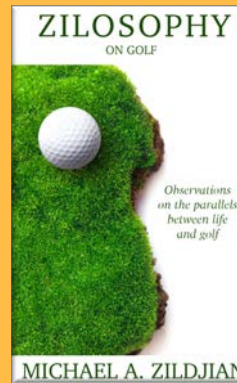




ENCOURAGING PEOPLE TO CLARITY SINCE FOREVER...



Zilosophy is a platform that uses books, podcasts, group discussions and interactive speeches to teach self-awareness and honest self-evaluation with the goal of helping people make informed choices that allow them to bring their best to whatever they do.

Z'S STORY

I had been in the music business for 20 years when the bomb went off at the Boston Marathon finish line. As a native of Watertown, MA this quite literally hit close to home and served as my wake up call. As I watched the horror from my bachelor pad in the Hollywood Hills, I realized that I needed to make a drastic life change and take a leadership role to do whatever I could to help create a more humane world.

It occurred to me that I could do very little about what others were choosing to do or not do. Where I had to start was by looking inward...by committing to being the best person I could be every minute of every day. Maybe if I was successful at this approach, others would follow my lead. If everyone stopped worrying about everyone else and just focused on being their own personal best, we might just be okay eventually...



SO I WROTE A BOOK...

It's about finding a way to be successful at two very difficult games...life and golf. And the way to do that is to look inward to control what we can and let go of what we can't. Here's an excerpt from the introduction:

"Golf like many other seemingly trivial activities can be a great mirror of life, and one with great power if we are willing and able to see our reflection. If you tend to over think, be filled with anxiety, run short on patience, be harsh on yourself or suffer from a lack of joy in your golf game, then it is likely that those same things are adversely affecting your life off the course as well.

This book is meant to be a guide. It is an exploration of parallels between life and golf that aims to bring awareness via clear concepts that will push us to be our best at both."

ZILOSOPHY

ON GOLF



*Observations
on the parallels
between life
and golf*

MICHAEL A. ZILDJIAN

AND STARTED A PODCAST ...

Golf is just one of the parallels with life that can teach us to look inward to be our best. There are countless others like yoga, business, music, ice cream and just about anything else you can imagine. These are the things that are discussed and explored on The Zilosophy Podcast.

Zilosophy at its core is really about conversation. It's a conversation about how we support each other during difficulties. It's a conversation about empathetically encouraging each other to give our best to the world as often as we can. It's a conversation that explores the idea of how we teach future generations to build a world that we all claim to want...one that is harmonious and abundant.

And now I take that conversation on the road with me wherever I go...



AND HOST ZILOSOPHY TALKS...

No matter what we discuss and how we frame it, it all boils down to 3 key concepts that I try to practice every day: **self-awareness**, honest and empathetic **self-evaluation** and **commitment to making good choices** that lead us closer to the things we desire like, happiness and fulfillment.

Whether you bring me into your classroom, your board room, or your auditorium, you will get a guy that hosts honest, empathetic, and interactive discussions about how we can help each other bring our best to this world. Some past talk themes include, "**Leadership Lessons of Life and Golf**", "**We Are All Different, Yet All The Same**" and "**Looking Inward to Improve Your Life.**"

Programming ranges from 10 person roundtable discussions to delivering interactive speeches to thousands. Topics are malleable and mutually agreed upon to ensure maximum impact.



