

# Capitol Youth Chorale Summer Music Camp

## Frequently Asked & Answered Questions

Camp Theme 42<sup>nd</sup> Year... “Rockin’ the ‘80s at CYC” July 6 – July 11, 2020

### Arrival Time –

- **CITs** and staff arrive on Sunday July 5<sup>th</sup> at 2:30 p.m.
- **Campers** should arrive between 12:00 and 1:00 p.m. on July 6<sup>th</sup>, Monday. Check in is at Camp Richmond. We will start our group activities at 1:00 p.m. Remember **NO LUNCH** is served on arrival day. Bring a picnic lunch to eat on the way.

### Departure Time –

- The closing campfire, for friends and family, will start at 5:30 p.m. on Saturday July 11<sup>th</sup> and end at about 7:30 p.m. The campers will present a musical program along with some favorite skits from the week. We make every effort to conclude this program by 7:30 pm. However, for those of you who are able to stay a few extra minutes, coffee, juice, and cookies will be served. This is an important event for our campers. They work very hard all week on their music program and our best skits are performed for you.

### What Do I Need to Pack for Camp?

- Sleeping bag or bedding. A fitted twin sheet over the mattress helps keep sleeping bags from sliding off the mattress. Pillow if you want one.
- An extra blanket for cool evenings.
- Change of clothes for five days including socks, underwear, sweatshirts, jacket and pajamas.
- Our evenings can be cool and a **jacket** is a must.
- Two pairs of shoes. Good walking shoes that tie are a necessity for hikes. **Please do not bring flip-flops or sandals to camp.**
- Boots and raincoats if you will wear them. Our program goes on whatever the weather.
- Two bath towels. Sometimes they don't dry in one day.
- Bathroom toiletries are also needed for showers... include toothbrush, toothpaste, shampoo, soap, and comb or brush.
- Hair dryers and curling irons may be used in moderation.
- Mosquito repellent, flashlight, camera, sunscreen.
- Big plastic bag for dirty clothes.
- Please **DO NOT** bring – iPods, sound systems, CD Players, TV's of any size, Mp3 Players, gum, or extra snacks from home. Our snack bar is more than adequate and campers do not need extra snacks with them or sent to them while at camp (see snack bar info below). Cell phone coverage is minimal. Staff have cell phones for emergencies only. **Please do not send cell phones to camp with your child.** We ask for your help to make this a cell phone free week for your child.
- **Mark** your belongings with your name.

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### What is the daily schedule like at camp?

- Campers get up at 7 a.m.
- Our day begins with flag raising at 8:00 a.m.
- Campers will have music instruction in the morning and afternoon.
- Other activities include crafts, hikes, games, skits, three good meals, and a campfire every evening.
- Each day is fun-filled and busy.
- Lights out time is 10:15 p.m. so campers can enjoy each day.

**What kind of food is served at camp?** Cafeteria style food is served at CYC. Campers receive a full breakfast (such as eggs, ham and toast or pancakes), a full lunch (such as tacos, macaroni and cheese, veggies or fruit) and a full dinner (such as spaghetti, salad, French bread or hamburgers, salad and dessert). Milk is served daily, as are juices. Ice water is available 24 hours a day. (See Health and Safety info below)

**Do I need money at camp?** – No money will be collected at camp. The snack bar is open once a day before the hike and has nutritious and popular snacks.

**How many campers attend camp?** We average 40 to 45 campers for the week. Campers include both boys and girls ages 9 to 13. Typically campers begin attending CYC after their 3<sup>rd</sup> grade school year. Girls are housed with a dorm mom and boys are housed with a dorm dad. Round the clock supervision is provided to every camper.

**My child wants to bunk with his/her best friend, is this possible?** Each dorm can accommodate this request. Rooms sleep from two to four campers.

**Decorate camper rooms** – Perhaps, to go along with the Theme, you can find something special to decorate your room. However while **nothing** can be put up on the walls in the dorms, things can be hung on the end of your bed or perhaps a special quilt, a stuffed animal or small rug is ok. Please keep your decorating within reason.

