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16th March 2021

Dear Parents / Carers,

Year 4 will be going to Rothwell Sports Centre for swimming lessons every Wednesday setting off just after 11:00 a.m. commencing on **Wednesday 24th March 2021**.

The quality of instruction is particularly high at this centre and safety standards are in keeping with our school policy. All risk assessments have been reviewed in light of COVID-19 and additional safety precautions have been implemented in line with current advice.

Children should arrive at school pool ready with costumes or swim shorts (**no bikinis or swim shorts longer than knee length**) under their uniform each Wednesday morning. Earrings must be removed (**before school**) and long hair should be tied back. Children will remove clothing poolside, putting this and their shoes and coats into their bags. A waterproof bag big enough to hold a towel, clothes, shoes and coat is therefore needed (**shopping bags are perfect!**).

Please note: tights can be difficult to put on when damp so best avoided and the most commonly forgotten item when coming pool ready is underwear.

To reduce their contact with shared equipment they will use a woggle purchased by the school. **Goggles** are not necessary but they can bring them if they prefer (as long as they can put them on and adjust them themselves and are responsible for not losing them). Non-swimmers usually use the shallow pool or the shallow end of the main pool. If your child needs **arm bands** they should bring their own (they would need to be able to inflate these themselves, or use disk ones).

Enhanced cleaning is in place and we will only have **10 minutes** to get changed and exit the centre to allow them to clean after us. Please reinforce with your child they must get ready quickly and quietly. Normally we would ask children to shower before and after swimming however we will not be using the showers at all for the time being. If this is likely to cause a problem e.g. exacerbate a skin condition let us know and your child will be able to exit the lesson early to rinse off (no shower products though).

Please return your online swimming questionnaire to school by **Friday 19th March** so we can pass this information on to the swimming instructors. You do not need to return any permission slip; your permission is assumed if they attend school ready for swimming lessons.

If you have any queries regarding swimming do message school via Seesaw or email.

Yours sincerely,

Helen Owen
Vice Principal