PRAISE FOR ZILOSOPHY

"Whether it be emphasizing patience, honesty or just having fun, Z's concepts are digestible, applicable and accessible to kids of all ages. The message of living life the best way...makes us all better stewards of mission-driven change"

- Andrew Holets, CEO Pro Kids/ The First Tee San Diego

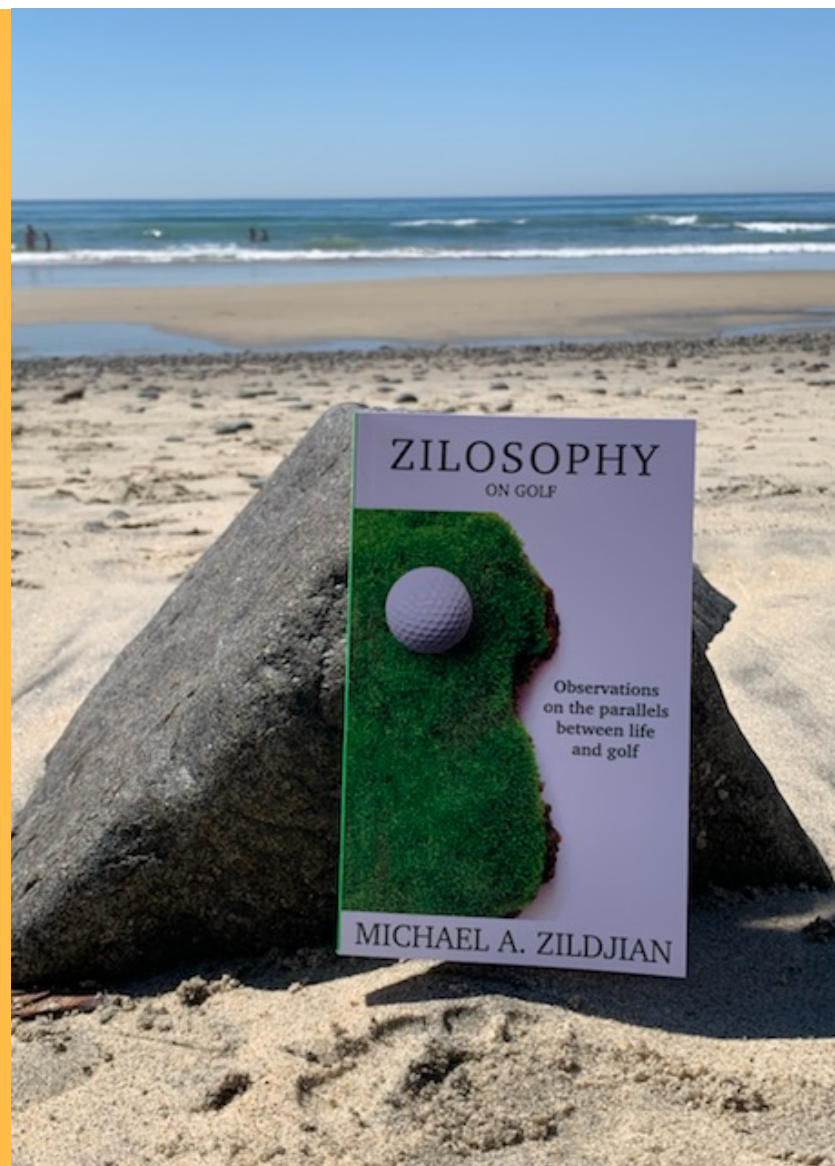
"Michael's down to earth personality, his ability to connect with different audiences and his passion for making his life and others' lives meaningful make him the perfect guest speaker/discussion leader. I was amazed at his ability to adapt to his audience. No matter which approach he took, his honesty and passion resonated with students." - **Joanna Honig, H.S. Teacher**

"Zilosophy on Golf is an awesome addition to our events and clinics across the U.S. From reading the book to directly witnessing his podcasts and talks, I strongly recommend Z and Zilosophy on Golf to all golfers as well as entrepreneurs."

- Geoffrey Goldstein, President Goldstein Golf

"I cannot recall any speaker having the impact that you had on me today. Thank you so much for opening my eyes. I am eternally grateful. I will never forget what you taught me."

- High School Student



CONTACT

To book Z for a talk or to inquire about being a guest on The Zilosophy Podcast:

booking@zilosophy.org

For More Info Visit:

zilosophy.org

And Follow:

@zilosophy4all

