



ADVOCACY AND LEADERSHIP

Next Chapter Book Club and Chapters Ahead are pleased to announce our self-advocacy and leadership initiative!

Here is how you can take part this important initiative....



Self Advocacy-The "How To's"

MEMBERS:

- Remember every choice is an opportunity for **self-advocacy**.
- Participate in discussions regarding **self-advocacy** from the books and stories we are reading.
- Provide input and ideas regarding book completion celebrations.
- Participate in choosing the books.
- Vote on meeting frequency, time off, whether or not to see the movie, etc.



FACILITATORS:

- Learn what **self-advocacy** is and learn to recognize and encourage members to advocate for themselves..
- Provide opportunities for members to advocate.
- Ask questions about members preferences, thoughts, and ideas.
- Always assume ability before offering assistance.
- Look for examples of **self-advocacy** in the books you are reading and use this opportunity to discuss how to apply **self-advocacy** principals in every day life.
- During book discussion, ask members what they would have done in a similar situation to advocate for themselves. What would a better idea be? Is there another decision that could be made?
- Compare and contrast books/stories and characters for comparison of those who are **self-advocating** and those who are not.
- Keep an eye out for members who might be good co-facilitators and see if you can help them move into that role.

