



# Internal Medicine Clerkship

Summa Health/NEOMED



Welcome!

We're glad you're  
here!

“First say to yourself  
what you would be;  
and then do what you  
have to do.”

—Epictetus

# Directors

Drs. Katie Tatar and Don Albainy

Each student will be assigned one director as their advisor for mid-rotation and end-of-rotation feedbacks.

We are here for you!  
Don't be a stranger!

# During Your Clerkship

1. You are an essential part of the team
2. Your notes matter
3. You make a difference in the care of our patients
4. Ask yourself who you want to be as a doctor

# Grades

## Clinical Grade: Pass or Pass with Commendation

### How do we determine the clinical part of your grade?

- Closely review all of your evaluations and speak with residents/attendings that worked with you
- Review your attendance and participation at group discussions/lectures and resident noon conference
- Assess your engagement/how you do on assignments (eg EKG's)

# Schedules

## Med Team Schedules

- 4 Resident Inpatient Teams- “Med Teams A, B, C and D”
- Each team admits every 4th day from 7am to 7am next morning
  - You will only be covering admitting day or admitting night shift when your team is admitting
  - **Admitting day:** 7am-6:30pm
  - **Admitting night:** 6:30pm until done rounding on patients next morning (usually by 10-11am)
  - **Non-admitting weekdays:** 7am-5pm
- *There may be a reason no student on your team is on overnight when admitting (schedules/other responsibilities) so speak with me first before picking up a night admitting shift*

# Schedules

## Weekends

- Each student will work 4 weekend shifts throughout the 6 weeks of Med Team
  - *These weekend shifts have been assigned & are on your individual schedule*
  - **Possible “weekend shifts”:**
    - *Friday night, Saturday day or Saturday night, Sunday day or Sunday night*
  - **Do not change a weekend shift unless talking with Dr. Tatar**
  - *If residents on your team ask you to change a weekend shift- let them know you have to talk with Dr. Tatar first before changing your schedule*

## Night Shifts

- Each student will do 2 night shifts
  - *These will be on med team and will be an overnight admitting shift when your team is admitting (which is 6:30pm until done rounding the next morning)*
  - **There may be a reason no student on your team is on overnight when admitting (schedules/other responsibilities) so speak with me first before picking up a night admitting shift**
  - *Again, if your residents ask you to switch from day admitting to night admitting- let them know you have to talk with Dr. Tatar first before changing your schedule*



# Schedules

## Subspecialties

- *Should be off both weekend days during the weeks you're on subspecialties*

## Weekend before shelf:

- *EVERYONE should be off the weekend before the shelf exam*

## Changing Schedules

- ***Do not change your schedule without talking with Dr. Tatar*** (even if a resident on your team asks you to come in a different shift than what you've been assigned— just tell them you were instructed to speak to Dr. Tatar prior to making any schedule changes)

## Missed Days

- *Must let Staci, Dr. Tatar, and NEOMED know*
- *You must also let your clinical team know*

# Conferences

- **Resident Noon Conference**

- *12p-1p Monday through Friday in basement auditorium of 55 Arch St.*
- Attend every day unless on overnight the night before or night of (or if an M3 group session at noon)

- **Student Group Sessions**

- Anywhere from 2-4 sessions per week and led by various core faculty as well as Dr. Tatar and Dr. Albainy
- Participate!

- **Student Presentations**

- Share about something meaningful to you (within reason)
- This is a time to get to know each other
- **Teach the group about the topic**
  - Helps with your teaching and presenting skills
- Powerpoint
- **Only 20min long**

# PBLI Project (PPICO)

- Must complete this component of the clerkship
- Research a clinical question your team has, analyze a study, and present the findings to your team
  - NO powerpoint
  - Can be done on med team or when on a subspecialty
- Fill out PPICO form on CANVAS
- Have the resident or attending on your team fill out your evaluation form

# Ambulatory Experiences

- Internal Medicine Center (resident clinic)

