



In the light of God we care, we share, we laugh, we learn

St Chad's Church of England Primary School

Northholme Avenue  
West Park  
Leeds  
LS16 5QR

Tel: 0113 274 7110

Website: [www.st-chadsprimary.co.uk](http://www.st-chadsprimary.co.uk)

Email: [office@stchadsprimary.net](mailto:office@stchadsprimary.net)

Executive Principal: Mrs H Pratten

Headteacher: Mrs A Dunn



Friday 8<sup>th</sup> February 2019

Dear Parents/Carers

### Re: Nuts in School

We would like to remind you that we have pupils in school who can have a severe allergic reaction to peanuts/nuts. Their allergic reactions (anaphylactic shock) can occur through ingestion of peanut/nut products, cross contamination and breathing peanuts in the air.

To avoid this happening, and to help make our school a safer environment for these pupils, we are asking for your help in minimising the risks by;

- Reminding you that nuts/peanuts should **not** be in packed lunches
- Reminding you **not** to use nut based spreads eg, peanut butter, Nutella or provide snacks/bars containing nuts in packed lunches
- Asking you to check product packaging to **avoid** products that "may contain nut traces" in packed lunches
- Asking your child **not** to share their food

Also, please always contact the Class Teacher *before* sending any food for sharing with the class for special celebrations like birthdays, etc.

Due to the severity of the problem, it is important that all parents adhere to the 'no nut policy' we have in school to reduce the risk of allergic reaction.

Please do not hesitate to ask should you have any queries. Thank you for your co-operation.

Kind regards

**MRS A DUNN**  
Headteacher

