

M A I N S Served From 11.00am

AGLIO e OLIO PASTA

Spaghetti, Garlic, EVO, Parmesan, Courgette, Spinach, Parsley, Chilli (DF*) 19.

BAKED SPINACH & RICOTTA GNOCCHI

Mushroom Sauce, Roasted Tomatoes, Goat's Cheese (GF) 19./26.

Add Roasted Chicken Breast

26.5/33.5

CHICKEN, PORK & FENNEL SAUSAGE

Sautéed Potatoes, Toasted Almonds, Spring Onions,
Smoked Paprika, Herb Emulsion 29.

BLACK ANGUS SCOTCH FILLET

Smoked Gruyere Potato Mash, Black Garlic, Summer Salad (GF) (DF*) 37.

PORK SIRLOIN

Kawakawa Roasted Kumara, Confit Cabbage, Apple Sauce, Broccoli, Jus (GF) 34

TWICE COOKED DUCK LEG

Quinoa, Lentil & Cauliflower Tabbouleh, Toasted Seeds, Romesco (GF) (DF*) 37.

ROASTED TE MANA LAMB

Eggplant Fritters, Spiced Root Vegetables, Feta, Baba Ganoush (GF*) (DF*) 36.

FISH OF THE DAY

Please See Today's Blackboard 35.

S I D E S

CRISPY FRIES

Aioli, Tomato Sauce Or Spiced Sour Cream (GF) (DF*) 8.

RAW ENERGY SALAD

Beetroot, Carrot, Kale, Raisins, Pomegranate Vinaigrette, Seeds, Nuts (GF) (DF*) 9.

GREEN BEANS

Citrus Feta, Pea Feathers, Lemon Vinaigrette, Toasted Walnuts (GF) (DF*) 10.

SPANISH POTATOES

Romesco, Almonds, Spring Onion, Smoked Paprika, Mayo (GF) (DF*) 11.

PIZZA

MARGHERITA

Mozzarella, Goats Cheese, Fresh Tomato, Basil, Parmesan (GF*) 21.5

THE COVE

Mushroom, Bacon, Roasted Garlic Potatoes, Chives, Aioli (GF) (DF*) 24.

THE QUAY

Smoked Salmon, Red Onion, Capers, Preserved Lemon, Artichoke Hearts, Spinach, Cream Cheese, Dill (GF*) 25.

THE CANTINHO

Smoked Beef Brisket, Chilli Beans, Jalapeno's, Spiced Sour Cream, Corn Chips, Guacamole (GF*) 25.

THE PIG OUT

Pork Belly, Ham, Bacon, Chorizo, Pickled Onion, Roasted Kumara, Smoked Chipotle Sauce (GF*) (DF*) 25.

POLLO VERDI

Smoked Chicken, Basil Pesto, Courgettes, Parmesan, Pinenuts, Cream, Brie (GF*) 25.

THE CYPRIOT

Halloumi, Cherry Tomatoes, Olives, Red Onions, Kale Chips (GF*) (DF*) 23.

FISH AND CHIPS

Tempura Battered, Crispy Chips, Slaw, Tartare Sauce (DF) 24.5

BURGER AND CHIPS

Lettuce, Tomato, Red Onion, Pickle

Beef w/ Aioli, Tomato Relish 23.

Chicken w/ Spiced Sour Cream (GF*) (DF*) 23.

Tempura Fish w/ Tartare Sauce (DF) 23.

Beetroot Falafel w/ Romesco, Minted Yoghurt (GF*) (DF*) 21.