

## Scripture and Background Information for January 26-February 1

### *The Soul Can't Hustle*

To prepare for your group discussion each week, group members should use the **Community Group Discussion Guide** to complete the **GOD'S WORDS** and **MY WORDS** columns using the scripture below.

Since this passage is longer than ten verses, in the **GOD'S WORDS** column, remember to write down some of the details you will need to retell the story rather than copying the passage word for word. In the **MY WORDS** column, paraphrase or retell the story in your own words.

Hustle is the way to win at almost anything in life, except when it comes to our souls. Most of us are living an external life that our internal life can't keep up with. All of our "getting ahead" has left us feeling like we'll never catch up. We're anxious, exhausted, overwhelmed and lonely, and we think it has to be this way. What if it doesn't? This four-week series is designed to help 2020 be the year we finally find a life that doesn't cost us everything.

#### **Background for Acts 3:1-10**

The Acts of the Apostles is another historical account written by Luke (Luke 1:1). A miraculous act performed by the Apostles, Peter and John, is what is historically recorded here. Even without providing the man what he asked for, Peter and John offered him much more. Even in the midst of the hustle and the bustle, they stopped long enough to see and meet a need. They offered freedom from the one thing that had been holding him back for so long. They offered him freedom to pursue a life that he really wanted. As Christ gives us more than we can ask or imagine, he sets us free into worship, service, and the life that is best for us.

#### **Scriptures for the upcoming weeks:**

**February 2**

**February 9**

**Ephesians 5:21-27**

**1 Corinthians 7:25-35**