**Shadow game**

Help your child learn how objects make shadows to help them better understand the dark.

2+  5-10 mins

**Instructions**

1. Make the room dark.

2. Point the flashlight at the wall to make a lit surface.

3. Put your hands in front of the torch to cast a shadow on the wall.

4. Take it in turns to make animal shapes and guess what they are!

**What you will need**

- A dark room
- A flashlight or lamp
- A wall or clear surface
- Your child’s hand!

Here are some more shapes you can try to get going.