



Color the star on the days you brush your teeth 2 times for 2 minutes.



This chart belongs to: _____

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
week 1	★	★	★	★	★	★	★
week 2	★	★	★	★	★	★	★
week 3	★	★	★	★	★	★	★
week 4	★	★	★	★	★	★	★



National Children's Oral Health Foundation®

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