

## Scripture and Background Information for January 19-25

### *The Soul Can't Hustle*

To prepare for your group discussion each week, group members should use the **Community Group Discussion Guide** to complete the **GOD'S WORDS** and **MY WORDS** columns using the scripture below.

Hustle is the way to win at almost anything in life, except when it comes to our souls. Most of us are living an external life that our internal life can't keep up with. All of our "getting ahead" has left us feeling like we'll never catch up. We're anxious, exhausted, overwhelmed and lonely, and we think it has to be this way. What if it doesn't? This four-week series is designed to help 2020 be the year we finally find a life that doesn't cost us everything.

#### **Background for Mark 6:7-11**

As Jesus sends out his disciples to heal and bring peace to their city, he gives them instructions for how they are to go out. Some commentaries believe that disciples go sparingly so that they might be fully dependent on God. Some believe they go sparingly because they are to focus wholeheartedly on the mission rather than comfort. Some believe they go sparingly so that they could respond quickly and go quietly. In their simplicity, they went on Jesus' mission, and they reaped a wonderful harvest as seen in verse 13.

\*\*V11- Shake off the dust that is on your feet... According to John MacArthur, "Jews did this commonly as an expression of disdain when they returned from Gentile regions. Paul and Barnabas also did this when expelled from Antioch (Acts 13:51). This visible protest signifies that they regarded the place no better than a pagan land... When the disciples made this gesture, it would show that the people had rejected Jesus and the Gospel." This gesture served to end the conversation and communicate that these people were not among the family since they did not accept the Gospel message and the truth about Jesus. It would have indicated that the disciples were off to seek a new audience.

#### **Scriptures for the upcoming weeks:**

**January 26**

**Acts 3:1-10**

**February 2**

**Ephesians 5:21-27**