees, head or body, you lose.

Horse race:

You train your fastest horses for days before the race. There are 6 races:

- two-year-old horses: Daaga, (distance: about 10 km)
- three-year-old horses: Shudlen, (distance: about 15 km)
- four-year-old horses: Hyzaalan, (distance: about 18 km)
- five-year-old horses (are the strongest): Soyolon (distance: about 20 km) • stallions (distance: about 20 km)
- adult horses (distance: about 25 km)

Horses are ridden by girls and boys aged 6-13 years (average 6-8 years).

Archery:

The men (100 meters away) and the women (80 meters away) shoot with a bow.



The extinct volcano Uran Togoo

The volcano, which erupted about 25 thousand years ago, is surrounded by extraordinarily rich fauna and flora. A hike through the Edelweiss steppe to the extinct volcano covered with conifers. In the middle of the crater is a small lake with rich vegetation.



Uran Togoo with its variety of plants, birds, insects and wildlife was declared a nature reserve in 1995 with an area of 5800 hectares. There are numerous large khirigsuur in the vicinity of Uran Togoo.



Day 16-17: July 12th to July 13th

The Temple of Amarbayasgalant

Amarbayasgalant (Translated: With the Tranquil Bliss) is a nearly 300-year-old beautiful Buddhist temple in northern Mongolia. Of the original 50 temples, 28 survived to this day and were protected in 1943 and declared a World Heritage Site by UNESCO in 1996.

Currently 30 monks live in the newly restored monastery. We can participate in prayer sessions.



Day 18: July 14th

Free day in Ulaanbaatar. Shopping and activities of your choice.

Day 19: July 15th

Departure. Transfer to airport



Interested?

www.smile-of-the-steppe.com

Additional Information

Costs

The trip costs:

2650,- € per person with 8 participants
2780,- € per person with 6 participants
3170,- € per person with 5 participants
3720,- € per person with 4 participants
3280,- € per person with 3 participants
4420,- € per person with 2 participants

Included in the price:

- ✓ Airport transfer
- ✓ Two nights in a hotel double room including breakfast in UB
- ✓ Land Cruiser Jeep rides
- ✓ All transfers within Ulaanbaatar
- ✓ Overnight stays outside of Ulaanbaatar in the Mongolian ger (bring your own sleeping bag and sleeping pad)
- ✓ Meals: A Mongolian cook accompanies us on the tour. The food is cooked only with natural ingredients of the highest quality. Grains and vegetables grown on the Mongolian highlands. Meat and dairy products from farm animals that graze freely in all 4 seasons on the endless wide landscapes where over 500 different herbs, medicinal plants and grasses grow wild.
- ✓ Water, tea and coffee during the tour
- ✓ Entrance to the nature reserves and other entrance fees
- ✓ Camel rides and horse rides

Not included in the price:

- International travel
- Visa fee (German citizens do not need a visa)
- Personal expenses (extra drinks on the tour, food in Ulaanbaatar, souvenirs...)
- Single room surcharge in the hotel €160
- Travel insurance (please take care of this yourself before you travel)

Subject to change

Need more information?

If you need more information, contact me. For every question you will get an extensive answer.

Suvdaa

suvdaa@smile-of-the-steppe.com

www.smile-of-the-steppe.com

Telephone and WhatsApp: 00976 86682403