

# “Marshmallow Mouth” flossing craft project for kids

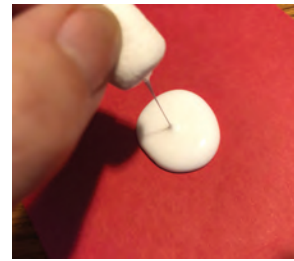
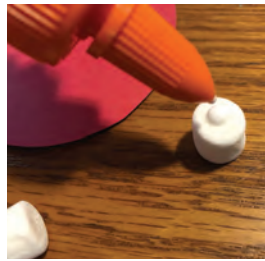


- Fold a piece of pink or red construction paper in half.
- Cut the folded piece to about 3 1/2” wide and 3 3/4” deep. Round the front edge.
- Don't forget a big, goofy tongue!

(To save time, have these pieces prepared ahead of time.)



- Have the kids count out 20 mini marshmallows, 10 for the top and 10 for the bottom.
- Glue the marshmallows to the top and bottom of the “mouth”.
- Be sure to place the marshmallows so they are touching each other so the kids can practice flossing once the glue has dried. It's best to start in the front and work your way back.
- Fold the edge of the tongue to form a tab and glue it in place.



\*Younger kids may find it easier to dip the marshmallow in a small puddle of glue.



- Allow to dry at least 30 minutes.
- While you wait, discuss proper brushing and flossing technique with books, videos and demonstrations.
- Discuss how flossing is just as important as brushing since a toothbrush can't remove plaque from between teeth and just under the gums.
- The finished project is goofy and fun, but also a great tool to learn how to *gently* floss!



- Have the kids practice flossing between the teeth and around the gumline.
- Then they can practice on themselves!