**Crafts** – Come prepared to have fun and learn.

**If my child is not able to attend this year....** Please let the camp directors know and your child will be placed on the priority list for camp 2021.

## Facilities ...

- **CYC is centered at Camp Richmond which is located in Fort Flagler Historical State Park Retreat Center.** Drive to Port Hadlock and continue to Marrowstone Island... watch for signs to the State Park

## Health and Safety...

- **Is there a camp nurse on site?** No. Many staff are First Aid trained. If your child is injured or becomes so ill that an emergency room visit is required, you will be contacted immediately.
- **What happens if my child has a food allergy or special diet?** CYC staff will work with the camper and provide a menu for them.
- **My child takes medication daily. How can I ensure that they will take it while at camp?** The CYC camp director will collect your child's medication at check in (please mark carefully and put in a zip-lock bag with campers name) to ensure it's taken at prescribed times. These medications will be returned to your child at the conclusion of camp.
- **What is the camper to staff ratio?** The typical average ratio is 1 staff to 3 campers.

## Financial Assistance ...

- **Are scholarships, financial aid or camperships available?** Yes. CYC has limited funds for a Scholarship. Communicate your need to the Camp Directors and they will explain.

## Other ...

- **What happens if I need to pick up my child early?** These arrangements should be discussed prior to the start of camp.
- **What happens if I cannot arrive to pick up my child on Saturday July 11th?** We ask that parents arrange for transportation in advance. The transportation release form can be used for this purpose.
- **Can my camper go home with another family member or friend?** The Parental Permission page gives the parent or parents the opportunity to release the camper to another person for transportation from camp at 7:30 p.m. July 11th.
- **Refund?** If for some reason a camper is unable to attend camp, the \$90.00 deposit is considered a donation to the Capitol Youth Chorale Music Camp program except in cases of illness or extreme emergencies.

## Rules at Camp ...

The directors and staff of the Capitol Youth Chorale Summer Music Camp want the camper's week at camp to be filled with new experiences, new friends, and fun. For sixty-five people to enjoy their week at camp together there are a few rules that we must all live by. Our "Camp House Rules" will be explained to you the first day in addition to the ones below.

- Campers will cooperate with all adult staff.
- Attendance at instructional sessions and other activities is expected.
- Campers will respect the privacy of others. Boys and girls are not permitted in each other's dorms nor are campers allowed to visit staff housing without permission.
- Campers will respect the State Park facility and the rules for its use.
- Campers will observe the "buddy system" at all times and obtain permission from a staff member before leaving the building for any reason.

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### Rules at Camp Continued

- Swimming and wading are not permitted.
- Smoking, illegal drugs, intoxicants, and firearms are not permitted in camp or the State Park.
- In case of emergency a message can be left in the Park Office at 1-360-385-3701 or 1-360-385-1259. The camp director's cell phone message number is 1-360-481-1898 for emergencies only.

## Camp Staff 2020:

John and Judy Bergvall, Camp Directors  
Marci Elefritz, Music Director

Ron Whitehall  
Brennan Harper  
David Bergvall  
Aimee McIntyre  
Jerry Blake  
Scott May  
Maureen O'Brien

Hannah May  
Laurie Bergvall  
Kristie Alt  
Maggie Campbell  
Keri May  
Luz Lopez  
Nora Campbell

**Mail:** Campers like to get mail. Address mail to:  
Fort Flagler State Park Retreat Center  
Your camper's name, Camp Richmond  
Capitol Youth Chorale Music Camp  
10545 Flagler Road  
Nordland, WA 98358

## Camp Director contact and mailing information

Judy and John Bergvall  
4511 Sleater Kinney Rd NE  
Olympia WA 98506  
360 491 1800

[johnbergvall@comcast.net](mailto:johnbergvall@comcast.net)  
[judyannbergvall@comcast.net](mailto:judyannbergvall@comcast.net)

**What if I have additional questions?** Call or e-mail Camp Directors Judy and John Bergvall.  
Phone 1-360-491-1800.

**Check Payable to...** Capitol Youth Chorale      **Payment due by June 1, 2020... or**  
**by special arrangements at camp on July 6, 2020**