



In the light of God we care, we share, we laugh, we learn

St Chad's Church of England Primary School

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Executive Principal: Mrs H Pratten
Headteacher: Mrs A Dunn

Wednesday 13th March 2019

Dear Parents/Carers,

Thanks to the generosity of the PTA, who are funding this event, we are delighted to welcome Skipping4Schools into our school for the day on **Tuesday 26th March**. All children from reception to year 6 will take part in a skipping workshop.

In addition to the health benefits of skipping, we hope that the workshops will also teach children some new skipping games which they will have the chance to play at break times and lunchtimes.

After school there will also be a parent workshop run in the school hall if there are sufficient numbers. The details of this workshop are below:

This is an ALL-INCLUSIVE event and the coach ensures that everyone will have the opportunity to learn new skills while still having fun, whether they are beginners or more advanced skippers! The cost of this hour long session is £3.00 per adult and we'll need a minimum of 15 people to sign up to make sure it goes ahead. Each adult can bring one child free of charge as well. Any additional children will be at a cost of £1 each.



Skipping on a regular basis will help to improve general levels of fitness and along with different skipping skills and challenges taught during the day, children will gain new found confidence in the physical abilities.

The coaches will also be selling skipping ropes, like those the children have used during the workshop, at the end of the school day at a cost of £4.00 each and adult ropes at the cost of £5.50 each.

If you are interested in the parent workshop please complete the attached form and return to the school office by **Tuesday 19th March**.

Should you have any queries about the workshop please do not hesitate to contact me.

Yours sincerely

Mrs G Marsland

Acting Head of School and Y6 teacher



