CCHAT Center

Distance Learning

Preparing for Interruptions

On Campus Learning

SCHOOL REOPENING 20 | 21
LOG IN • LISTEN • LEARN

Phased Approach
Welcome to the 2020-2021 School Year

The CCHAT Center has been working diligently to maintain a path forward to effect transformative change in the lives of our students through language and literacy. The tremendous support, flexibility, perseverance, and patience exhibited by our students, families and staff throughout these unprecedented times have allowed us to enhance and develop how we use technology.

While we cannot predict what the pandemic landscape will look like throughout the school year, we are prepared to provide the structure and connections necessary for students and staff to continue the important work of developing listening, spoken language and academic skills.

Following the recommendations of public health officials, as well as local, state, and federal guidelines, and with the absolute priority of safeguarding the health and well-being of our students and staff, CCHAT will begin the 2020-2021 school year on August 25 with Off-Campus Distance Learning.

Our goal is to welcome students and teachers back to campus for On-Campus Learning as soon as it is safely possible.

In the event that public health guidelines or concerns require campus closures throughout the school year, we will provide instruction to our students via Off-Campus Distance Learning.

We are all in this together.

We are depending on you to help us keep our campus open by following our health and safety best practices and keeping your child at home as needed.

Your assistance makes a huge difference in our ability to keep our campus open to best serve all our families.

We appreciate your commitment to our CCHAT community!
Off-Campus Distance Learning

While our classrooms are empty, our work on behalf of our students will continue through Off Campus Distance Learning. CCHAT provides a comprehensive distance-learning program, which encompasses synchronous (live) virtual learning and academic and related services enrichment materials to supplement virtual learning. We have been working with CDE to address equity and access issues with virtual learning for special education students, specifically students who are deaf or hard of hearing. We continue to work to the best of our ability to meet the individual needs of every student.

Both On-Campus Learning and At-Home Distance Learning offer the same evidence-based instruction, including:

- Individualized learning, focused on the IEP/IFSP goals of each child
- Relationship-building interactions with classmates
- Live-streamed instruction
- Expertise in developing spoken language and literacy skills
- Independent activities
- Progress monitoring
- Parent coaching
IEP/IFSP Supports for Students

• Assessment for initial, annual, and triennial assessments will take place on campus as allowed by local education agencies.

• Amendments to clarify Off Campus Distance Learning services for students with IEP’s and IFSP’s

• Progress on IEP/IFSP goals will continue to be documented in SEIS (Special Education Information System) and reported to parents/guardians in accordance with the current reporting period.
Education Code Requirements
Distance Learning SB98

• **Connectivity & Devices:** If necessary, chromebooks and internet hotspots will be provided for students through their local education agency or the CCHAT Center.

• **Daily Live Interaction with Peers, DHH Teacher and Related Services Providers:** Live daily instruction through Zoom with peers, DHH teachers and related service providers as appropriate.

• **Documentation of Daily Participation:** Daily logs will document required attendance in Zoom sessions and participation in asynchronous (completing assignments or recorded lessons) learning instruction.

• **Accommodations to Ensure IEP/IFSP can be Executed:** An audiologist will work with each student and their family to ensure access to virtual learning through their cochlear implants, hearing aids and hearing assistive technology. All staff are trained in appropriate virtual learning accommodations for students who are deaf or hard of hearing.

• **Tiered-Reengagement:**
  - Staff will use the attached attendance tracking spreadsheets and classroom summary reports to track student attendance/participation each month.
  - Staff will use this data to trigger early outreach to families and students who are missing too many days of school (>10%). Such outreach is essential for identifying barriers to distance learning attendance — internet access, chrome books, parent work schedules, hunger, access to health care, homelessness, or other challenges — and the supports or resources that would help improve attendance.
  - Families will receive an email/letter home when a student is in the moderately-chronic absence category (10%-20%) for the week.
  - A face-to-face virtual meeting will be scheduled to complete the My Child’s Attendance Success Plan with families when a student is chronically absent (>20%) for one week or in the moderately-chronic absence category (10%-20%) for two consecutive weeks.
The cognitive-based curriculum and specialized speech and language therapy services that are the foundation of the educational philosophy at the CCHAT Center are carried over to our distance learning program. Our staff ensures a caring, supportive, and nurturing environment optimizing the acquisition of listening, learning, and speaking skills. School-wide, thematic-integrated instruction provides each child the opportunity to advance speech, language and listening skills according to individual developmental needs.

