



# ADULT TENNIS PROGRAMS

All Classes are subject to change

## Week Day Adult Clinics

Open Ladies Drill (All Levels)	Monday	10:00 - 11:30am
Men's Clinic	Tuesday	7:00 - 8:00pm
Cardio	Tuesday	7:00 - 8:00pm
Ladies Drill Play 3.0+ (sign up)	Wednesday	10:00 - 11:30am
2.0/2.5 Coed Drill	Wednesday	7:00 - 8:00pm
Ladies Drill	Thursday	7:00 - 8:00pm
Shot of the Week	Friday	9:00 - 10:00am

## Saturday Drop-In Clinics

Open Men's Drill (All Levels)	Saturday	8:00 - 9:00am
Cardio Blast (Coed)	Saturday	9:00 - 10:00am
Open Ladies Drill (All Levels)	Saturday	10:00 - 11:00am

## Beginner Tennis

Tennis 101	Mondays	7:00 - 8:00pm
6 Weeks	\$70/Members	\$85/Non-Members

(New Sessions start after each 6 week session ends)

## Pricing

All Pricing is based on hourly rate

Clinics and Drop-Ins

\$12/Member \$15/Non-Members (Per Hour)

Private Lessons

\$52/hour \$60/Non Member

Small Group & Semi Private Lesson

(Ask Professionals for pricing)

## Other Competitive & Social Options

Men's Quads - In-House League  
Wednesdays 7pm

USTA Leagues

Team Drills (Contact professional Staff)

Off season ladies In-House League

Western Wake Tennis Association Leagues

Tennis Socials  
Themed and Fun



For more info on any of the above options please call the proshop at 919-557-0000 or you can reach out to **Brian, Tennis Director** at [Brian@ClubAtSunset.com](mailto:Brian@ClubAtSunset.com)