

Strawberry Crunch

Preparation: 5 mins

Cooking: mins

Serves 4, costs under £2.00



vegetarian



Ingredients

- 8 Strawberries (96g)
- 2 Digestive biscuits (30g)
- 4 Tablespoon Ricotta cheese (160g)

Allergy Disclaimer

Always check the label of each ingredient for allergy warnings.

Time Saver Tips

Prepare in advance and keep refrigerated until ready to serve.

Cost Saver Tips

Use any soft fruit available and in season.

Tips for Kids

Try with their favourite fruit. Fruit can be served on top or on the side if preferred.

Nutritional Information

Based on a single serving of 71g

Energy
99.00 kcals
417.00 kJ

Fat
6.00g

Saturates

3.50g

Sugar

3.20g

Salt

0.20g

Method

1. Wash strawberries and then chop into small pieces.
2. In a bowl mix ricotta cheese and strawberries together gently.
3. Divide into portions and crumble digestive biscuit on top then serve.

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