During off-campus distance learning, all students will be provided with opportunities for:

- Synchronous, daily large group instruction and interaction with peers
- Synchronous, daily small group instruction and interaction with peers
- 1:1 instructional aide supplementary curriculum support
- 1:1 DHH Teacher Support
- 1:1 and small group instruction from a speech language pathologist
- Audiological support as needed
- Daily music program which utilizes Rhythmic Phonetics and other innovative methods to enhance the development of speech and language skills
- A physical education program
- Weekly social skills program
- Parent coaching
- Enrichment materials, created by his/her DHH teacher, speech language pathologist and audiologist. The materials are designed to be completed daily and encompass core content, class and related services work. The purpose of the materials is to supplement virtual services and provide students with needed curriculum and supplies.
CCHAT’s unique listening and spoken language program is enhanced by instruction in pre-reading and pre-math skills parallel to that taught in public preschools. The classes use the Happily Ever After pre-literacy curriculum. The curriculum is designed to promote language development and pre-literacy skills for special needs children ages 2 to 6 years. The format is straightforward. Twelve favorite children’s books are presented as a basis for a yearlong language intervention program. Reading, writing and spelling are also introduced through Zoo Phonics, a Multisensory Language Arts Program which is a kinesthetic, multi-modal approach to learning all aspects of language arts, including vocabulary development and articulation, based on phonics and phonemic awareness.
## Toddler Schedule

### Toddler

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00-9:30</td>
<td>Synchronous Daily Enrichment Subjects (Music M, W – Physical Education T, TH – Art F)</td>
</tr>
<tr>
<td>9:45-10:15</td>
<td>Synchronous Daily Small Group Class DHH Instruction/SLP Related Services (SLP - M, W, F &amp; DHH - T, TH)</td>
</tr>
<tr>
<td>60 Minutes</td>
<td>Equivalent Asynchronous, Daily Learning: Assigned through mailed Enrichment Materials</td>
</tr>
<tr>
<td>1:1</td>
<td>Instructional Aide Supplementary Curriculum Support as Needed</td>
</tr>
<tr>
<td></td>
<td>Audiological &amp; Deaf Mentor Support as Needed</td>
</tr>
<tr>
<td>Time</td>
<td>Description</td>
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<td>Synchronous Daily Small Group Class DHH Instruction/SLP Related Services (SLP - M, W, F &amp; DHH - T, TH)</td>
</tr>
<tr>
<td>30 Minutes</td>
<td>Synchronous, Daily Individually Scheduled DHH Instruction/SLP Related Services (DHH - M, W, F, &amp; SLP - T, TH)</td>
</tr>
<tr>
<td>30 Minutes</td>
<td>Synchronous Daily Scheduled Instructional Aide Supplementary Curriculum Support</td>
</tr>
<tr>
<td>105 Minutes</td>
<td>Equivalent Daily Asynchronous Learning: Assigned through mailed Enrichment Materials</td>
</tr>
</tbody>
</table>

Audiological & Deaf Mentor Support as Needed
In the elementary programs, for distance learning, the following curriculums will be utilized:

- Benchmark Language Arts
- Go Math Hybrid Option
- TCI Online Social Studies Alive
- TCI Online Bring Science Alive

Instruction is guided by the CCHAT Center’s thematic unit outline and by the California Common Core. Instruction and achievement will be monitored through regular assignments and feedback is provided to students and parents through progress reports, parent conferences, and report cards. The CCHAT Center provides current, high quality, standard aligned textbooks and virtual instructional materials for each student.
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<td>10:30-11:30</td>
<td>Synchronous Daily Whole Class Group Instruction: Language Arts</td>
</tr>
<tr>
<td>12:30-1:30</td>
<td>Synchronous Daily Whole Class Instruction: Mathematics, Science, Social Studies</td>
</tr>
<tr>
<td>1:15-2:15</td>
<td>Synchronous Daily Small Group Class Speech Language Pathology</td>
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<tr>
<td>2:30-3:30</td>
<td>Synchronous Daily Whole Class Instruction: Mathematics, Science, Social Studies</td>
</tr>
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<td>3:30-4:30</td>
<td>Synchronous Daily Whole Class Group Instruction: Language Arts</td>
</tr>
<tr>
<td>4:00-5:00</td>
<td>Synchronous Daily Whole Class Instruction: Mathematics, Science, Social Studies</td>
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75 Minutes Equivalent Asynchronous Daily Learning: Assigned through Mailed Enrichment Materials

