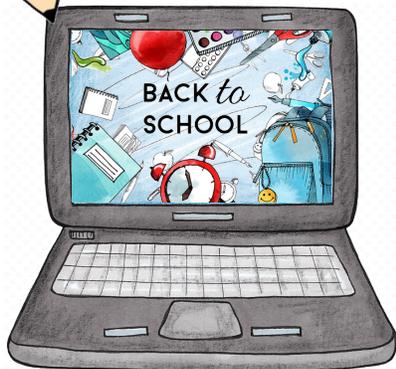




FIRST OKLAHOMA FEDERAL CREDIT UNION

SUPER NEWS



Choose items to fill your lunchbox, then add them together to pay for your lunch!

- | | |
|----------------------|-----------------------|
| Sandwich: \$3.00 | String cheese: \$1.00 |
| Apple: \$1.00 | Apple sauce: \$2.00 |
| Juice box: \$2.00 | Water: \$2.00 |
| Fruit snacks: \$1.00 | Pizza: \$4.00 |

Lunch cost: \$ _____

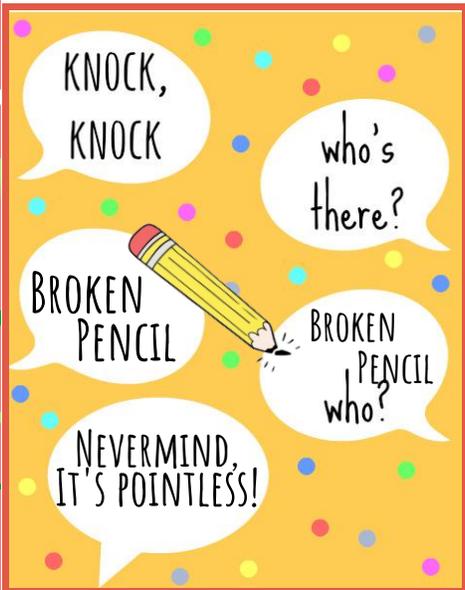


What you will need:

- Apples
- Red or Green Paint
- Googly Eyes
- Black Sharpie
- Small Clothespins
- Glue
- White Paper

Apple Stamps

- First, cut an apple in half and apply a thick coat of paint to the cut side.
- Place the apple, cut side down, onto a piece of white paper.. Rock the apple back and forth gently.
- Carefully lift the apple to reveal your stamp.
- Once the paint has dried, cut out your apple stamps and add some googly eyes with glue.
- Attach a small clothespin for the stem or even a small stick from your yard. Add a mouth with the black Sharpie.



The Credit Union was founded in 1923!

On September 10th, the Credit Union turns

97





- crescent dinner rolls
- pizza sauce
- sliced mozzarella cheese
- olive slices or mini pepperoni slices

MINI MUMMY PIZZAS!

- Heat oven to 375°F. Spray large cookie sheet with cooking spray.
- Separate crescent dough into 4 rectangles; press seams together.
- Using pizza cutter or sharp knife, cut each rectangle crosswise in half.
- Place crescent squares on cookie sheet, and press out slightly.
- Bake 8 to 9 minutes or until light golden brown.
- Spread about 2 teaspoons of the pizza sauce on top of each crescent square.
- Top each with 8 strips of mozzarella cheese, alternating and overlapping strips to look like mummy bandages.
- Add 2 olive or pepperoni slices to each for eyes.
- Bake 2 to 3 minutes longer or until cheese slightly melts.

SPOT THE DIFFERENCE!

CAN YOU SPOT 10 DIFFERENCES BETWEEN THESE TWO PICTURES?



FUN FACTS ABOUT HALLOWEEN

The first Jack O'Lanterns were made from turnips.

On Halloween 2020 there will be a full moon, which is very uncommon.

Because a pumpkin has seeds it's considered a fruit.

Pumpkins are 90% water.

The largest pumpkin ever grown weighed over 2,000 pounds!

TRICK or TREAT



Did You Know?



October