



Phone Check-in Summary:

15 phone check-ins completed
 General Assessment of ADLs completed
 No reports of significant changes

ADLs = Activities of Daily Living

PCP = Primary Care Physician

Rx = Prescriptions

Reminders provided for

- Medical Appointments
- Bill Paying Responsibilities
- Medications



Video Chat Summary:

4 video chats completed
 General Assessment of ADLs completed
 No reports of significant changes

Reviewed

- Medical Appointments
- Bill Paying Responsibilities
- Self-reported socialization and activities

Assessed

- Personal Hygiene
- Activity Levels
- Nutrition

Discussed

- Medications
- Nutrition
- Activity Levels



Key Points:

- PCP: November 19, 2018 at 10am
Transportation Arranged
- Improved eating
- Increased Socialization - Sewing Club
- ADL Concern: Laundry - Discussed new strategies to assist

2018 NOVEMBER						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2 Rx Refill	3
4 Visiting Daughter in Cleveland	5	6	7 Sewing Club	8 Water Bill	9	10
11	12	13 Electric Bill	14 Sewing Club	15	16	17
18	19 PCP	20	21 Sewing Club	22	23 Gas Bill	24
25	26	27	28 Sewing Club	29 Cable Bill	30	1

Well-being Monitoring

App Questions (self-report)

Medications (days)

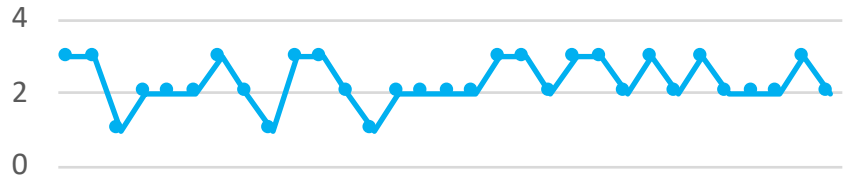


■ Yes
■ No

- Reported not taking 1 out of 3 medications for 2 days
- Reviewed: ran out of medications
- Partner contacted pharmacy and arranged medication delivery and revised refill schedule

Meals (per day)

Baseline: 2 meals per day
Goal: Improve quality of food



Average Mood:

3.2/4

No reported changes

Falls:

No reported falls

Please note daily well-being questions are customizable. Please contact us at 1-800-440-9316 to adjust the questions to meet your specific needs

Care Navigation

Upcoming appointments:

PCP Appointment: 11/19/18

Transportation concerns were resolved by contacting Access and scheduling a ride. Ms. Doe plans to discuss elevated knee pain while walking with PCP. She is concerned about what her doctor may suggest. She would like to avoid needing any type of surgery.

Endocrinologist: 12/3/18

Ms. Doe plans to confirm transportation prior to next video chat. Standard follow up appointment. Tested blood sugar levels have been within doctor's requested levels according to Ms. Doe.

Cardiologist: 12/11/18

Yearly exam. Ms. Doe confirmed her daughter will be taking her to this appointment.