1:1 Instructional Aide or DHH Supplementary Curriculum Support as Needed

Audiological & Deaf Mentor Support as Needed
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On-Campus Learning

The CCHAT Center is committed to maintaining a regular, full-day school schedule for students, including daily speech, language and listening therapy and audiology services. If a family chooses to keep their child at home for any reason while On-Campus Learning is occurring, the student will continue learning through our At-Home Distance Learning option. As outlined in more detail below, our At-Home Distance Learning option will closely resemble On-Campus Learning.

Specific decisions and plans regarding on-campus procedures will align with public health guidelines and will be revised as health and safety best practices evolve.

Both On-Campus Learning and At-Home Distance Learning offer the same evidence-based instruction, including:

- Individualized learning, focused on the IEP/IFSP goals of each child
- Relationship-building interactions with classmates
- Live instruction
- Expertise in developing spoken language and literacy skills
- Independent activities
- Progress monitoring
- Parent coaching
Guidance

https://www.cde.ca.gov/ls/he/hn/documents/strongertogether.pdf


https://www.scoe.net/media/rokm1xn2/school_year_planning.pdf
On-Campus Procedures

Procedures are being developed in the following areas including, but not limited to:

- Protocols for screening, monitoring, reporting, and responding to illness for students, faculty, staff, and vendors

- Enhanced sanitation and cleaning procedures throughout the building and campus

- Changes to campus access for visitors and parents

- Required face coverings in public settings as recommended by Sacramento County Department of Public Health for all visitors

- Modification of lunch and snack times

- Modification of programs and events in compliance with limits on crowd sizes and social distancing measures
General Principles & Assumptions

• Our first priority is to protect the health and safety of students and staff.

• We will deliver the highest quality educational services to our students and clients, whether it takes place on-campus or off-campus.

• We will follow District, CDE, Sacramento County Department of Public Health, and CDC guidelines.

• We will provide clear expectations for staff, students, and families.

Before Arriving On Campus

• Anyone who is experiencing symptoms of COVID-19 or knows that they have COVID-19 should isolate at home.

• Staff and student families should communicate with CCHAT if anyone in their home tests positive for COVID-19, experiences symptoms, or is exposed to someone who is positive or symptomatic.

• Staff who become sick or experience symptoms while on campus should notify the director and leave campus immediately or report to a designated isolation room until able to leave campus.

• Students who become sick while on campus will be escorted to the office for isolation.

• Any visitor who comes into the school building must wear a mask and maintain social distancing.
Morning Arrival & Screening Process

- Parents, students, staff and visitors should complete the COVID-19 home screening questionnaire before arriving at CCHAT. (See attached questionnaire.)
- Students will be assigned entry and exit points in different sections of the campus as practicable to provide social distancing upon entry and exit to school sites.
- Students will report directly to their classrooms.
- Students, staff and visitors will have their temperature checked upon entering the building. Anyone with a temperature of 100.4°Fahrenheit or above must immediately leave campus.
- If the screening reveals any COVID-19 symptoms, the student must immediately leave campus.

Visitor Policy

**Permitted**
- Outside Agencies = Law enforcement officers, fire/EMS, social workers, CPS officials, school district personnel
- Parents for IEP, IFSP, scheduled speech sessions or other required meetings
- Contractors working with students (OT & PT services, etc.) or working on facilities
- Student Teachers

**Not Permitted**
- Volunteers - Not permitted
- Guest speakers - Not permitted
- Classroom observations by parents/guardians or others - Not permitted
- Prospective student/family school tours - Not permitted when students are present
- Outside vendors/representatives - Not permitted
Handwashing

- Staff, students, and visitors should wash or sanitize their hands after entering the building and throughout the day for at least 20 seconds with soap and water or with hand sanitizer.

- Staff, families, and students will receive instruction and reminders on hand hygiene and proper coughing and sneezing protocol to limit the spread of infectious disease.

- Students and staff should use fragrance-free hand sanitizer when handwashing is not practicable. Sanitizer must be rubbed into hands until completely dry. Note: frequent handwashing is more effective than the use of hand sanitizers.

- Ethyl alcohol-based hand sanitizers are preferred and should be used when there is the potential of unsupervised use by children.
  - Isopropyl hand sanitizers are more toxic when ingested or absorbed in skin.
  - Do not use hand sanitizers that may contain methanol which can be hazardous when ingested or absorbed.

- Students should only use hand sanitizer under staff supervision. Call Poison Control if consumed: 1-800-222-1222.

- CCHAT will provide and maintain appropriate hand soap and hand sanitizer supplies throughout campus, including hand sanitizer dispensers at all entrances.

Gloves

- Gloves are not required of staff except those working with students in situations where there is the possibility of coming in contact with bodily fluids such as saliva or during toileting tasks with students. Gloves will be provided to staff in these situations.

- Gloves are not recommended to be worn by students.
Face Coverings

- All staff and visitors must wear a face covering while on campus. All staff should remain six feet from students if not wearing a mask or face shield.

- Exceptions will be made for staff while they are providing student instruction. The Governor’s order requiring facial masks provides an exemption for persons who are hearing impaired, or communicating with a person who is hearing impaired, where the ability to see the mouth is essential for communication. DHH teachers, SLPs and instructional aides will wear face shields during instructional periods. https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20Library/COVID-19/Guidance-for-Face-Coverings_06-18-2020.pdf Staff must return to wearing a face covering outside of the classroom.

- Face coverings do not have to be worn by staff when they are alone in their office, however, CHAT recommends wearing one whenever safely possible.

- Face coverings must not be placed on young children under the age of two, anyone who has trouble breathing, or anyone who is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.

- Staff and visitors must wear face coverings when traveling throughout the building, in confined spaces such as offices, in all common areas and gathering spaces such as classrooms, hallways, lobby areas, and in locations where others are present.

- Due to the age and disability of the students attending the CCHAT Center, students will not be required to wear face coverings.
Disinfecting Products

Disinfecting products used must be approved for use against COVID-19 on the Environmental Protection Agency (EPA)-approved list “N” and product instructions must be followed.

- To reduce the risk of asthma and other health effects related to disinfecting, CCHAT uses disinfectant products on list N with asthma-safer ingredients (hydrogen peroxide, citric acid or lactic acid) as recommended by the US EPA Design for Environment program.
- Products should be avoided that contain peroxyacetic (peracetic) acid, sodium hypochlorite (bleach) or quaternary ammonium compounds, which can cause asthma.
- Follow label directions for appropriate dilution rates and contact times.
- Staff will be trained on the chemical hazards, manufacturer’s directions, Cal/OSHA requirements for safe use and as required by the Healthy Schools Act.
- Staff who clean and disinfect the school site must be equipped with proper protective equipment, including gloves, eye protection, respiratory protection, and other appropriate protective equipment as required by the product instructions.
- All products must be kept out of children’s reach and stored in a space with restricted access.
Cleaning & Sanitation Practices

In addition to rigorous hygiene, sanitation, and disinfection procedures already in place, special attention will be paid to the following:

- Surfaces and objects that are frequently touched will be sanitized regularly, including but not limited to toys, games, and objects or surfaces not ordinarily cleaned daily.

- Toys and games that cannot be cleaned and sanitized will not be used.

- Toys that children have placed in their mouths or that are otherwise contaminated by bodily secretions or excretions will be set aside until they can be cleaned thoroughly by a person wearing gloves.

- Machine-washable cloth toys will be used by one individual at a time or will not be used at all. These toys will be laundered before being used by another child.

- Toys used by a group of children will be washed and sanitized before they will be used by children in a different group or classroom.

- Items that need to be cleaned will be set aside in a dish pan with soapy water or in a separate container marked for soiled toys.

- Each child’s personal items will be stored separately in labeled bins, cubbies, or bags.
Shared Materials

- All classroom toys, supplies, materials, and manipulatives will remain in their designated classroom. Sharing of supplies between classrooms will be discouraged.

- Each student should use pens, pencils, scissors, and other supplies designated for their sole use. Ziploc bags with name labels will be available for each child’s use.

- Staff will sanitize classroom materials as needed using provided spray bottles, cloths, and EPA-approved cleaners and wipes.

- All school materials must stay at school; no home materials should be brought to school.

- All toys and manipulatives will be washed or sanitized daily.

- All personal items and student belongings will be washed and disinfected if the child goes home ill.

- No personal toys will be allowed on campus.

- Chromebooks and laptops will not be shared and should be sanitized before and after use with wipes.

- Whiteboards and markers will be wiped down at the end of the day and between classes.

- No playdough or clay will be allowed in classrooms.

- Only manipulatives that can be easily disinfected will be used.

- Class books will be placed in a decontamination box for 24 hours between uses.

- Library books will be placed in a decontamination box for 72 hours after return and before being entered into recirculation.
Physical Distancing & Group Gatherings

- All students and staff will maintain safe physical distances of six feet as feasible.

- Class group size will be determined by the ability to maintain physical distancing in the designated classroom space, which could be indoors or outdoors.

- Students will remain in the same groups as much as possible throughout the day.

- Speech Language Pathologists, DHH Teachers and Instructional Aides will remain with the same group of students (cohorts.)

- Mixing of student groups and staff will be limited to the extent possible.

- All large events such as special performances, back-to-school night, and school-wide events will be modified to allow for social distancing or held virtually.

- All individuals should maintain six feet of distance from others in common areas and are discouraged from gathering in groups in confined areas.

- Signage throughout the school and on the playground will reinforce physical distancing. Physical guides, such as tape on floors or sidewalks and signs on walls, to ensure that staff and students remain at least six feet apart in lines and at other times.

- During student drop-off and pick-up, staff will wear face coverings and maintain six feet of physical distance from others.

- Students should enter and exit the classroom through the exterior classroom door. Parents and staff should not congregate at entrances or exits during drop-off or pick-up.
Lunch

• Lunch will take place in classrooms, instead of on the playground.

• All students and staff must wash their hands before and after eating snacks or lunch.

• Staff will be provided disinfectant and paper towels to thoroughly clean tables after students have eaten.

• Water fountains will not be available for use.

• Hand sanitizing stations will be provided.

Recess

• Students and staff should wash their hands before and after using the playground.

• Hand sanitizing stations will be provided with adult supervision on the playground.

• The playground area should be cleaned between cohorts. Hard surfaces and objects frequently touched by multiple people should be disinfected. (Outdoor areas generally require normal routine cleaning and do not require disinfection. Spraying disinfectant on sidewalks and playgrounds is not an efficient use of disinfectant supplies and has not been proven to reduce the risk of COVID-19)

• Students will be encouraged to maintain social distancing.
Contact Tracing

- Contact tracing will be implemented to mitigate the spread of infection.

- The director will work with public health officials if a student or staff member tests positive for COVID-19.

- The director and/or local public health officials will work with the infected person to identify close contacts and will notify community members who may have been in close contact with the infected person.

- Instructions that follow current CDC and Sacramento Department of Public Health guidelines will be provided to the infected person and all close contacts regarding isolation and quarantine.

Protecting Vulnerable Populations

Vulnerable populations include elderly individuals and/or individuals with serious underlying health conditions.

- Families will be surveyed anonymously to gauge how comfortable they feel returning to campus.

- At-Home Distance Learning will be provided for vulnerable students, even when On-Campus Learning operations are occurring.

- Communication of COVID-19 cases will be made to the public following state and federal FERPA/HIPPA guidelines.
Ensuring Staff Safety

- All staff must maintain physical distancing from each other to reduce transmission between adults.

- All staff must use face coverings except during instructional times when a face shield may be used.

- All staff meetings, IEP/IFSP meetings, parent conferences, professional development training and other activities should only take place with physical distancing measures in place, or virtually, when physical distancing is a challenge.

- Staff should not congregate in the kitchen, hallways, front office, and other settings.

- All staff should self-monitor daily for COVID-19 symptoms using the screening questionnaire.

- Staff will eat lunch in their respective offices or classrooms.

- The staff coffee machine and water dispenser will be sanitized frequently.

Staff Testing

- CCHAT staff are essential workers, and staff includes teachers, instructional aides, speech language pathologists, audiologists or any other school employee that may have contact with students or other staff.

- CCHAT shall test staff periodically, as testing capacity permits and as practicable.

- Recommended frequency for testing by the DPH includes testing all staff over 2 months, where 25% of staff are tested every 2 weeks, or 50% every month to rotate testing of all staff over time.
### Exposure to COVID-19

What measures should be taken when a student, teacher or staff member has symptoms, is a contact of someone infected, or is diagnosed with COVID-19?

<table>
<thead>
<tr>
<th>Student or Staff with:</th>
<th>Action</th>
<th>Communication</th>
</tr>
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</table>
| 1. COVID-19 Symptoms (e.g., fever, cough, loss of taste or smell, difficulty breathing) | ✓ Anyone exhibiting symptoms of COVID-19 will be immediately placed in an isolation room until they can be safely transported to their home or to a healthcare provider.  
✓ Recommend testing (If positive, see #3, if negative, see #4)  
✓ School/classroom remain open | No Action needed |
| 2. Close contact (†) with a confirmed COVID19 case | ✓ Anyone with close contact with a confirmed COVID-19 case will be placed in isolation room until they can be safely transported to their home or to a healthcare provider  
✓ Quarantine for 14 days from last exposure  
✓ Recommend testing (but will not shorten 14-day quarantine)  
✓ School/classroom remain open | Families will be notified of a known contact however, student confidentiality will be maintained |
| 3. Confirmed COVID-19 case infection | ✓ Director will notify the local public health department  
✓ Isolate case and exclude from school for 10 days from symptom onset or test date  
✓ Identify contacts (†), quarantine & exclude exposed contacts (likely entire cohort (††)) for 14 days after the last date the case was present at school while infectious  
✓ Recommend testing of contacts, prioritize symptomatic contacts (but will not shorten 14-day quarantine)  
✓ Disinfection and cleaning of classroom and primary spaces where case spent significant time  
✓ School remains open | Families will be notified of confirmed illnesses occurring within the classroom, however, student confidentiality will be maintained |
| 4. Tests negative after symptoms | ✓ May return to school 24 hours after symptoms resolve  
✓ School/classroom remain open | Consider school community notification if prior awareness of testing |

(†) A contact is defined as a person who is <6 feet from a case for >15 minutes. In some school situations, it may be difficult to determine whether individuals have met this criterion and an entire cohort, classroom, or other group may need to be considered exposed, particularly if people have spent time together indoors.

(††) A cohort is a stable group with fixed membership that stays together for all courses and activities (e.g., lunch, recess, etc.) and avoids contact with other persons or cohorts.

Students should not come to school and should email their teacher (whose email address will be provided to you at the start of school) and the director, (Laura Covello at laurac@chatsacramento.org) immediately if they feel sick, test positive for COVID-19, or have been exposed to someone who has tested positive for COVID-19.
Off-Campus Learning

Preparing for Interruptions

Following the recommendations of public health officials, state, and federal requirements, and trends from past pandemics, the CCHAT Center is prepared for potential interruptions to On-Campus Learning. Should conditions relative to the pandemic change and it is necessary to suspend On-Campus Learning, we will transition to Off-Campus Distance Learning.

Guidance on Closure

Individual school closure is recommended based on the number of cases, the percentage of the teacher/students/staff that are positive for COVID-19, and following consultation with the Local Health Officer. Individual school closure may be appropriate when there are multiple cases in multiple cohorts at a school or when at least 5 percent of the total number of teachers/student/staff are cases within a 14-day period.

The Local Health Officer may also determine school closure is warranted for other reasons, including results from public health investigation or other local epidemiological data.

If a school is closed for in-person learning, when may it reopen?
Schools may typically reopen after 14 days and the following have occurred:

- Cleaning and disinfection
- Public health investigation
- Consultation with the local public health department
COVID-19 Resources

The following is a list of resources for families regarding COVID-19.

Families in need of food, supplies (toilet paper, diapers, pull-ups, wipes, **hearing aid / cochlear implant batteries**) and assistive technology in their homes should contact the administration at info@cchatsacramento.org or 916-361-7290. The CCHAT Board has resources to provide these to families/students in need.

