

How To: At Home Family Communion

Elements:

Bread - crackers, vegetables, chips, any other solid food alternative

Wine - juice, water, wine, any other liquid alternative

Scripture:

1 Corinthians 11:23-25

23 For I received from the Lord what I also passed on to you: The Lord Jesus, on the night he was betrayed, took bread, 24 and when he had given thanks, he broke it and said, "This is my body, which is for you; do this in remembrance of me." 25 In the same way, after supper he took the cup, saying, "This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me."

(1)

Bread Element:

On the night Jesus was betrayed, He sat with his disciples. He took bread, said thanks over it and broke it. And said: This is my body, which is for you; do this in remembrance of me."

As we take of the bread today, let's thank God for the broken body of Jesus which was broken for our healing and wholeness. Let's thank Jesus that because of what He went through, we can declare and see ourselves as healthy and whole today.

~ Take the bread element ~

(2)

Cup Element:

In the same way, he took the cup saying, this is the new covenant in my blood. Whenever you drink this, do this in remembrance of me.

~ Take the cup element ~

Let's thank Jesus today, that not only has he made us whole on the outside, but He has made us clean and right on the inside. Let's thank Him that we can come boldly to God as our Father from a place of relationship because of what He did for us by going to the cross.

Ending Prayer:

“Jesus, thank you for the access you have provided for us. We thank you that today we can declare healing, wholeness and rightness with God our Father because of your sacrifice. We honor you, thank you and worship you for what you’ve done. Thank you Jesus. We love you and live in remembrance of who You are and all you have called us to be, in Jesus’ name. Amen.”