In accordance with British Gymnastics code of practice Beckenham Fliers has its own guidelines which must be adhered to at all times.  
  
It is the responsibility of all Beckenham Fliers management, members and parents to ensure that all are treated with respect, fairness and adequately safeguarded against injury and abuse.   
  
Beckenham Fliers policies are designed to protect all concerned from any activity that may have a detrimental impact on Beckenham Fliers finances, public image or its members and officers. Failure to comply with the provisions of these policies can result in disciplinary action, up to and including termination in membership.   
  
Insurance:  
Beckenham Fliers is registered with British Gymnastics. All members of the club are individually named and registered with British Gymnastics. All coaches of Beckenham Fliers are insured with British Gymnastics and have enhanced disclosure criminal checks.   
  
**Payments:  
-** Training fees for squad members must be paid by standing order on the first calendar day of every month, unless a different day is agreed with Head Coach  
- Training fees for recreational members must be paid by the first week of the new term if not Beckenham Fliers reserves the right to offer the place to someone else.  
- Competition entry fees must be paid to Beckenham Fliers before competition entry deadline  
- Uniform must be paid for when ordering   
- If you wish to cancel your membership you must give at least one month's notice.  
  
**Facility rules:**   
- Participants must remove their shoes before entering the trampoline hall  
- Eating is not permitted within the facility   
- Water only will be allowed in a sports sipper bottle.  
- Permission to leave the hall must be obtained from your coach  
- All litter is to placed in the bin before leaving your session  
  
**Coaches:**  
- To treat each child equally and develop them to their full potential   
- To work through the British Gymnastics awards 1-15 with recreational members and monitor their development.   
- Each competitive member will have their own portfolio, which will include details about progression, testing results, routines and competition results. Each relevant to their own individual level.   
- To ensure that each child's safety is paramount.   
- To ensure all gymnasts are adequately warmed up prior to participating in the trampoline session.   
- To behave in the appropriate manner: language and clothing.   
- Ensure each member is learning in a safe, fun and progressive way.  
- If you cannot coach your session give at least one weeks notice.   
  
**Competition (coaches/judges/volunteers):**  
- Represent the best interests of the club and be supportive of all competitors   
- Ensure all club policies are maintained   
- Maintain parental responsibility for unaccompanied minors   
  
  
**Members are entitled to:**  
- Be safe and feel safe  
- Have fun and experience a sense of enjoyment and fulfilment  
- Be treated with respect, dignity and sensitivity   
- Be afforded appropriate confidentiality   
- Participate in competition at levels with which they are adequately trained  
- Make their concerns known and have them dealt with in the appropriate manner  
- Be protected from abuse   
- Be listened to   
  
**Members should:**   
- Always do their best at training and enjoy themselves whilst learning  
- Respect team members regardless of ability, cultural or ethnic origin, gender, sexual orientation or religious belief   
- Support fellow team members in training and at competitions  
- Respect all coaches, officials and opponents   
- Be gracious in defeat and Modest in victory   
- To treat all members of the club fairly and equally  
  
**Membership rules:  
-** Conditioning is a compulsory part of the training session  
- The club has a zero tolerance policy to bullying  
- The club operates an open viewing policy  
- If you child is ill or can not attend a session please contact Beckenham Fliers by email: info@beckenhamflierstc.com or text 07979403668.   
- If you need to re-arrange a class you must give as much notice as possible. The coach reserves the right to refuse this.   
- You must complete a warm up prior to commencement to any activity based on the trampoline  
- Members are only allowed to train at Beckenham Fliers. Unless it has been agreed with Beckenham Fliers coaches, this includes holiday camps and courses.   
- To be appropriately dressed for training sessions, leotards and shorts for females; leotard and shorts   
for men  
- All mobile phones to be placed in the phone box kept by the coach  
  
**Members should never:**  
- Shout at or argue with an official, coach, team mates or opponents  
- Spread rumours   
- Tell lies about adults or other young people   
- Use inappropriate language   
  
  
**Parents/guardians should:**  
- All parents/guardians are welcome to view the session, however please do not interfere with the   
training session.   
- Ensure your child arrives on time to participate fully in the lesson that includes a warm up  
- Use appropriate language at all times   
- Support your child's involvement and help them enjoy the sport  
- Ensure your child is appropriately dressed for the session   
- To provide your child with the necessary drink. All drinks must be contained in a sports bottle or similar to avoid spillages. No fizzy drinks as they not only cause a sticky mess but also dehydrate individuals.   
- Parents/Guardians are responsible to get a child to competitions on time and in the correct attire   
- Inform coaches of any relevant changes or problems which may impact on training, any changes in medical or dietary requirement prior to coaching sessions/competitions  
- Show approval of wherever their child finishes in a competition  
- Be supportive of all club members  
  
**Parents/Guardians should never:**   
- Call or distract their child while training, if you need to talk to your child please go through the coach  
- Never attempt to meet their own needs and aspirations for success and achievement through their child's participation in trampolining.   
- Approach another child if there is a problem with their own, instead speak to the coach who will deal with any problems in the correct manner.