- **Centers for Disease Control and Prevention (CDC)**  

- **California Department of Public Health (CDPH)**  
  [https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx](https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx)

- **Sacramento County**  
  [https://www.saccounty.net/COVID-19/Pages/default.aspx](https://www.saccounty.net/COVID-19/Pages/default.aspx)  
  [https://dhs.saccounty.net/PUB/Pages/Epidemiology/SP-Epidemiology.aspx](https://dhs.saccounty.net/PUB/Pages/Epidemiology/SP-Epidemiology.aspx)

- **CDC's Coronavirus Self-Checker**  

- **Drive-Thru Testing**  
  [https://www.projectbaseline.com/study/covid-19/](https://www.projectbaseline.com/study/covid-19/)

- **COVID-19 Testing Sites**  
  [https://www.saccounty.net/COVID-19/Pages/Symptom-Screening_MobileTestingSite.aspx](https://www.saccounty.net/COVID-19/Pages/Symptom-Screening_MobileTestingSite.aspx)
• What if I've been exposed to COVID-19
  https://dhs.saccounty.net/PUB/Documents/Communicable-Disease-Control/GD-WhatToDoIfYouveBeenExposedToCOVID19.pdf

• Managing Your COVID-19 Symptoms at Home

• COVID-19: Quarantine vs Isolation

• Home Isolation Guidance

• Home Quarantine Guidance

• Local phone lines
  Public Health Hotline for COVID-19 information: (916) 875-2400
Symptoms of COVID-19

Watch for symptoms

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear **2-14 days after exposure to the virus**. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms.
COVID-19 Student, Employee & Visitor Screening Questionnaire

Each day before coming to CCHAT please answer the following questions:

1. Do you have a sore throat?
   - [ ] Yes
   - [ ] No

2. Do you have a new, uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline)?
   - [ ] Yes
   - [ ] No

3. Do you have diarrhea, vomiting, or abdominal pain?
   - [ ] Yes
   - [ ] No

4. Do you have new onset of severe headache, especially with a fever?
   - [ ] Yes
   - [ ] No

5. A fever of 100.4°F or higher without fever reducing medications?
   - [ ] Yes
   - [ ] No

6. Have you come into close contact (within 6 feet) with someone who has a laboratory-confirmed COVID-19 diagnosis in the past 14 days?
   - [ ] Yes
   - [ ] No

If you answer YES to ANY of the above questions, do not come to CCHAT and contact the administration for further instructions.

If you answered NO to ALL the above screening questions, you may come to CCHAT.

While in the building:
✓ Wash hands properly when necessary.
✓ Do not shake hands or make direct contact with any other employees or students, families, patients, etc.
✓ Continue to practice social distancing.
✓ If you are in a situation where social distancing is not possible, you are required to wear a mask or faceshield. Masks are available at the front desk.
✓ Continually wipe down high contact surfaces with disinfectant.
✓ Hand sanitizer, masks and disinfecting wipes are at the front desk.
✓ Do not bring guests or children to CCHAT, only employees, students, district personnel and parents with an appointment will be allowed in the building.

Thank you for your cooperation as we work to make sure everyone is healthy and safe.
PLEASE READ THIS CAREFULLY BEFORE YOU SIGN IT. BY SIGNING THIS RELEASE, YOU WILL BE WAIVING LEGAL RIGHTS, INCLUDING THE RIGHT TO SU

By signing this form, I represent and warrant that I am 18 years of age or older, and that I am the parent or legal guardian of the participant, [insert name]_____________________, a minor under the age of 18 (“Minor”), with the legal authority to sign this document on Minor’s behalf. I acknowledge, as parent or legal guardian of Minor, that I am aware of the dangers and the risks to Minor involved in attending or participating in the activities or treatment at the CCHAT Center. I understand that participating in activities or treatment at the Center involves risks to Minor which could result in serious illness, injury, or death, including, without limitation, illness, injury or death due to contracting the COVID-19 virus or other communicable disease. I also understand that there are potential risks which may presently be unknown.

In consideration for allowing Minor to attend the Center and/or to participate in any activities or treatment at the Center, I, as the parent or legal guardian of Minor, for myself, and on behalf of Minor and Minor’s heirs, executors, administrators, next of kin, successors, and assigns, agree to be legally bound by this Release and Waiver of Liability and Indemnification, as follows:

1. Minor and I acknowledge that Minor is not required to attend the Center or participate in any activities or treatment at the Center, and that Minor’s participation is voluntary and is not necessary or essential. I understand that Minor can withdraw from the Center or any activity or treatment at the Center at any time.

