



HOME CARE INSTRUCTIONS FOR GASTROINTESTINAL ILLNESS

Please do not feed your pet any solid food for 24 hours. This gives the gastrointestinal tract the time it needs to heal and will help slow down diarrhea and vomiting. Of course, tepid water and/or sugar water (a pinch of table sugar per cup of water) can be given in small amounts at a time during the fast.

AFTER 24 HOURS:

If your pet has not had any vomiting, he/she can be fed a bland diet. These diets are highly digestible and make it easier for an ailing digestive tract to process them. It is important to feed in very small quantities, as a large volume of anything in the stomach will likely cause more vomiting or diarrhea rather than less. A good rule of thumb is to try one tablespoon per 10lbs of body weight to start. This means an eighty-pound retriever would get 8 tablespoons or only half a cup of food! These small amounts allow a wounded digestive tract to accept food again with minimal problems. These small meals can be repeated every 3-4 hours, so the small volumes are compensated by increased frequency of feeding. Please feed the bland diet for 3-4 days and then gradually mix in your pet's regular diet. PLEASE DO NOT FEED TABLE FOOD!

Your pet may continue to have symptoms for a few days although the intensity and frequency should gradually decrease.

IF YOUR PET CONTINUES TO HAVE PROBLEMS LIKE VOMITING AFTER THE FASTING PERIOD OR IF YOU HAVE ANY QUESTIONS PLEASE GIVE US A CALL AT 412-422-7755.

RECOMMENDED BLAND DIETS:

Hill's Prescription i/d

Purina Prescription EN

Boiled ground meat and rice (boil to get off any fat; 1 part meat to 2 parts rice)

Other _____

ADDITIONAL INSTRUCTIONS: