

Snack Menu for Arkids (Winter)

Monday	Tuesday	Wednesday	Thursday	Friday
Crackers & Cheese	Tuna Wraps	Cheese & Tomato Pizza	Tomato Soup with Crusty Bread	Ham/Chicken Sandwiches
Fruit Yoghurts	Fruit Yoghurts	Fruit Yoghurts	Fruit Yoghurts	Fruit Yoghurts
Selection of Salad crudité's & Fruit	Selection of Salad crudité's & Fruit	Selection of Salad crudité's & Fruit	Selection of Salad crudité's & Fruit	Selection of Salad crudité's & Fruit
Water/Juice	Water/Juice	Water/Juice	Water/Juice	Water/Juice

Note: This menu is on a 5 week rolling program so Monday goes to Tuesday, Tuesday to Wednesday and so on.

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Selection of Cereals	Selection of Cereals	Selection of Cereals	Selection of Cereals	Selection of Cereals
Wholemeal toast & butter	Wholemeal toast & butter	Wholemeal toast & butter	Wholemeal toast & butter	Wholemeal toast & butter
Fruit Yoghurts	Fruit Yoghurts	Fruit Yoghurts	Fruit Yoghurts	Fruit Yoghurts
Selection of Fresh Fruit/Raisins	Selection of Fresh Fruit/Raisins	Selection of Fresh Fruit/Raisins	Selection of Fresh Fruit/Raisins	Selection of Fresh Fruit/Raisins

Note: This is a daily menu and occasionally we will have Crumpets, Fruit Malt Loaf, and Cream Crackers on offer also.