**Parents/Guardians should assist the club by:  
-** Showing appreciation to volunteers, coaches and officials   
- Attend training and competitions to support the club and its members   
- Assist in the organising of club events and equipment setup when possible   
- Respect the rights, dignity and worth of every person and treating each one equally regardless of age, gender, ability, ethnic origin, cultural background or religion

**Competition requirement:**  
- Beckenham Fliers is a competitive club. Club members must all compete at the relevant level. Competitors must be available consistently leading up to competitions and to train a week prior to competition. Failure to do so could result in the removal from the competition.   
- Beckenham Fliers competitive members much complete in at lease 2 competition per year (excluding internals). Unless agreed otherwise with head coach.  
- Competition fees must be paid on acceptance of entry: no payment no entry  
- If a member is chosen to represent the club it will be necessary for them to purchase the club uniform.   
- Give notice if you wish to withdraw from a competition – fees are non-refundable  
- To assist and share responsibility of duties such as judging and spotting where possible  
- Arrive promptly for competitions and be available to spot teammates

**Competition uniform:**  
- Uniform is compulsory for all Club members when competing.

- At league finals 2nd day only (Sunday top 8) competitors are allowed to wear a leotard of their choice.   
- If club uniform is not followed you will be removed from the competition.

|  |  |
| --- | --- |
| Women’s Uniform | Men’s Uniform |
| * Beckenham Fliers polo shirt * Plain black tracksuit bottoms or leggings * Plain black hoodie * Beckenham Fliers womens leotard | * Beckenham Fliers polo shirt * Plain black tracksuit bottoms * Plain Black Hoodie * Beckenham Fliers Men's leotard * White gymnastic longs or black gymnastic shorts |

**Photography:  
-** A photograph of members within the club/competitions may be displayed on the clubs website and social media. We may use photographs which are available to members of the club they can be obtained on the website and social media these are used to highlight achievements within training and outside the club.   
  
- The club has a camera that is used during training sessions. We find it beneficial for members to see recordings of their moves, so that they themselves can identify strengths and weaknesses in moves or routines. In the past we have found that this increases independent learning and reinforces coaching points.  
  
**Points of contact**   
- Head coach: Robert Rowbotham - Rob@beckenhamflierstc.com  
- Welfare: Diane Miles & Jane Richmond - [Diane@beckenhamflierstc.com](mailto:Diane@beckenhamflierstc.com) or [Jane@beckenhamflierstc.com](mailto:Jane@beckenhamflierstc.com)   
  
**Disciplinary procedure:**   
Students can benefit greatly from Trampolining in terms of personal development and enjoyment. As part of their participation our members must be encouraged to realise that they also have a responsibility to treat others with fairness and respect.   
Below is our disciplinary procedure. These steps are the steps that coaches/management will take in order to maintain a safe and productive environment for our students while giving any student who misbehaves or disrupts the class plenty of opportunities to abide by our code before being asked to leave the training area.   
  
**Training session procedure:**   
- Any member behaving against club rules will be given a verbal warning and it will be made clear if they continue they will receive a “two go” time out.   
- If behaviour continues and disrupts the class for a second time the two go time out will be enforced by their coach. Students can always have their time out reduced or removed if their behaviour improves.   
- If after their time out they continue to be disruptive with the same behaviour they will be given a four go time out.   
- Final step: Their session is finished. Parents will be contacted to talk to the coach to discuss possible strategies to help prevent further disruption.  
  
**Serious/persistent misbehaviour:**Any student persistently disrupting sessions will receive a suspension from the club between 1-4 weeks depending on the severity of the situation. The child's parents/guardians will be contacted and called in to talk with us about the reason for suspension and to answer any questions they have.

In an extreme case, Beckenham Fliers has the right to revoke the membership and expel the member from the club.   
  
Beckenham Fliers feels that this procedure is in place to benefit all our students. It also makes it clear to all students and their parents/guardians what our procedure is, and the measures we will take to ensure our club is a safe, productive and enjoyable environment for all to learn it.

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See pages 6,7,8 and return the appropriate pages to your coach

**Please fill out the section that applies to you:**

**Photography permission (Members under the age of 18):**

I consent to the club using photography and video recording as a training aid, on the club website and social media channels. This is all done in accordance with British Gymnastics, Beckenham Fliers and any relevant child protection guidelines.

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| --- | --- | --- |
| Parent/Guardian’s name: | Parent/Guardian’s signature: | Member’s Name: |

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**Photography permission (Members Over the age of 18):**

I consent to the club using photography and video recording as a training aid, on the club website and social media channels. This is all done in accordance with British Gymnastics, Beckenham Fliers and any relevant child protection guidelines.

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| --- | --- |
| Member’s name: | Member’s signature: |

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Please return this page to your coach at Beckenham Fliers.

**Please fill out the section that applies to you:**

**Club policy agreement if the member is under the age of 18 years old:**

By signing this on behalf of your child you agree that your child will abide by Beckenham Fliers   
Club Policy.

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| --- | --- | --- |
| Parent/Guardian’s Name: | Parent/Guardian’s Signature: | Member’s Name: |

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**Club policy agreement if the member is over the age of 18 years old:**

By signing the member agrees to abide by the Beckenham Fliers policy.

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| --- | --- |
| Parent/Guardian Name: | Parent/Guardian’ Signature: |

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Please return this page to your coach at Beckenham Fliers.

**Club policy agreement for Parent/Guardian’s:**

By signing the Parent/Guardian agrees to abide by Beckenham Fliers Club Policy.

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| --- | --- |
| Parent/Guardian Name: | Parent/Guardian’ Signature: |

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| --- | --- |
| Parent/Guardian Name: | Parent/Guardian’ Signature: |

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Please hand return this page to your coach at Beckenham Fliers.