



# CORECUMIN®

## + VITAMINS D3 & B12

### SUGGESTED USE



**SUGGESTED AMOUNT OF DROPS**

**8 oz GLASS OF WATER**

**30 MINUTES BEFORE OR AFTER A MEAL**

See Serving Size Chart Based on Body Weight (see backside of box top) and add the suggested number of drops to an 8-ounce glass of water. Preferably drink 30 minutes before or after a meal, or as otherwise directed by your healthcare professional. Spread intake over the day for maximum bioavailability. Do not take with acidic foods, carbonated beverages, fruit juices, or certain medications. If you are also taking CogniNurish®, take CoreCumin® and CogniNurish® 30 minutes apart.

**THIRD-PARTY TESTED:** Certificate of Analysis (COA) for quality assurance of every ingredient can be found by downloading the Transparency SmartPhone App, which offers extensive product information and testimonials.

**NOTICE:** Do not use if tamper-proof ring is broken or missing. Keep out of reach of children. Keep out of sunlight. Transport and store at temperatures between 50 to 85 degrees Fahrenheit (10 to 29 degrees Celsius). Tighten cap to keep from leaking. Do not drop in eye.

**THIS PRODUCT IS FREE OF:** Gluten, dairy, wheat, soy, yeast, eggs, fish, shellfish, tree nuts, peanuts, and artificial flavors, colors, sweeteners, and preservatives.

**DRUG INTERACTIONS:** Taking curcumin along with medications that slow clotting might increase the chances of bruising and bleeding. Some medications that slow blood clotting include aspirin, clopidogrel (Plavix®), diclofenac (Voltaren®, Cataam®, and others), ibuprofen (Advil®, Motrin®, and other store brands), naproxen (Anaprox® and Naprosyn®), dalteparin (Fragmin®), enoxaparin (Lovenox®), heparin, warfarin (Coumadin®), apixaban (Eliquis®), and rivaroxaban (Xarelto®). Taking curcumin along with an antidepressant may have unknown effects on mental health. Antidepressants include sertraline (Zoloft®), fluoxetine (Prozac® and Sarafem®), citalopram (Celexa®), escitalopram (Lexapro®), paroxetine (Paxil®, Pexeva®, and Brisdelle®), fluvoxamine (Luvox®), and others.

**CAUTION:** As with any dietary supplement, please consult your healthcare professional before use, especially if you are taking medication, have a medical condition, or have known adverse reactions or allergies. Avoid taking this product if you are pregnant or nursing. Curcumin interferes with blood clotting and may cause extra bleeding during and after surgery. It may affect neurotransmitter function. If you are taking anticoagulants or antidepressants or scheduled to undergo surgery, consult your physician before use.

### SUPPLEMENT FACTS

Serving Size: 4 Drops (0.1 mL / 0.004 fl oz)\*\*  
Servings Per Container: 188

	Amount Per Serving	% Daily Value
Vitamin D3 (Cholecalciferol)	2.4 mcg	12%
Vitamin B12 (Methylcobalamin)	0.6 mcg	26%
Iodine (from Potassium Iodate)	11 mcg	7%
Potassium (from Potassium Carbonate and Potassium Iodate)	9 mg	0%
Turmeric Root Extract (standardized to minimum 95% Curcumin from <i>Curcuma longa</i> )	14.3 mg	†
Curcumin	12.8 mg	†
Demethoxycurcumin	0.5 mg	†
Bisdemethoxycurcumin	0.3 mg	†

† Daily Value Not Established

Other Ingredients: Deionized water, glycerol, erythritol, xylitol, dextrose, organic sunflower lecithin, beta-cycloamylose, organic gum arabic, and sodium hydroxide.

\*\* Serving size for a person weighing 150-199 lbs

See Serving Size Chart Cut-Out on Backside of Box Top.

**MINOR ADVERSE EFFECTS:** Possible side effects include nausea, rash, indigestion, and diarrhea. Discontinue use if you experience any side effects.

**PLANT-BASED**

**GLUTEN FREE**

**DAIRY FREE**

**NON-GMO**

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.