**Demographic Information**

**Gender:** 🞎M 🞎F 🞎Other

**Age Group:**

🞎 12 or under

🞎 Teen

🞎 20-29

🞎 30-39

🞎 40-49

🞎 50-59

🞎 60-69

🞎 70-79

🞎 80 or over

Zip Code:

**Evaluation Form**

Date of Walk:

Location:

1. What was your reason for coming on the walk? Were your goals met?

2. When you think about how you are feeling now, compared to at the beginning of the walk, do you notice any differences? What are they?

3. What was one highlight of this walk for you?

4. What (if anything) was challenging or “edgy” for you?

5. What might have made this walk a better experience for you?

6. On a scale of 1-10 (1 is low, 10 is high), please rate: Low High

* What is your overall rating of this experience? 1—2—3—4—5—6—7—8—9—10
* How confident are you that this walk has been beneficial? 1—2—3—4—5—6—7—8—9—10
* How likely is it that you will recommend this to others? 1—2—3—4—5—6—7—8—9—10
* How likely are you to return for more walks? 1—2—3—4—5—6—7—8—9—10

**7. Testimonial:** (Use back of this sheet) If you were to recommend this experience to others, what would you say?