- Attend 6 half-day afternoon sessions while on Med Team (one per week)
  - *Attend with one of the residents on your team*
  - *Should not be more than 1 student with a particular resident*
  - *Should see and be involved with at least 2 patients each half day*
- Ideally, you will see some patients you have seen in the hospital for hospital follow ups, but you can see any patient

- Electives/Subspecialties

- Attend outpatient as directed by your team

- Optional Outpatient Experience

- IF interested, potential option for 1 half day of clinic throughout your clerkship with an attending (eg Dr. Tatar or other Core Internal Medicine Faculty)
- Talk with Staci ASAP if interested

# Aquifer Cases

- Please complete per NEOMED's policy
- Do them early/As soon as possible so you can focus on studying for shelf toward end of Clerkship

# NBME Subject Exam

1. Per NEOMED, you are given time during a Friday halfway through the rotation to complete one practice subject exam and share the results with your advisor.
2. It is strongly recommended to take the second practice test at least one week prior to the end of the clerkship for self assessment and focused studying.

# H&P's

- Do as many H&Ps as you can. This is the true skill of an Internist.
- Review you H&P's with the residents and attendings on your med team.
- Actively ask for feedback:
  - Ask residents/attendings to OBSERVE you doing an H&P with a patient and give you feedback on your hx/exam skills
  - Ask residents/attendings to give you feedback on your presentations and written notes so you can continue to improve
- Print off and turn in 6 H&Ps and 2 SOAP notes by the due date.

# EKG Assignment

1. 12 EKGs to be completed and turned in by due date
2. These will be given to you after Dr. Tatar's 2nd EKG lecture
3. SHOW ALL YOUR WORK.
4. Do all the steps on the notecard for each EKG (including writing down your thought process)
5. Then write down a summary statement of the EKG summarizing (eg "normal sinus rhythm with LVH and frequent PVC's")



# Presentations

- If you encounter a great case, consider writing it up for presentation at a conference.
- Ask your team to help. I'm also usually happy to help as well.

# Duty Hours

1. Duty hours should NEVER be violated.
2. Please inform Dr. Tatar, Dr. Albainy, or Staci Westren if you are going to break duty hours and leave work before you do. Don't return sooner than the mandated time off in between shifts.
3. Duty hours violations
  1. More than 80 hours per week averaged over a 4 week period
  2. Less than one day off in seven averaged over a four week period (so should have 4 days off in a given month)
  3. Shift lasting longer than 24 hours + 4 hours for education or continuity of care (no new patients)
  4. Less than 14 hours off after 24 hour shift or less than 8 hours off in between all other shifts

# Clinical Skills Experience Portfolio (CSEP)

- List of experiences you should have during your IM Clerkship
- Mandatory by NEOMED
- Bring to midpoint and end of rotation feedback sessions

# IM Clerkship Passport

1. Designed by NEOMED to have you experience and recognize abnormal physical exam findings
- 2. Bring to mid-point and final feedback sessions with advisor**
3. Try to get as many as you can
4. Share your findings with your fellow students so they can also see those exam findings!
5. Must upload completed Passport to website at end of clerkship

# Fatigue

- If you are too tired or fatigued, please do not attempt to drive home. Call rooms are available for sleeping or a ride can be arranged for you. Please contact me or Staci Westren. If we are not available, please contact protective services.

# Mistreatment

1. You should never be mistreated by anyone here at Summa. If anyone—an attending, resident, staff member, patient, or anyone else mistreats you please contact me immediately and notify NEOMED.
2. My Cell: 330-559-2735

# Tips for a Great Rotation

- You get out what you put in
- You are our colleague—don't shadow, be engaged.
- **Your work counts. You make a difference!!**
- Find ways to help your patients and your team. Make yourself indispensable.
- Don't let the residents always send you home or to bed—make yourself so useful they won't want to.

# Guiding Principles

- The patient is why we are here—always act in the best interest of the patient.
- Take care of each other—Part of a Family
- We are all here to grow as physicians and people—work hard. Let's grow together.