2. I understand and acknowledge that the Center provides care and treatment to many children, often simultaneously, and that by the nature of the activities or treatment at the Center, Minor may come into contact with surfaces, objects, circulated air or persons that have been exposed to or carry the COVID-19 virus or other communicable disease. I understand that the inherent nature of attending or participating in activities or treatment at the Center may present a significant risk of illness, personal injury or death to Minor, and that even if the Center were to use reasonable care in its operations, illness, injury or death may still occur and these are risks that cannot be eliminated. On behalf of Minor, I understand and accept any and all risks, whether known or unknown to Minor and/or me, of having Minor attend the Center and/or participate in activities or treatment at the Center, including, without limitation, the risk of contracting the COVID-19 virus or other communicable disease.

3. I am not aware of any reason, medical or otherwise, why Minor should not attend the Center or participate in activities or treatment at the Center, including any pre-existing conditions or health issues that may place Minor at a higher degree of risk by attending the Center and/or participating in activities or training at the Center.

4. On behalf of Minor, I AGREE TO WAIVE, RELEASE AND DISCHARGE THE CENTER and its respective partners, owners, stockholders, directors, officers, employees, agents, representatives, heirs, insurers, successors, and assigns, and each and every person acting by,
through, under, or in concert with them, or any of them (hereinafter individually and collectively referred to as the "Released and Indemnified Parties"), from any and all liability for illness, personal injury, death, disability or claims of any nature which may accrue to Minor and Minor’s estate as a direct or indirect result of Minor’s attendance at the Center or participation in activities or training at the Center.

5. I AGREE TO DEFEND, INDEMNIFY, FOREVER DISCHARGE AND HOLD HARMLESS, AND COVENANT NOT TO SUE, THE CENTER and the Released and Indemnified Parties, of and from all manner of action or actions, cause of action, suits, claims, demands, damages, liability, lost cost or expense, of any nature whatsoever, known or unknown, fixed or contingent (hereinafter referred to as "Claims") which Minor and/or I may have or hereafter have against the Release and Indemnified Parties by reason of any illness, injuries or death that Minor may sustain, as a result of or incident to the Released and Indemnified Parties' negligence (whether active or passive) or Minor’s attendance at the Center or participation in activities or treatment at the Center.

6. Minor and I agree that if Minor and/or I, or anyone acting on behalf, of Minor or me, commence, join in, or in any way seek relief through any action or proceeding arising out of, based upon, or relating to any of the Claims released herein, or in any way assert against the Released and Indemnified Parties any of the Claims released herein, then we will pay to the Released and Indemnified Parties, in addition to any other damages caused to the Indemnified Parties thereby, all attorneys' fees incurred by the Released or Indemnified Parties in defending or otherwise responding to such action, proceeding, or Claims.

7. This Release shall be governed by and construed in accordance with the laws of the State of California.

8. I UNDERSTAND THAT BY SIGNING THIS RELEASE AND WAIVER OF LIABILITY AND INDEMNIFICATION (“RELEASE”), GIVING UP MINOR’S AND MY LEGAL RIGHT(S) TO SUE THE RELEASED AND INDEMNIFIED PARTIES AND/OR TO SEEK COMPENSATION FROM THE RELEASED AND INDEMNIFIED PARTIES FOR ANY ILLNESS, INJURY, DEATH OR DAMAGES THAT MINOR AND/OR I MAY INCUR AS A RESULT OF THE ACTIVE OR PASSIVE NEGLIGENCE OF THE INDEMNIFIED PARTIES, MINOR'S ATTENDANCE AT THE CENTER, AND/OR PARTICIPATION IN ACTIVITIES OR TRAINING AT THE CENTER, AND/OR ANY AND ALL RISKS ASSUMED BY MINOR AND/OR ME UNDER THIS RELEASE.

I HAVE READ THIS RELEASE OF WAIVER AND LIABILITY AND INDEMNIFICATION AND AGREE TO ALL OF ITS TERMS.

Signature of Parent/Guardian:  
____________________________

Date:  
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Printed Name of Parent/Guardian:  
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