



# Baby & Me Program

**Baby & Me teaches you how to help your newborn develop his or her communication skills through auditory awareness and spoken language. Held weekly for 1 to 2 hours, each session revolves around everyday life experiences that involve you and your child.**

- Parent-focused, child-driven and center-based
- Audiological education and management
- Access to listening and spoken language deaf mentors
- Staffed by Parent/Infant Advisors who hold master's degrees and are highly skilled in listening and spoken language practices and strategies

**CCHAT's Baby & Me Program is built around *your child's team*:**

- **YOU**
- **Your Deaf and Hard of Hearing Parent/Infant Advisor**
- **Audiologist**
- **Otologist**
- **Speech-Language Pathologist**
- **Local Early Intervention Provider**



As soon we started **Baby & Me** class, we realized how fortunate we were to have access to such **a great team** of teachers, audiologists and therapists. I learned more in two class sessions with CCHAT than I did in six months of doctor appointments. Being a parent of a baby who did not pass the hearing screening, we were feeling scared and confused. In speaking with CCHAT team members and parents, we felt **comfort** that we have the appropriate support, education and that Sumaya has **a very bright future ahead!**

*Mahira Mehirdel*

Mom to Sumaya

**Enrollment is open to all babies (aged 0 to 18 months) with hearing impairment and their primary caregivers. Participation can begin immediately after early diagnosis from your newborn's hearing test.**

Call **916-361-7290**, email **info@cchatsacramento.org** or visit **CCHATSacramento.org** for more information.